



Embracing Villa Maria and
St Patrick's Fortitude Valley

SECOND SUNDAY OF LENT

Year C

17th March, 2019



Jesus took with him Peter and John and James and went up the mountain to pray.
As he prayed, the aspect of his face was changed
and his clothing became brilliant as lightning.

Readings: Gen 15:5-12, 17-18; Phil 3:17 - 4:1; Lk 9:28-36

"For us, our homeland is in heaven..." Philippians 3:20

Most of us, I suppose, if not all, have spent some moments of frustration at an airport waiting for our luggage to arrive. What is particularly annoying, I find, is to get off a short 50-minute flight and then have to wait for nearly half an hour at the baggage claim. That's why I find air travel a lot less stressful - when I can travel light and just bring a carry-on. But what does this have to do with our liturgy today? I would suggest that the readings today tell us to "Travel Light", to realize that we are pilgrims on earth; we have no lasting home here and don't really need that much for our stay.

How suitable, then, that the man featured in the first reading - Abraham, our Father in faith - lived his life out of a gym bag. Abraham was a nomad, a wanderer who allowed God to map his way through life and who responded repeatedly to God's direction in faith. Indeed, God's first words to Abraham were to "Go forth from his Homeland, to a land that God Himself will show him." It was a call for a dangerous departure from all that was familiar and secure - a gamble. But the promise was of a land of Abraham's own, of descendants beyond counting and of a lifelong companion for the journey who would be none other than God Himself.

In today's second reading, St. Paul reminds his audience that they are "Citizens of heaven." His beloved converts from Philippi have become engrossed in the things of the world and Paul wants to correct their course - so he clarifies for

them where their true home really is. And in the Gospel Jesus feels the need to let the apostles know - in particular, his three close friends Peter, James and John - that life involves more than what they see daily, more especially than the agony they are going to encounter in the weeks to come.

This Transfiguration event is placed, in Luke's Gospel, right after Christ's prediction of His arrest and crucifixion, and we can only imagine what a heartache that must have been for those closest to him. So Christ, here on Mt. Tabor, gives them a glimpse of His glory to let them know that their suffering will not be in vain and that better things await them all.

The season of Lent is a good period to take the time to glimpse the glory, to remind ourselves of our real home in heaven and the future that awaits us. Lent provides us an opportunity to redefine our values, to readjust priorities and to unpack all the extra baggage that slows us down on our journey towards eternal life. Some of us have memories - from soccer or rugby long ago - of coaches yelling at us from the bench, "Don't just stand there - do something!" In Lent, the proper advice is just the reverse, "Don't just do something - first, stand there!" Stand there and think about where you are going and the few things that you really need to arrive safely.

Fr Odina Nwadike
Associate Pastor



Most Reverend Mark Coleridge
Archbishop of Brisbane

**Cathedral Staff: Fr Anthony Mellor (Dean); Fr Odina Nwadike (Associate Pastor);
Fr Thomas Ismoyo; Deacon Joshua Whitehead**

**Director of Music: Dr. Andrew Cichy. Cathedral Organist: Rachael Shipard
Cathedral Office Co-Ordinator: Carmel Devery. Office Assistant: Julie Stower**

Local Safeguarding Children and Vulnerable Adults Representative: Barbara Reynolds-Hutchinson (ph: 0418 401 609)

Cathedral Office Telephone: 3324 3030 Cathedral Email: cathedral@bne.catholic.net.au

Cathedral Mass Times this week

Monday* to Friday 8.00am Chapel; 10.00am Cathedral; 12.30pm Cathedral; 5.10pm Chapel
Saturday 9.30am Villa Maria; 11.30am Cathedral (* 8.00am Mass on Monday will be held in the Cathedral)

Sunday

Cathedral of St Stephen Saturday 6.00pm (Vigil Mass)
Sunday 8.00am; 10.00am (Solemn Mass); 12 noon; 7.30pm
St Patrick's, Fortitude Valley Sunday 9.00am; 12 noon.
Villa Maria, Spring Hill Sunday 9.30am

Reconciliation

Monday to Friday 10.30-11.30am; 1.00-1.30pm; 4.30-5.00pm
Saturday 10.00-11.00am; 4.30-5.30pm

Exposition Monday to Friday 10.30am - 12.15pm **Benediction** Monday to Friday 12.15pm

PLENARY COUNCIL PRAYER

Come, Holy Spirit of Pentecost.

Come, Holy Spirit of the great South Land.

*O God, bless and unite all your people in Australia
and guide us on the pilgrim way of the Plenary Council.*

*Give us the grace to see your face in one another
and to recognise Jesus, our companion on the road.*

*Give us the courage to tell our stories
and to speak boldly of your truth.*

*Give us ears to listen humbly to each other
and a discerning heart to hear what you are saying.*

*Lead your Church into a hope-filled future,
that we may live the joy of the Gospel.*

*Through Jesus Christ our Lord,
bread for the journey from age to age.*

Amen.

*Our Lady Help of Christians, **pray for us.***

*St Mary MacKillop, **pray for us.***

CATHEDRAL CUPPA AFTER MASS

Today, **16/17 March** following Mass on **Saturday evening**, join our 6pm Mass crew in the Hanly Room for a cuppa and nibbles. On **Sunday** gather for a cuppa following the 8.00am & 10.00am Masses. Join us outside the Francis Rush Centre.

THE CATHOLIC MAN BREAKFAST SERIES

Thursday 23 May, 7.00-9.00am, Tattersall's Club, 251 Queen Street, Brisbane. Guest speaker: Matt Fradd. Matt speaks to tens of thousands of people every year. He is the best-selling author of several books, including *Does God Exist? A Socratic Dialog of the Five Ways of Thomas Aquinas*. Bookings: des@menalive.org.au RSVP 20 May \$48 pp
Fathers are encouraged to bring their sons to this event.

SAFEGUARDING ESSENTIALS PRESENTATION

Safeguarding Essentials Presentation (level 1) is now available on-line for all Archdiocesan personnel. All volunteers who have not already attended Safeguarding Training can view the presentation at www.safeguardingaob.com.au. After viewing the presentation, volunteers must complete a Confirmation of Completion form and return it to the parish

LENT IN THE CATHEDRAL PARISH

◆ **REFLECTING, SHARING AND LIVING THE GOOD NEWS**

- **Fridays from 12-1pm.** Deacon Josh will organise these weekly discussions.
- **Sundays** following the 12noon Mass in the downstairs choir room.

◆ **LIVING LENT WITH LUKE**

Living Lent with Luke will be held in the Chapel. Presenters are:

- 20 March – Sr. Maeve Heaney
- 27 March – Fr. Anthony Mellor
- 3 April – Fr. Paul Chandler O.Carm
- 10 April – Allie Ernest
- 17 April – Archbishop Mark Coleridge

◆ **STATIONS OF THE CROSS**

Every Friday during Lent at 10.30am.

◆ **LENT 2019 COMPASSION – THE APP**

Download **Lent 2019 Compassion** from the App Store or on Google Play for Android™ devices for just \$1.99. Search **Lent 2019 Compassion**.

◆ **LITTLE BLACK BOOKS**

A limited of the Little Black Books, which contain short and appropriate daily reflections which are a tremendous companion throughout the days of Lent are still available. A gold coin donation to cover the cost would be appreciated. You can pick up a Little Black Book to the right of the Blessed Sacrament Chapel at the back of the Cathedral.

8.00AM MASS, MONDAY 18 MARCH

At the **8.00am Mass on Monday**, we welcome **Delegates to the CDF Managers Conference**. As there will be a few more people attending, the 8.00am Mass on Monday will be held in the Cathedral.

WEDDINGS

Congratulations to **Jade Grumely and Cameron Arklay** who were married in the Cathedral this weekend.

BAPTISM INTO CHRIST

With joy we welcome **Amayah Pathak, Annabelle Oliveira-Gray, Oscar Bothe and Josephine Martin** who were baptised at the Cathedral this weekend.

GROUPS VISITING THIS WEEK

This **Wednesday** we welcome students from **St Thomas More Sunshine Beach** attending both the 10am & 12.30pm Mass.



LEAVEN HOUR Join Vocations Brisbane as we pray for the intention of vocations on the fourth Friday of each month through Mass and Adoration in St Stephen's Chapel (next to the Cathedral). Mass starts at 5:10pm and is followed by Adoration and Benediction (finishing at 6pm). The next Leaven Hour is **Friday 22 March 2019**.

LENTEN PRAYER

*Fast from judging others;
feast on the Christ indwelling in them.
Fast from emphasis on differences;
feast on the unity of all life.
Fast from apparent darkness; feast on the reality of light.
Fast from words that pollute; feast on phrases that purify.
Fast from discontent; feast on gratitude.
Fast from anger; feast on patience.
Fast from pessimism; feast on optimism.
Fast from worry; feast on trust.
Fast from complaining; feast on appreciation.
Fast from negatives; feast on affirmatives.
Fast from unrelenting pressures;
feast on unceasing prayer.
Fast from hostility; feast on nonviolence.
Fast from bitterness; feast on forgiveness.
Fast from self-concern; feast on compassion for others.
Fast from personal anxiety; feast on eternal truth.
Fast from discouragement; feast on hope.
Fast from facts that depress; feast on truths that uplift.
Fast from lethargy; feast on enthusiasm.
Fast from suspicion; feast on truth.
Fast from thoughts that weaken;
feast on promises that inspire.
Fast from idle gossip; feast on purposeful silence.
Gentle God, during this season of fasting and feasting,
gift us with your presence,
so we can be a gift to others in carrying out your work.
Amen.*

Music at the 10.00am Solemn Mass

Celebrant: The Archbishop

ENTRANCE SONG

Ps 26: 8,9

At the sound of the bell, the Cathedral Choir processes from the Sacristy singing the Introit. The assembly **responds** as the Choir and Ministers process towards the altar with the following translation of the Introit text. The first verse (which is the Antiphon) is repeated after the third verse.

1 My heart de - clared to you, O Lord:
 "Your coun - te - nance my soul has sought;
 My heart shall e - ver seek your face;
 Do not re - ject me, O my God."

**2. My light, my Saviour is the Lord,
 Of whom should I have any fear?
 He is the stronghold of my life;
 Whom should I dread if he is near?**

**3. All glory to the Father, Son,
 And to the Holy Spirit be;
 As from the first it was, is now,
 And will be for eternity.**

KYRIE

Mass for Three Voices

W. Byrd (1539 - 1623)

RESPONSORIAL PSALM

Ps 26:1, 7-9, 13-14

☩ The Lord is my light and my sal-va-tion.

GOSPEL ACCLAMATION

Matthew 17:5

☩ Praise to you, Lord Je-sus Christ, King of end-less glo-ry.

OFFERTORY ANTIPHON

Ps 118: 47, 48a.

Meditabor in mandatis tuis, quae dilexi valde:
 et levabo manus meas ad mandata tua, quae dilexi.

I will meditate on thy commandments, which I have
 loved exceedingly: and I will lift up my hands to thy
 commandments, which I have loved.

G.P. da Palestrina (1525 – 1594)

SANCTUS

CWB 11a

The cantor and assembly **sing together** to the end of 'Blessed is he who comes in the name of the Lord'; the Cathedral Choir then sings a choral extension 'Hosanna in excelsis' from Mass for Three Voices (Byrd).

MEMORIAL ACCLAMATION

CWB 12a

AGNUS DEI

CWB 77

The Agnus Dei is sung by the Assembly and Choir together; the Cathedral Choir sings an extension of the final Agnus Dei from Mass for Three Voices (Byrd).

COMMUNION ANTIPHON & PSALM

Mt 17:9

Visionem quam vidistis, nemini dixeritis, donec a
 mortuis resurgat Filius hominis.

Tell the vision to no man until the Son of man be risen
 from the dead.

COMMUNION HYMN

Forty days and forty nights

CWB 288

All depart in silence after the Final Blessing

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St Vincent de Paul Society
 QUEENSLAND
good works

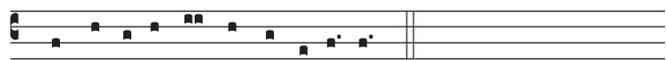
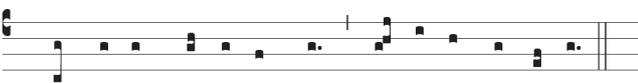
Soup and bread rolls

Every Friday during Lent, 12.00-1.30pm under the veranda of Mercy House
 our local Vinnies will be hosting soup and bread rolls.

*Your donation will enable Vinnies to help those who have come off
 second best in our local community.*

MUSIC AT THE CATHEDRAL

The music is drawn from the Catholic Worship Book II for all Masses, available from our Welcomers at the entrances or on the pew seats. The 10:00am Solemn Mass is led by the Cathedral Choir.
The 12:00pm Mass is led by the Cathedral Schola. All other Masses are led by a cantor.

	6:00PM 8:00AM	12:00PM	7:30PM
Proclamation	CWB 301	CWB 301	CWB 301
Kyrie	CWB 4b	Missa Brevis – Pekiell	CWB 4b
First Reading	Genesis 15:5-12, 17-18		
Responsorial Psalm	Ps 26:1, 7-9, 13-14		
	 <p>☞ The Lord is my light and my sal-va-tion.</p>		
Second Reading	Philippians 3:17 - 4:1		
Gospel Acclamation	Matthew 17:5		
	 <p>☞ Praise to you, Lord Je-sus Christ, King of end-less glo-ry.</p>		
Gospel	Luke 9:28-36		
Offertory		Praeparate Corda Vestra – Porta	CWB 289
Sanctus	CWB 11a	CWB 11a	CWB 11a
Memorial Acclamation	CWB 12a		
Agnus Dei	CWB 17a	CWB 77 Missa Brevis - Pekiell	CWB 17a
Communion Hymn	CWB 288	Ave Verum Corpus – Viadana CWB 288	CWB 300
Recessional			

OFFERTORY MOTET, 12pm Mass

1 Samuel 7:3

Praeparate corda vestra Domino, et servite illi soli et liberabit vos de manibus inimicorum vestrorum. Convertimini ad eum in toto corde vestro et auferte Deos alienos de medio vestry et liberabit vos de manibus inimicorum vestrorum.

Prepare your hearts for the Lord and serve Him only and He will save you from the hands of your enemies. Turn to Him with all your hearts and banish strange gods from your midst.

Costanzo Porta (c.1529–1601)

COMMUNION MOTET, 12pm Mass

Eucharistic Chant 14C, Pope Innocent VI

Ave verum corpus, natum de Maria Virgine, vere passum, immolatum in cruce pro homine cuius latus perforatum fluxit aqua et sanguine: esto nobis praegustatum in mortis examine. O Iesu dulcis, O Iesu pie, O Iesu, fili Mariae. Miserere nobis. Amen.

Hail, true Body, born of the Virgin Mary, having truly suffered, sacrificed on the cross for mankind, from whose pierced side water and blood flowed: Be for us a foretaste of the Heavenly banquet in the trial of death! O sweet Jesus, O holy Jesus, O Jesus, son of Mary, have mercy on me. Amen.

Ludovico Viadana (1560-1627)

**PROJECT
COMPASSION**

Second Sunday of Lent
17th March 2019

 **Caritas**
AUSTRALIA

Tati lives in the remote forest of West Kalimantan. She is a mother of three who was earning an income working in a local rubber plantation. Since taking part in eco-tourism training with Caritas Australia and its partners, Tati can now afford to send her children to school. With new hope and commitment Tati aspires to a future free from poverty for her family. **Please donate to Project Compassion 2019 and help lift communities in Indonesia out of poverty and give them hope to protect our common home.**

Safeguarding Children And Vulnerable Adults—Archdiocesan Prevention and Protection Policy

The Archdiocese of Brisbane holds that children, young people and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm. They are to be treasured, nurtured and safeguarded by all. *This policy applies to Clergy, Religious, Staff, Parishioners, Volunteers, students on placement and Visitors to our sites.*