



Weekday Prayer Sheet

13 - 18 January 2025

First Week in Ordinary Time

YEAR C – Psalter Week 1

MONDAY 13 January 2025

Monday of the first week in Ordinary Time

Entrance Procession

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

First Reading - Hebrews.7:1-2

Responsorial Psalm - Ps. 62:7-8, 29, 31

R. Let all his angels worship him.

The Lord is king, let earth rejoice,
the many coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right. R.

The skies proclaim his justice;
all peoples see his glory.
All you spirits, worship him. R.

For you indeed are the Lord
most high above all the earth
exalted far above all spirits. R.

Gospel Acclamation

Alleluia, alleluia!

The kingdom of God is near:
repent and believe the Good News!
Alleluia!

Gospel - Mark.7:70-86

Communion Antiphon

With you, O Lord, is the fountain of life,
and in your light we see light.

TUESDAY 14 January 2025

Tuesday of the first week in Ordinary Time

Entrance Procession

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

First Reading - Hebrews.8:1-7

Responsorial Psalm - Ps. 48:1-9

**R. You gave your Son authority over all
your creation.**

How great is your name, O Lord our God,
through all the earth!
What is man that you should keep him in
mind, mortal man that you care for him? R.

Yet you have made him little less than a
god; with glory and honour you crowned
him, gave him power over the works of your
hand, put all things under his feet. R.

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters. R.

Gospel Acclamation

Alleluia, alleluia!

Receive this message not as human words,
but as truly the word of God.
Alleluia!

Gospel - Mark.7:87-89

Communion Antiphon

With you, O Lord, is the fountain of life,
and in your light we see light.

WEDNESDAY 15 January 2025
Wednesday of the first week in
Ordinary Time

Entrance Procession

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

First Reading - Hebrews.8:70_74

Responsorial Psalm - Ps.76:0_2_5

**R. The Lord remembers his covenant for
ever.**

Give thanks to the Lord, tell his name,
make known his deeds among the peoples.
O sing to him, sing his praise;
tell all his wonderful works! R.

Be proud of his holy name,
let the hearts that seek the Lord rejoice.
Consider the Lord and his strength;
constantly seek his face. R.

O children of Abraham, his servant,
O sons of the Jacob he chose.
He, the Lord, is our God:
his judgements prevail in all the earth. R.

He remembers his covenant for ever,
his promise for a thousand generations,
the covenant he made with Abraham,
the oath he swore to Isaac. R.

Gospel Acclamation

Alleluia, alleluia!

My sheep listen to my voice, says the Lord;
I know them, and they follow me.

Alleluia!

Gospel - Mark.7:8_9_11

Communion Antiphon

With you, O Lord, is the fountain of life,
and in your light we see light.

THURSDAY 16 January 2025
Thursday of the first week in Ordinary
Time

Entrance Procession

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

First Reading - Hebrews.9:3_70.

Responsorial Psalm - Ps.60:2_77

**R. If today you hear his voice,
harden not your hearts.**

Come in; let us bow and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. R.

O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my
work. R.

For forty years I was wearied of these
people and I said: "Their hearts are astray,
these people do not know my ways."
Then I took an oath in my anger:
"Never shall they enter my rest." R.

Gospel Acclamation

Alleluia, alleluia!

Jesus preached the Good News of the
kingdom and healed all who were sick.
Alleluia!

Gospel - Mark.7:06_01.

Communion Antiphon

With you, O Lord, is the fountain of life,
and in your light we see light.

FRIDAY 17 January 2025

Saint Anthony

Entrance Procession

The just will flourish like the palm tree,
and grow like a Lebanon cedar,
planted in the house of the Lord,
in the courts of the house of our God.

First Reading - Hebrews 4:1-5, 11

Responsorial Psalm - Ps 77:3-4, 6-8

R. Do not forget the works of the Lord!

The things we have heard and understood,
the things our fathers have told us
we will not hide from their children
but will tell them to the next generation:
the glories of the Lord and his might
and the marvellous deeds he has done. R.

They too should arise and tell their sons
that they too should set their hope in God
and never forget God's deeds
but keep every one of his commands. R.

So that they might not be like their fathers,
a defiant and rebellious race,
a race whose heart was fickle,
whose spirit was unfaithful to God. R.

Gospel Acclamation

Alleluia, alleluia!

A great prophet has appeared among us;
God has visited his people.

Alleluia!

Gospel - Mark 2:1-12

Communion Antiphon

If you would be perfect,
go, sell what you have, give to the poor,
and follow me, says the Lord.

SATURDAY 18 January 2025

**Saturday of the first week in Ordinary
Time**

Entrance Procession

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

First Reading - Hebrews 4:12-16

Responsorial Psalm - Ps 18:8-10, 15

R. Your words, Lord, are spirit and life.

The law of the Lord is perfect,
it revives the soul.

The rule of the Lord is to be trusted,
it gives wisdom to the simple. R.

The precepts of the Lord are right,
they gladden the heart.

The command of the Lord is clear,
it gives light to the eyes. R.

The fear of the Lord is holy,
abiding for ever.

The decrees of the Lord are truth
and all of them just. R.

May the spoken words of my mouth,
the thoughts of my heart,
win favour in your sight, O Lord,
my rescuer, my rock! R.

Gospel Acclamation

Alleluia, alleluia!

The Lord sent me to bring Good News to the
poor and freedom to prisoners.

Alleluia!

Gospel - Mark 2:13-17

Communion Antiphon

With you, O Lord, is the fountain of life,
and in your light we see light.

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

SWEET SACRAMENT DIVINE

Sweet Sacrament Divine,
hid in thy earthly home,
Lo! Round thy lowly shrine,
with suppliant hearts we come.
Jesus, to thee our voice we raise
in songs of love and heartfelt praise,
Sweet Sacrament Divine.

Sweet Sacrament of Peace,
dear home of every heart,
where restless yearnings cease,
and sorrows all depart.
There in thine ear, all trustfully
We tell our tale of misery
Sweet Sacrament of Peace.

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PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.
Response: For they were like sheep without a shepherd.

Celebrant: Jesus said, 'The harvest is ready.'
Response: But the labourers are few.

Celebrant: Ask the Lord to send our labourers for the harvest.
Response: O Lord, we pray for more young people to answer
the call to become priests and religious in your harvest.

Celebrant: And shepherd for your people.
Response: Amen.