

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim opening wide  
The gate of heaven to us below.  
Our foes press on from every side  
Thy strength supply, thine aid bestow.

All praise and thanks to thee ascend  
For evermore blest three in one,  
O grant us life that shall not end  
In our true native land with thee  
AMEN.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN

V. You have given them bread from heaven  
R. Having in itself all delight.

## Holy God, We Praise Your Name

Holy God we praise your name!  
Lord of all, we bow before you;  
All on earth your pow'r proclaim,  
All in heaven above adore you;  
Boundless is your vast domain,  
Everlasting is your reign.

Holy Father, Holy Son,  
Holy Spirit, Three we name you;  
While in essence only One,  
Undivided God we claim you,  
And adoring bend the knee,  
While we own the mystery.

## PRAYER FOR CHRISTIAN UNITY

*Lord Jesus Christ at your last supper  
you prayed to the Father  
that all should be one.*

*Send your Holy Spirit  
upon all who bear your name  
and seek to serve you.*

*Strengthen our faith in you, and make us  
love one another in humility.  
May we, who have been reborn in one  
baptism, be united in one faith under one  
shepherd.  
Amen*



## MONDAY 13 September 2021

*Saint John Chrysostom (M)*

### ENTRANCE ANTIPHON:

Those who are wise will shine brightly  
like the splendour of the firmament  
and those who lead the many to justice  
shall be like the stars for ever.

**FIRST READING:** 1 Timothy 2:1-8 (JB)

### RESPONSORIAL PSALM:

*Ps 27:2, 7-9 (JB)*

**R.** Blest be the Lord for he has heard my prayer.

Hear the voice of my pleading  
as I call for help,  
as I lift up my hands in prayer  
to your holy place. **R.**

The Lord is my strength and my shield;  
in him my heart trusts.  
I was helped, my heart rejoices  
and I praise him with my song. **R.**

The Lord is the strength of his people,  
the stronghold where his anointed find salvation.  
Save your people; bless Israel your heritage.  
Be their shepherd and carry them for ever. **R.**

### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
God loved the world so much, he gave us his only  
Son,  
that all who believe in him might have eternal life.  
Alleluia!

**GOSPEL:** Luke 7:1-10 (JB)

### COMMUNION ANTIPHON:

We proclaim Christ crucified;  
Christ, the power of God and the wisdom of God.

*At our week day Masses we have a retiring  
collection to allow weekday parishioners  
to support the Cathedral.  
Thank you for your contribution.*

## WEEKDAY PRAYER SHEET

### 13-18 SEPTEMBER 2021 TWENTY-FOURTH WEEK IN ORDINARY TIME

## TUESDAY 14 September 2021

*The Exaltation of the Holy Cross (F)*

### ENTRANCE ANTIPHON:

We should glory in the Cross of our Lord Jesus Christ,  
in whom is our salvation, life and resurrection,  
through whom we are saved and delivered.

**FIRST READING:** Numbers 21:4-9 (JB)

### RESPONSORIAL PSALM:

*Ps 77:1-2, 34-38 (JB)*

**R.** Do not forget the works of the Lord!

Give heed, my people, to my teaching;  
turn your ear to the words of my mouth.  
I will open my mouth in a parable  
and reveal hidden lessons of the past. **R.**

When he slew them then they would seek him,  
return and seek him in earnest.  
They would remember that God was their rock,  
God the Most High their redeemer. **R.**

But the words they spoke were mere flattery;  
they lied to him with their lips.  
For their hearts were not truly with him;  
they were not faithful to his covenant. **R.**

Yet he who is full of compassion  
forgave their sin and spared them.  
So often he held back his anger  
when he might have stirred up his rage. **R.**

### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
We adore you, O Christ, and we praise you,  
because by your cross you have redeemed the world.  
Alleluia!

**GOSPEL:** John 3:13-17 (JB)

### PRAYER AFTER COMMUNION:

Let us pray.

Having been nourished by your holy banquet,  
we beseech you, Lord Jesus Christ,  
to bring those you have redeemed  
by the wood of your life-giving Cross  
to the glory of the resurrection.  
Who live and reign for ever and ever. **Amen.**

**WEDNESDAY 15 September 2021***Our lady of Sorrows***ENTRANCE ANTIPHON:**

Simeon said to Mary: Behold, this child is destined for the ruin and rising of many in Israel, and to be a sign of contradiction; and your own soul a sword will pierce.

**FIRST READING:** Hebrews 5:7-9 (JB)**RESPONSORIAL PSALM:***Ps 30:2-6, 15-16, 20 (JB)***R.** Save me, O Lord, in your steadfast love.

In you, O Lord, I take refuge.  
Let me never be put to shame.  
In your justice, set me free,  
hear me and speedily rescue me.. **R.**

Be a rock of refuge for me,  
a mighty stronghold to save me,  
for you are my rock, my stronghold,  
For your name's sake, lead me and guide me. **R.**

Release me from the snares they have hidden  
for you are my refuge, Lord.  
Into your hands I commend my spirit.  
It is you who will redeem me, Lord. **R.**

As for me, I trust in you, Lord,  
I say: 'You are my God.  
My life is in your hands, deliver me  
from the hands of those who hate me.' **R.**

How great is the goodness, Lord,  
that you keep for those who fear you,  
that you show to those who trust you  
in the sight of men. **R.**

**GOSPEL ACCLAMATION:**Accl (JB) Sequence  
Alleluia, alleluia!

Happy are you, O blessed Virgin Mary;  
without dying you won the martyr's crown beside  
the cross of the Lord.  
Alleluia!

**GOSPEL:** John 19:25-27 (JB)**COMMUNION ANTIPHON:**

Rejoice when you share in the sufferings of Christ,  
that you may also rejoice exultantly when his glory  
is revealed.

**THURSDAY 16 September 2021***Saints Cornelius & Cyprian (M)***ENTRANCE ANTIPHON:**

Holy men shed their glorious blood for the Lord;  
they loved Christ in their life,  
they imitated him in their death,  
and therefore were crowned in triumph.

**FIRST READING:** 1 Timothy 4:12-16 (JB)**RESPONSORIAL PSALM:**

Ps 110:7-10 (JB)

**R.** How great are the works of the Lord!**or**  
**R.** Alleluia!

His works are justice and truth:  
his precepts are all of them sure,  
standing firm for ever and ever:  
they are made in uprightness and truth. **R.**

He has sent deliverance to his people  
and established his covenant for ever.  
Holy his name, to be feared. **R.**

To fear the Lord is the beginning of wisdom;  
all who do so prove themselves wise.  
His praise shall last for ever! **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Come to me, all you that labour and are  
burdened,  
and I will give you rest, says the Lord.  
Alleluia!

**GOSPEL:** Luke 7:36-50 (JB)**COMMUNION ANTIPHON:**

Let us pray.

Through these mysteries which we have received,  
we humbly beseech you, O Lord,  
that by the example of the Martyrs  
Saints Cornelius and Cyprian  
we may be strengthened with the fortitude of  
your Spirit  
to bear witness to the truth of the Gospel.  
Through Christ our Lord.  
**Amen.**

**FRIDAY 17 September 2021***Friday of the twenty-fourth week in Ordinary Time***ENTRANCE ANTIPHON:**

Give peace, O Lord, to those who wait for you, that  
your prophets be found true.  
Hear the prayers of your servant,  
and of your people Israel.

**FIRST READING:** 1 Timothy 6:2-12 (JB)**RESPONSORIAL PSALM:***Ps 48:6-10, 17-20 (JB)***R.** Happy the poor in spirit;  
the kingdom of heaven is theirs!

Why should I fear in evil days  
the malice of the foes who surround me,  
men who trust in their wealth,  
and boast of the vastness of their riches? **R.**

For no man can buy his own ransom,  
or pay a price to God for his life.  
The ransom of his soul is beyond him.  
He cannot buy life without end,  
nor avoid coming to the grave. **R.**

Then do not fear when a man grows rich,  
when the glory of his house increases.  
He takes nothing with him when he dies,  
his glory does not follow him below. **R.**

Though he flattered himself while he lived:  
'Men will praise me for doing well for myself,' yet he  
will go to join his fathers,  
who will never see the light any more. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Blessed are you, Father, Lord of heaven and earth;  
you have revealed to little ones the mysteries of the  
kingdom.  
Alleluia!

**GOSPEL:** Luke 8:1-3 (JB)**COMMUNION ANTIPHON:**

The chalice of blessing that we bless  
is a communion in the Blood of Christ;  
and the bread that we break  
is a sharing in the Body of the Lord.

*At our Masses on Friday we have  
a collection to allow weekday parishioners  
to support the Cathedral.*

**SATURDAY 18 September 2021***Saturday of the twenty-fourth week in Ordinary Time***ENTRANCE ANTIPHON:**

Give peace, O Lord, to those who wait for you,  
that your prophets be found true.  
Hear the prayers of your servant,  
and of your people Israel.

**FIRST READING:** 1 Timothy 6:13-16 (JB)**RESPONSORIAL PSALM:**

Ps 99 (JB)

**R.** Come with joy into the presence of the Lord.

Cry out with joy to the Lord, all the earth.  
Serve the Lord with gladness.  
Come before him, singing for joy. **R.**

Know that he, the Lord, is God.  
He made us, we belong to him,  
we are his people, the sheep of his flock. **R.**

Go within his gates, giving thanks.  
Enter his courts with songs of praise.  
Give thanks to him and bless his name. **R.**

Indeed, how good is the Lord,  
eternal his merciful love.  
He is faithful from age to age. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Happy are they who have kept the word with a  
generous heart and yield a harvest through  
perseverance.  
Alleluia!

**GOSPEL:** Luke 8:4-15 (JB)**COMMUNION ANTIPHON:**

The chalice of blessing that we bless  
is a communion in the Blood of Christ;  
and the bread that we break  
is a sharing in the Body of the Lord.

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