



# FIRST SUNDAY OF LENT

## Year A — 1<sup>st</sup> March 2020

*The community of the Cathedral of St. Stephen acknowledges the traditional custodians of the land on which our parish stands.*

*Embracing  
Villa Maria Centre  
and  
St Patrick's  
Fortitude Valley*



**Most Reverend  
Mark Coleridge**  
*Archbishop of Brisbane*

**Cathedral Office**  
07 3324 3030

**Cathedral Email**  
cathedral@bne.catholic.net.au

**Cathedral Website**  
cathedralofststephen.org.au

**Cathedral Staff**  
Fr Anthony Mellor (Dean)  
Fr Odina Nwadike  
(Associate Pastor)  
Fr Thomas Ismoyo  
Deacon Chad Hargrave

**Sacristan**  
Mr Hayden Kennedy

**Cathedral Office  
Co-Ordinator**  
Ms Carmel Devery

**Local Safeguarding  
Representative**  
Dr Barbara Reynolds-  
Hutchinson  
(ph: 0418 401 609)



*Jesus was led by the  
Spirit out into the  
wilderness to be  
tempted by the devil.  
He fasted for forty  
days and forty nights,  
after which he was  
very hungry, and the  
tempter came...*

**Readings for today: Genesis 2:7-9, 3:1-7; Romans 5:12-19; Matthew 4:1-11**

*Dear friends,*

Today is the first Sunday of Lent and it is Week 1 of Project Compassion. This is Caritas Australia's six-week Lenten fundraising appeal. Caritas Australia helps over 1.5 million people in Australia, and around the world every year responding to disasters and walking with those in crisis. As Australia faces its own climate emergencies, our prayers are with everyone impacted including all of those working tirelessly in response to the recent disasters.

This year, Project Compassion is built around the theme of *Global Community – Go Further Together*. There's a lot of change going on across the world and increasingly tense dialogue, so the idea of the 'common good' is more important than ever. Each week during Lent we will share a story about the people who Caritas who with around the world. This week's story is about Shirley.

Shirley is a 36-year-old Indigenous Manide woman living in a remote province of the Philippines. She is a mother of four and the sole breadwinner of the family because her husband is suffering from tuberculosis. When we met Shirley, she was struggling to support the whole family and send her children to school. Indigenous minorities in the Philippines face regular discrimination and disadvantage.

Shirley talks about how even daily tasks like riding the bus are distressing for Indigenous people like her. When others see her getting on the bus, they tell her not to sit near them.

In communities like Shirley's, people have very limited access to education, employment and healthcare. That means many Indigenous children and families cannot access basic medical care. Maternal and new-born mortality rates are shockingly high. Diseases like tuberculosis, dengue fever and measles are common among their community. Every one of these is preventable with medical care.

But, thanks to generous supporters like you, Caritas Australia is right there in the Philippines supporting Shirley and her community. Our program to support the Manide people works to meet various needs. That means everything from advocating for their rights over ancestral land - to increasing access to basic services like health, education, safe drinking water, housing support and sanitation.

Since we started working with Shirley, her life has completely transformed. She is now leading her community to take a stand against discrimination, improve health and education, and pave the way for a better future. With the generosity of people like you, Caritas Australia helped Shirley train to become an Indigenous healthcare worker and a leader in her community. She has learnt to improve the health of her family and community and is able to supplement her income so she can feed her family. Shirley says there's still a long way to go to fight for better opportunities for the Manide tribe but together they'll get there.



**Cathedral of  
St. Stephen**  
249 Elizabeth St  
Brisbane



**St. Patrick's**  
58 Morgan St  
Fortitude Valley



**Villa Maria Chapel**  
171 St Pauls Tce  
Spring Hill

### **Cathedral Parish Mass Times this week**

**Monday to Friday:** 8.00am Chapel; 10.00am Cathedral; 12.30pm Cathedral; 5.10pm Chapel  
**Saturday:** 9.30am Villa Maria; 11.30am Cathedral

### **Sunday**

#### **Cathedral of St Stephen**

**Saturday:** 6.00pm (Mass in anticipation of Sunday)  
**Sunday:** 8.00am; 10.00am (Solemn Mass); 12 noon; 7.30pm

**St Patrick's** 9.00am; 12 noon  
**Villa Maria** 9.30am

**Reconciliation: Monday to Friday** 10.30-11.30am; 1.00-1.30pm; 4.30-5.00pm  
**Saturday** 10.00-11.00am; 4.30-5.30pm

**Exposition:** Monday to Friday 10.30am – 12.15pm **Benediction:** Mon; Thu; Fri 12.15pm

## PLENARY COUNCIL PRAYER

*Come, Holy Spirit of Pentecost.  
Come, Holy Spirit of the great South Land.*

*O God, bless and unite all your people in Australia  
and guide us on the pilgrim way of the Plenary Council.*

*Give us the grace to see your face in one another  
and to recognise Jesus, our companion on the road.*

*Give us the courage to tell our stories  
and to speak boldly of your truth.*

*Give us ears to listen humbly to each other  
and a discerning heart to hear what you are saying.*

*Lead your Church into a hope-filled future,  
that we may live the joy of the Gospel.*

*Through Jesus Christ our Lord,  
bread for the journey from age to age.*

*Amen*

*Our Lady Help of Christians, pray for us.  
St Mary MacKillop, pray for us.*



## LENTEN DISCUSSION GROUP

Are you interested in attending a Lenten Discussion Group this year? Currently we have two groups who are meeting weekly, **Sunday after the 12 noon Mass and Thursday morning following the 10am Mass..** It is not too late to join. Please register your interest for both groups by emailing: [cathedral@bne.catholic.net.au](mailto:cathedral@bne.catholic.net.au)

## STATIONS OF THE CROSS

Stations of the Cross in the Cathedral will be held every Friday during Lent at **10.30am**.

## YOUNG ADULTS MASS

You are invited to the first Young Adults Lenten Programme to be held in the Hanly Room today **Sunday 1 March at 6pm**, followed by Mass in the Cathedral at 7.30pm. Come and join with other young adults to celebrate, share faith and fellowship on the lawns after Mass.

## RITE OF ELECTION

Today **Sunday 1 March commencing at 3pm** Bishop Ken Howell will preside at the Rite of Election. This is a major step in the faith journey of catechumens and baptised candidates from all over the Archdiocese who wish full communion with the Church. In this Rite, which usually occurs on the First Sunday of Lent, the Church makes it's "election" or to put it another way, it chooses the catechumens who, up to this point, have spent much time in formation to move on to the sacraments of initiation at Easter. Here in our cathedral parish we pray for the catechumens who have been on the Rite of Christian Initiation for Adults (RCIA) journey and are now looking towards full communion with the church at Easter.

## MORNING PRAYER AND EVENING PRAYER THROUGHOUT LENT

Join us for Friday Morning Prayer, combined with the 8am Mass and Wednesday Evening Prayer combined with the 5.10pm Mass. Also, please visit our website [cathedralofststephen.org.au](http://cathedralofststephen.org.au) for further Lenten reflections to help us enter this season more fully in a spirit of renewal and reflection. Click on the Lenten Reflection tab throughout this season.

## BAPTISM PREPARATION

The next baptismal preparation meeting will take place on Saturday morning, **9.30am on 7 March 2020**. For an application form please contact the Cathedral office on 3324 3030 or email [cathedral@bne.catholic.net.au](mailto:cathedral@bne.catholic.net.au)

## VINNIES' "FISH & CHIPS FRY-DAY" (MERCY HOUSE)

During the month of March, each **Friday from 12 noon - 1.30pm**, come along to Mercy House and enjoy a Lenten Lunch to help raise funds in support of those living in poverty and disadvantage within the inner city area. For **only \$5.00**, enjoy a serve of freshly fried **Fish & Chips** (generously provided by The Victory Hotel), only \$1 more for a soft drink or water (thanks to Woolworths Spring Hill). All are welcome! **All funds raised** will be used to purchase food vouchers for those in need. Our Cathedral Vinnies' Team, is extremely grateful for the community's ongoing support of our good works. If you would like to join us and offer your help, please call Trish on:

0428 880 383 or email [ssc4000@svdpqld.org.au](mailto:ssc4000@svdpqld.org.au)

## 40 DAYS FOR LIFE – HOW TO JOIN THE PRAYER VIGIL

Ready to end abortion through prayer? Then join us in our 40 day, 24 hour prayer vigil - if you can spare an hour or more through Lent, then simply follow the steps below.

1. Sign the Statement of Peace - skip this step if done in a previous year. We'll send you a unique vigil calendar login, or you'll have it from a previous year.
2. Work out when you can pray at 20 Abbotsford Road Bowen Hills. This is 200m from "Dr Marie Stopes" abortion clinic at 8 Campbell St Bowen Hills. You can visit the read-only Vigil Calendar here. We are pray-ing from midnight **26 February 2020 [Ash Wednesday] to the end of 5 April 2020 [Palm Sunday]**.
3. Update the Vigil Calendar yourself using calendar login (see Step 1.). Each vigil participant enters in their own time slots with their unique logon with their initials only. You can create recurring events if you can come at the same time each week (eg. **Tuesday nights from 8pm to 9pm**).

Send us an e-mail if you have any issues with the 3-step process above: [40daysbrisbane@gmail.com](mailto:40daysbrisbane@gmail.com)

## INTERNATIONAL WOMEN'S DAY FUN RUN – 8 MARCH 2020

On the morning of **Sunday 8 March** there will be several road closures in the CBD. Full event details and a full list of closures can be found at <https://fundraise.mater.org.au/event/iwdfnr/> Please allow additional travel time to attend the Cathedral for Mass that day.

## LENTEN PRAYER

*Fast from judging others;  
feast on the Christ indwelling in them.  
Fast from emphasis on differences;  
feast on the unity of all life.  
Fast from apparent darkness; feast on the reality of light.  
Fast from words that pollute; feast on phrases that purify.  
Fast from discontent; feast on gratitude.  
Fast from anger; feast on patience.  
Fast from pessimism; feast on optimism.  
Fast from worry; feast on trust.  
Fast from complaining; feast on appreciation.  
Fast from negatives; feast on affirmatives.  
Fast from unrelenting pressures;  
feast on unceasing prayer.  
Fast from hostility; feast on nonviolence.  
Fast from bitterness; feast on forgiveness.  
Fast from self-concern; feast on compassion for others.  
Fast from personal anxiety; feast on eternal truth.  
Fast from discouragement; feast on hope.  
Fast from facts that depress; feast on truths that uplift.  
Fast from lethargy; feast on enthusiasm.  
Fast from suspicion; feast on truth.  
Fast from thoughts that weaken;  
feast on promises that inspire.  
Fast from idle gossip; feast on purposeful silence.  
Gentle God, during this season of fasting and feasting,  
gift us with your presence,  
so we can be a gift to others in carrying out your work.  
Amen.*

**Music at the 10.00am Solemn Mass**  
**Celebrant: Fr Anthony Mellor**

**ENTRANCE SONG**

Ps 90:15, 16.

*At the sound of the bell, the Cathedral Choir processes from the Sacristy singing the Introit. The assembly **responds** as the Choir and Ministers process towards the altar with the following translation of the Introit text. The first verse (which is the Antiphon) is repeated after the second verse.*

When they call in tri- bu- la- tion, I will sure- ly hear their prayer  
Answ-er them and be with them in Ev-ery trou- ble and de- spair.  
I will res- cue them and free them, Give them hon- our from a- bove,  
And ful- fill them with a long life, Show- ing them my sa- ving love.

All within the Lord's protection, in the shadow of his throne.  
Say, "You are my Lord and refuge. My trust is in you alone."  
From the snares of hell he frees you and from deadly pestilence;  
Faithfulness your shield and buckler, sheltered under God's great wings.

**KYRIE**

Missa Scriptum Cito

J. Rotar

**RESPONSORIAL PSALM**

Ps 50:3-6, 12-14, 17

**R** Have mer- cy on us, O Lord, for we have sinned.

**GOSPEL ACCLAMATION**

Matthew 4:4

**R** Praise to you, Lord Je- sus Christ, King of end- less glo- ry.

**OFFERTORY ANTIPHON**

Ps 90: 4-5.

Scapulis suis obumbrabit tibi Dominus  
et sub pennis ejus sperabis,  
scuto circumdabit te veritas ejus.

He shall cover you with his wings  
and you shall be safe under his feathers;  
his faithfulness shall be your shield and buckler.

O. de Lassus (1532–1594)

**SANCTUS**

**CWB 11a**

*The cantor and assembly **sing together** to the end of 'Blessed is he who comes in the name of the Lord'; the Cathedral Choir then sings a choral extension 'Hosanna in excelsis' from Missa Septima (Moreno).*

**MEMORIAL ACCLAMATION**

**CWB 12a**

**AGNUS DEI**

**CWB 77**

*The Agnus Dei is sung by the Assembly and Choir together; the Cathedral Choir sings an extension of the final Agnus Dei from Missa Scriptum Cito (Rotar).*

**COMMUNION ANTIPHON & PSALM**

Ps 90: 4-5.

Scapulis suis obumbrabit tibi Dominus  
et sub pennis ejus sperabis,  
scuto circumdabit te veritas ejus.

He shall cover you with his wings  
and you shall be safe under his feathers;  
his faithfulness shall be your shield and buckler.

CO

**All depart in silence after the Final Blessing**

Acknowledgements: When they call in tribulation. Christoph Tietze © 2005 World Library Publications. ONE LICENSE #A-62361

**Safeguarding Children And Vulnerable Adults—Archdiocesan Prevention and Protection Policy**

The Archdiocese of Brisbane holds that children, young people and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm.

They are to be treasured, nurtured and safeguarded by all.

*This policy applies to Clergy, Religious, Staff, Parishioners, Volunteers, students on placement and visitors to our sites.*

# MUSIC AT THE CATHEDRAL

The music is drawn from the Catholic Worship Book II for all Masses, available from our Welcomers at the entrances or on the pew seats. The 10:00am Solemn Mass is led by the Cathedral Choir.

The 12:00pm Mass is led by the Cathedral Schola. All other Masses are led by a cantor.

	6:00PM 8:00AM	12:00PM	7:30PM
Processional	CWB 288	CWB 288	Refer YAM Booklet
Kyrie	CWB 4b	CWB 4b	Refer YAM Booklet
First Reading	Genesis 2:7-9, 3:1-7		
Responsorial Psalm	Ps 50:3-6, 12-14, 17		
 <p>℟ Have mer-cy on us, O Lord, for we have sinned.</p>			
Second Reading	Romans 5:12, 17-19		
Gospel Acclamation	Matthew 4:4		
 <p>℟ Praise to you, Lord Je-sus Christ, King of end-less glo-ry.</p>			
Gospel	Matthew 4:1-11		
Offertory		Parce Domine – Barber	Refer YAM Booklet
Sanctus	CWB 11a	CWB 11a	Refer YAM Booklet
Memorial Acclamation	CWB 12a		
Agnus Dei	CWB 17a	CWB 17a	Refer YAM Booklet
Communion Hymn	CWB 295	I lift up my eyes to the hills – Bouman CWB 295	Refer YAM Booklet
Recessional			

## OFFERTORY MOTET, 12pm Mass

### Parce Domine, populo tuo, ne in aeternum irascaris nobis.

Flectamus iram vindicem, Ploremus ante Judicem; Clamemus ore supplici, Dicamus omnes cernui:

Nostris malis offendimus Tuam Deus clementiam Effunde nobis desuper Remissor indulgentiam.

Dans tempus acceptabile, Da lacrimarum rivulis Lavare cordis victimam, Quam laeta adurat caritas.

Audi, benigne Conditor, Nostras preces cum fletibus In hoc sacro jejunio, Fusas quadragenario.

## COMMUNION MOTET, 12pm Mass

I lift up my eyes to the hills; from where is my help to come? My help comes from the Lord, the maker of heaven and earth. He will not let your foot be moved, and he who watches over you will not fall asleep. Behold he who keeps watch over Israel shall neither slumber nor sleep.

### O Lord, spare thy people, and be not angry with us for ever.

Let us appease His wrath, Beg for mercy from our Judge; Cry to Him in supplication, Let us all prostrate and say:

By our sins we have offended against your mercy, O God Pour forth from above, O pardoning One, your forgiveness

Grant that in the water of our tears we may purify our heart and that it may become a joyful sacrifice offered out of love.

O Merciful Creator, hear our prayers with our weeping in this holy time of forty day fasting.

The Lord himself watches over you; the Lord is our shade at your right hand, so that the sun shall not strike you by day nor the moon by night. The Lord shall preserve you from all evil; it is he who shall keep you safe. The Lord shall watch over your going out and your coming in, from this time forth and for evermore.



**vocation**  
BRISBANE

**LEAVEN HOUR** Join Vocations Brisbane as we pray for the intention of vocations on the fourth Friday of each month through Mass and Adoration in St Stephen's Chapel (next to the Cathedral). Mass starts at 5:10pm and is followed by Adoration and Benediction (finishing at 6pm). The next Leaven Hour is **Friday 6 March 2020**.