



# NINETEENTH SUNDAY IN ORDINARY TIME

## Year A – 9th August 2020

*The community of the Cathedral of St. Stephen acknowledges the traditional custodians of the land on which our parish stands.*

*Embracing  
Villa Maria Centre  
and  
St Patrick's  
Fortitude Valley*



**Most Reverend  
Mark Coleridge**  
*Archbishop of Brisbane*

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Fr Odina Nwadike  
(Associate Pastor)  
Fr Thomas Ismoyo  
Deacon Chad Hargrave

**Director of Music**  
Mr Christopher Trikilis

**Sacristan**  
Mr Hayden Kennedy

**Cathedral Office  
Co-Ordinator**  
Ms Carmel Devery

**Local Safeguarding  
Representative**  
Mrs Jane Cameron  
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*Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him.*

**Readings for today: 1 Kings 19:9,11-13; Romans 9:1-5; Matthew 14:22-33**

*Dear friends,*

Given everything that going on, there's a lot of talk about "resilience" these days. Even the coach of the Brisbane Broncos is trying to find the key to resilience across an 80 minute game of rugby league. What happens when things go wrong for us? Do we fall in a heap and wallow in self-pity? Do we drown in our despair?

Resilience is the art of adapting well, or at least acknowledging the need to adapt, when our circumstances change and faced with foreseeable challenges or confront unexpected traumas. If we all haven't recognised the need to develop our reservoir of resilience during the unfolding events of this year then we must be living in a parallel universe. It seems that every week of 2020 has brought its own unexpected dramas in an "unprecedented" way (to use another descriptive term for 2020).

So how can we build resilience, not only in the young, but also in us all? Perhaps these are the keys:

- Grow in honest self-awareness;
- Accept change and the unexpected as the natural course of life;
- Develop a sense of personal responsibility for the future;
- Draw upon personal and communal relationships which nurture trust and engender hope;

- Embrace a "paschal" spirituality which leads us beyond the sorrow of the moment to the possibility of new beginnings and new life.

If we take Peter as the patron saint of paschal resilience, we can see how he moved beyond being a rock that sinks in fear (as in today's gospel) to the rock upon which Christ builds his church. Peter grew in self-awareness ("Away from me, Lord, I am a sinful man"); he accepted change as the consequence of following Christ (he was led where he would have preferred not to go); he grew in his sense of personal responsibility for the future (he accepted the role of leadership, especially after the Pentecost event); he relied heavily on those around him in the fledging community of faith (the Book of Acts describes Peter's leadership style) and he most certainly developed a paschal spirituality (he overcome his personal shame and defeats to become a martyr).

Today, Peter feels the wind in his face and begins to drown. This does not mean that he wasn't resilient because it is at such moments that the qualities of resilience begin to surface. We will all feel afraid, disorientated, disturbed, unsettled from time to time. What happens next is the mark of the resilient person, and resilient people develop resilient communities. The hand of Christ is ready to reach out and hold us.

*Fr. Anthony*



**Cathedral of  
St. Stephen**  
249 Elizabeth St  
Brisbane



**St. Patrick's**  
58 Morgan St  
Fortitude Valley



**Villa Maria Chapel**  
171 St Pauls Tce  
Spring Hill  
*No public Masses  
until further notice.*

### **Cathedral Parish Mass Times this week**

**Monday to Thursday** 8:00am (also live-streamed); 10:00am; 12:30pm; 5:10pm (Chapel)

**Friday** 10.00am (Ekka Holiday)

**Saturday** 8.00am; 11:30am – *Feast of the Assumption (11.30am live-streamed)*

### **Sunday**

**Cathedral of St Stephen**

**St Patrick's Church**

**Friday: 6.00pm Vigil – Feast of the Assumption**

**Sunday: 9:00am & 11:00am**

**Saturday:** 6:00pm

**Sunday:** 8:00am; 10:00am; 12 noon & 5:00pm  
(8am & 10am also live-streamed)

**Reconciliation: Monday to Thursday:** 10:30-11:30am; 1:00-1:30pm; 4:30-5:00pm

**Saturday:** 10:00am-11:00am; 4:30-5:30pm

**Exposition: Monday to Thursday 10:30am – 12:15pm** **Benediction: Monday to Thursday 12:15pm**

## PRAYER IN THIS TIME OF CRISIS

Almighty and all-merciful God,  
lover of the human race, healer of all our wounds,  
in whom there is no shadow of death,  
save us in this time of crisis;  
grant wisdom and courage to our leaders;  
watch over all medical people  
as they tend the sick and work for a cure;  
stir in us a sense of solidarity beyond all isolation;  
if our doors are closed, let our hearts be open.  
By the power of your love destroy the virus of fear,  
that hope may never die  
and the light of Easter, the triumph of life,  
may shine upon us and the whole world.  
Through Jesus Christ, the Lord risen from the dead,  
who lives and reigns for ever and ever.  
Amen.

Holy Mary, health of the sick, pray for us.  
St Joseph, guardian of us all, pray for us.



ARCHDIOCESE  
OF BRISBANE

### Restrictions for places of worship

It is **essential** that you register for all Masses (especially the Sunday Masses) via the Cathedral website. **Registration for Sunday Mass closes at midday on Friday.** If you do not have the resources to register on-line, please contact us on 3324 3030. **Please ensure you arrive for Mass in plenty of time to check-in at the registration table. If you have registered, but have not checked-in by the end of the Processional Hymn, your place may be re-allocated. If you arrive late, and your place has been re-allocated, it will depend on available space as to whether you will be admitted into the Cathedral for that Mass. If you are admitted, you will be directed to available seating, or if the Cathedral is full, you may have the option to register for another Mass.**

Physically distanced seats in the Cathedral have been marked with **green dot**. People from the same household may sit together. Other attendees must be physically distanced by 1.5m.

The following guidelines remain in place:

- If you are feeling unwell, please stay home and participate in Mass on-line via the Cathedral website;
- Physical distancing of 1.5m, whilst standing in the queue to check-in, during Mass and whilst in the Communion procession, is essential;
- Hand hygiene (sanitising your hands before entering the church and when exiting);
- Respiratory hygiene (coughing/sneezing into elbow);
- The number of people in our churches at any one time must be strictly adhered to.

Thank you for your co-operation.

### Support of the Cathedral Parish

Your financial support of the Cathedral Parish is always appreciated. Options to financially support the parish are available on our website. The 'tap and go' donation stand located inside the church may be used and at the end of each Mass, a retiring collection will be taken up.

### Annual Mass for Deacons: Sunday, August 9

We welcome and pray for all deacons and their families who celebrate Mass with the Archbishop at 12pm today.

### Ekka Public Holiday – Friday 14 August

This Friday 14 August, Mass will be celebrated at 10am.

### The Assumption of the Blessed Virgin Mary

Masses in the Cathedral Parish for the Solemnity of the Assumption will be celebrated as follows:

**Friday 14 August** – 6.00pm Vigil – St Patrick's

**Saturday 15 August** – 8am & 11.30am – Cathedral

Registration is **essential**. The car park at both St Patrick's and the Cathedral will be available. The 11.30am Mass will be live-steamed.

### Sacramental Programme: For Young People in Grade 3, 4 and above - Parent Information Session

**REMINDER: If you have requested for your child to be enrolled in the Sacramental Program this year and have not yet returned the form, with the appropriate paperwork, please do so asap.**

Parents wishing to enrol their child into the Sacramental Program, please contact the parish office at [cathedral@bne.catholic.net.au](mailto:cathedral@bne.catholic.net.au) for an enrolment package.

A parent information session will be held on **Saturday 22 August @ 9.00am** and **Wednesday 26 August @ 6.00pm** (you can attend whichever parent information session suits you). A contribution of \$50 for the booklets and administration charges is appreciated.

### Cathedral Choral Scholarships 2021

*'A Musical Education Like No Other'*

The Cathedral of St Stephen's rich musical history is a celebrated facet of the life of the Cathedral, Archdiocese, and the city of Brisbane. Choral Scholarships are available for boys entering years 4-7 in 2021 to join the Cathedral Choir. Excellent training is offered (comprising mid-week rehearsals and regular Sunday commitments) with generous scholarships provided at St Lawrence's College. Applications are currently being received, with auditions to be held in late September.

All enquiries to Christopher Trikilis (Director of Music) on 3324 3030 or [cathedral.music@bne.catholic.net.au](mailto:cathedral.music@bne.catholic.net.au)

### St John's Cathedral Twilight Organ Recitals

St John's Anglican Cathedral (373 Ann Street) are delighted to launch the St John's Cathedral Organ Recital Series for 2020, featuring the organists from Brisbane's two Cathedrals. Opening the series will be Christopher Trikilis, the newly-appointed Director of Music at St Stephen's Cathedral.

**When: Saturday 22 August, 6pm**

Tickets: \$30, \$20 (concession). School students free.

Book online: <https://www.trybooking.com/BKUPD>

Enquiries: 3835 2222

### All Hallows' School Virtual Open Day - 10:30am Sunday 30 August

We warmly invite you and your family to discover the difference an All Hallows' School education will make in your daughter's life at our virtual open day, premiering at 10:30am on Sunday 30 August. Experience how our community supports and inspires young women to be confident in a life of faith, compassion, learning and leadership, ready to step forward and make a difference in the world. Register now at [www.ahs.qld.edu.au/virtualopenday](http://www.ahs.qld.edu.au/virtualopenday).

ENTRANCE SONG

Psalm 73

At the conclusion of the Introit, a bell is sounded. The assembly **responds** as the Choir and Ministers process towards the altar with the following translation of the Introit text. The first verse (which is the Antiphon) is repeated after the final verse.



Antiphon:

O Lord, recall your covenant,  
Do not forsake the meek and poor.  
Arise, O Lord, and judge your cause;  
Remember those whose search endures.

Remember Zion, where you dwelt.  
Direct your steps; behold and see  
The desolation by your foes,  
Your temple, ruined utterly.

Yet God, my King, you are of old;  
You made the sun, you made the moon,  
You cleaved the sea with your great might  
Come and work your salvation soon.

To God, the Triune One, we raise  
Eternal songs of joyful praise,  
O Father, Son and Paraclete,  
We praise your name in word and deed.

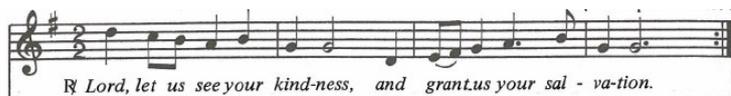
KYRIE & GLORIA

Mass for Three Voices

William Byrd (1543-1623)

RESPONSORIAL PSALM

Psalm 84



℟ Lord, let us see your kind-ness, and grant us your sal - va-tion.

GOSPEL ACCLAMATION

Psalm 129:5



℟ Al-l e-l u - ia, al-le-lu-ia, al-le-lu-ia.

*I hope in the Lord;  
I trust in his word.*

OFFERTORY MOTET

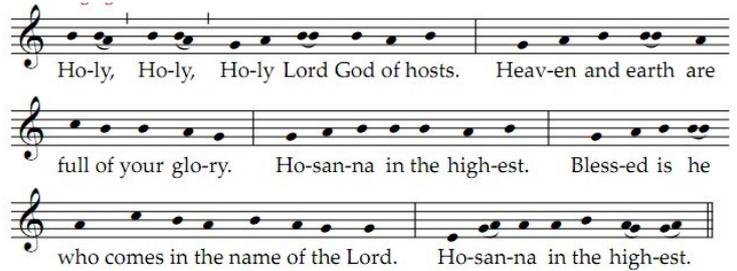
John 14: 15-17

If ye love me, keep my commandments.  
And I will pray the Father,  
and he shall give you another comforter,  
that he may abide with you forever;

Music: Thomas Tallis (c.1505-1585)

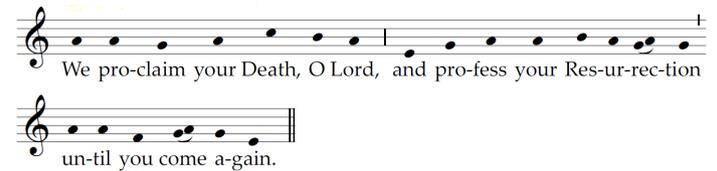
HOLY HOLY

Mass XVIII



MEMORIAL ACCLAMATION

ICEL #1



LORD'S PRAYER

AGNUS DEI

Mass for Three Voices

William Byrd (1543-1623)

COMMUNION ANTIPHON

John 6:52

Panis, quem ego dedero,  
caro mea est pro saeculi vita.

*The bread which I will give  
is my flesh for the life of  
the world.*

COMMUNION HYMN

CWB 486

Firmly I believe and truly  
God is three and God is one;  
and I next acknowledge duly  
manhood taken by the Son.

And I trust and hope most fully  
in that manhood crucified;  
and each thought and deed unruly  
do to death as he has died.

Simply to his grace and wholly  
light and life and strength belong  
And I love supremely, solely,  
him the holy, him the strong.

And I hold in veneration,  
for the love of him alone,  
Holy Church as his creation,  
and her teachings as his own.

Praise and thanks be ever given,  
with and through th'angelic host  
To the God of earth and heaven,  
Father, Son and Holy Ghost.

ORGAN VOLUNTARY

Toccata – Wesley Jordan (b.1945)

# MUSIC AT THE CATHEDRAL

Music at today's Mass is drawn from the Catholic Worship Book II, with congregational hymn texts on this sheet.

The 10:00am Solemn Mass is led by the Cathedral Choir, the music for this mass is inside this bulletin.

The 12:00pm Mass is usually led by the Cathedral Schola. All other Masses are led by a cantor.

**Processional Hymn** O God, our help in ages past

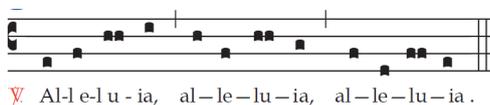
**Kyrie** Mass Shalom  
(12pm mass) Missa Quarti Toni – Victoria

**Gloria** Mass Shalom  
(12pm mass) Missa Quarti Toni – Victoria

**Responsorial Psalm** Psalm 84



**Gospel Acclamation** Psalm 129:5



*I hope in the Lord,  
I trust in his word.*

**Offertory Motet** In te speravi, Domine – Palestrina  
(12pm only)

**Sanctus** Mass Shalom

**Memorial Acclamation** We proclaim your death, O Lord,  
(ICEL #1): and profess your resurrection,  
until you come again.

**Agnus Dei** Mass of St Francis  
(12pm Mass) Missa Quarti Toni – Victoria

**Communion Motet** O taste and see – Vaughan Williams  
(12pm only)

**Communion Hymn** Firmly I believe and truly

**Recessional Hymn** Praise the Lord, you heav'ns  
adore him

(Translation) OFFERTORY MOTET, 12pm Mass

In te speravi, Domine, dixi:	<i>In Thee, O Lord, have I hoped:</i>
Tu es Deus meus,	<i>I said, You are my God,</i>
in minibus tuis tempora mea.	<i>my times are in your hands.</i>

O God our help in ages past,  
our hope for years to come,  
our shelter from the stormy blast,  
and our eternal home.

Under the shadow of your throne  
your saints have dwelt secure  
sufficient is your arm alone,  
and our defence is sure.

Before the hills in order stood,  
or earth from darkness came;  
from everlasting you are God,  
to endless years the same.

O God, our help in ages past,  
our hope for years to come,  
Still be our guard while troubles last  
and our eternal home.

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Firmly I believe and truly, God is three and God is one;  
and I next acknowledge duly manhood taken by the Son.

And I trust and hope most fully in that manhood crucified;  
and each thought and deed unruly do to death as he has died.

Simply to his grace and wholly light and life and strength belong  
And I love supremely, solely, him the holy, him the strong.

And I hold in veneration, for the love of him alone,  
holy Church as his creation, and her teachings as his own.

Praise and thanks be ever given, with and through th'angelic host  
To the God of earth and heaven, Father, Son and Holy Ghost.

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Praise the Lord, you heavens, adore him;  
praise him, angels in the height;  
sun and moon, rejoice before him;  
praise him, all you stars of light.  
Praise the Lord, for he has spoken;  
worlds his mighty voice obeyed;  
laws which never shall be broken  
for their guidance He has made.

Praise the Lord! Who is all-glorious;  
never shall his promise fail.  
God has made his saints victorious;  
sin and death shall not prevail.  
Praise the God of our salvation!  
hosts on high, his power proclaim.  
Heaven and earth and all creation,  
praise and glorify his name.

Worship, honour, glory, blessing,  
Lord, we offer as our gift.  
Young and old, your praise expressing,  
our glad songs to you we lift.  
All the saints in heaven adore you;  
we would join their glad acclaim;  
as your angels serve before you,  
so on earth we praise your name.

**PLEASE TAKE THIS COPY OF THE BULLETIN  
WITH YOU AT THE CONCLUSION OF MASS TODAY.**