

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim opening wide  
The gate of heaven to us below.  
Our foes press on from every side  
Thy strength supply, thine aid bestow.

All praise and thanks to thee ascend  
For evermore blest three in one,  
O grant us life that shall not end  
In our true native land with thee  
AMEN.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN  
V. You have given them bread from heaven  
R. Having in itself all delight.

## SWEET SACRAMENT DIVINE

Sweet Sacrament Divine,  
hid in thy earthly home,  
Lo! Round thy lowly shrine,  
with suppliant hearts we come.  
Jesus, to thee our voice we raise  
in songs of love and heartfelt praise,  
Sweet Sacrament Divine.

Sweet Sacrament of Peace,  
dear home of every heart,  
where restless yearnings cease,  
and sorrows all depart.  
There in thine ear, all trustfully  
We tell our tale of misery  
Sweet Sacrament of Peace.

## PRAYER FOR CHRISTIAN UNITY

*Lord Jesus Christ at your last supper  
you prayed to the Father  
that all should be one.  
Send your Holy Spirit  
upon all who bear your name  
and seek to serve you.*

*Strengthen our faith in you, and make us  
love one another in humility.  
May we, who have been reborn in one  
baptism, be united in one faith under one  
shepherd.  
Amen*



## MONDAY 31 May 2021

*The Visitation of the Blessed Virgin Mary*

### ENTRANCE ANTIPHON:

Come and hear, all who fear God;  
I will tell what the Lord did for my  
soul (E.T. alleluia).

**FIRST READING:** Romans 12:9-16 (JB)

**RESPONSORIAL PSALM:** *Isaiah 12:2-6 (JB)*

**R.** Among you is the great and Holy One of  
Israel.

Truly, God is my salvation, I trust, I shall not  
fear. For the Lord is my strength, my song,  
he became my saviour.

With joy you will draw water  
from the wells of salvation. **R.**

Give thanks to the Lord, give praise to his  
name! Make his mighty deeds known to the  
peoples! Declare the greatness of his name. **R.**

Sing a psalm to the Lord!

For he has done glorious deeds.

make them known to all the earth!

People of Zion, sing and shout for joy  
for great in your midst is the Holy One of  
Israel. **R.**

### GOSPEL ACCLAMATION:

Alleluia, alleluia!

Blessed are you, O Virgin Mary, for your firm  
believing, that the promises of the Lord  
would be fulfilled. Alleluia!

**GOSPEL:**

Luke 1:39-56 (JB)

### COMMUNION ANTIPHON:

All generations will call me blessed,  
for he who is mighty has done great things  
for me, and holy is his name (E.T. alleluia).

## WEEKDAY PRAYER SHEET

31 – 05 JUNE 2021

NINTH WEEK

IN ORDINARY TIME

## TUESDAY 1 June 2021

*Saint Justin*

### ENTRANCE ANTIPHON:

The wicked have told me lies, but not so is your  
law: I spoke of your decrees before kings, and  
was not confounded (E.T. alleluia).

**FIRST READING:** 1 Corinthians 1:18-25 (JB)

**RESPONSORIAL PSALM:** *Ps 33:2-9 (JB)*

**R.** The Lord set me free from all my fears.

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad. **R.**

Glorify the Lord with me;  
together let us praise his name.  
I sought the Lord and he answered me;  
from all my terrors he set me free. **R.**

Look towards him and be radiant;  
let your faces not be abashed.  
This poor man called; the Lord heard him  
and rescued him from all his distress. **R.**

The angel of the Lord is encamped  
around those who revere him, to rescue them.  
Taste and see that the Lord is good.  
He is happy who seeks refuge in him. **R.**

### GOSPEL ACCLAMATION:

Alleluia, alleluia!

Let your light shine before all that they may see  
your good works and glorify your Father.  
Alleluia!

**GOSPEL:**

Matthew 5:13-19 (JB)

### COMMUNION ANTIPHON:

I resolved to know nothing while I was with  
you except Jesus Christ, and him crucified (E.T.  
alleluia).

**WEDNESDAY 2 June 2021**

*Wednesday of the ninth week in Ordinary Time*

**ENTRANCE ANTIPHON:**

Turn to me and have mercy on me, O Lord, for I am alone and poor.

See my lowliness and suffering and take away all my sins, my God.

**FIRST READING:** Tobit 3:1-11, 16-17 (JB)

**RESPONSORIAL PSALM:** Ps 24:2-9 (JB)

**R.** To you, O Lord, I lift my soul.

I trust you, let me not be disappointed; do not let my enemies triumph.

Those who hope in you shall not be disappointed, but only those who wantonly break faith. **R.**

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me: for you are God my saviour. **R.**

In you I hope all the day long because of your goodness, O Lord.

Remember your mercy, Lord, and the love you have shown from of old.

Do not remember the sins of my youth.

In your love remember me. **R.**

The Lord is good and upright.

He shows the path to those who stray.

He guides the humble in the right path; he teaches his way to the poor. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

I am the resurrection and the life, says the Lord;

whoever believes in me will not die for ever.

Alleluia!

**GOSPEL:** Mark 12:18-27 (JB)

**COMMUNION ANTIPHON:**

Amen, I say to you: Whatever you ask for in prayer, believe you will receive it, and it will be yours, says the Lord.

**THURSDAY 3 June 2021**

*Saints Charles Lwanga and companions*

**ENTRANCE ANTIPHON:**

As gold in the furnace, the Lord put his chosen to the test; as sacrificial offerings, he took them to himself;

and in due time they will be honoured, and grace and peace will be with the elect of God (**E.T.** alleluia).

**FIRST READING:** 2 Maccabees 7:1-2, 9-14 (JB)

**RESPONSORIAL PSALM:** Ps 123:2-5, 7-8 (JB)

**R.** Our soul has escaped like a bird from the hunter's net.

If the Lord had not been on our side when men rose against us, then would they have swallowed us alive when their anger was kindled. **R.**

Then would the waters have engulfed us, the torrent gone over us; over our head would have swept the raging waters. **R.**

Indeed the snare has been broken and we have escaped.

Our help is the name of the Lord, who made heaven and earth. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

Happy the poor in spirit; the kingdom of heaven is theirs!

Alleluia!

**GOSPEL:** Matthew 5:1-12 (JB)

**COMMUNION ANTIPHON:**

How precious in the eyes of the Lord is the death of his holy ones. (**E.T.** alleluia).

*At our week day Masses we have a retiring collection to allow weekday parishioners to support the Cathedral. Thank you for your contribution.*

**FRIDAY 4 June 2021**

*Friday of the ninth week in Ordinary Time*

**ENTRANCE ANTIPHON:**

Turn to me and have mercy on me, O Lord, for I am alone and poor.

See my lowliness and suffering and take away all my sins, my God.

**FIRST READING:** Tobit 11:5-17 (JB)

**RESPONSORIAL PSALM:** Ps 145:2, 7-10 (JB)

**R.** Praise the Lord, my soul!

My soul, give praise to the Lord; I will praise the Lord all my days, make music to my God while I live. **R.**

It is the Lord who keeps faith for ever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. **R.**

It is the Lord who gives sight to the blind, who raises up those who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan. **R.**

It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

All who love me will keep my words, and my father will love them, and we will come to them.

Alleluia!

**GOSPEL:** Mark 12:35-37 (JB)

**COMMUNION ANTIPHON:**

Amen, I say to you: Whatever you ask for in prayer, believe you will receive it, and it will be yours, says the Lord.

*At our Masses on Friday we have a collection to allow weekday parishioners to support the Cathedral. Thank you for your contribution.*

**SATURDAY 5 June 2021**

*St Boniface*

**ENTRANCE ANTIPHON:**

The Lord granted him a stern struggle, that he might know that wisdom is mightier than all else.

**FIRST READING:** Tobit 12:1, 5-15, 20 (JB)

**RESPONSORIAL PSALM:** Tobit 13:2, 6-8 (JB)

**R.** Blessed be God, who lives for ever.

By turns he punishes and pardons; he sends men down to the depths of the underworld and draws them up from supreme Destruction; no one can escape his hand. **R.**

If you return to him with all your heart and all your soul, behaving honestly towards him, then he will return to you and hide his face from you no longer. **R.**

Consider how well he has treated you; loudly give him thanks. Bless the Lord of justice and extol the King of the ages. **R.**

I for my part sing his praise in the country of my exile; I make his power and greatness known to a nation that has sinned. **R.**

Sinners, return to him; let your conduct be upright before him; perhaps he will be gracious to you and take pity on you. **R.**

**GOSPEL ACCLAMATION:** Matthew 5:3 (JB)

Alleluia, alleluia!

Happy the poor in spirit; the kingdom of heaven is theirs! Alleluia!

**GOSPEL:** Mark 12:38-44 (JB)

**COMMUNION ANTIPHON:** Whoever wishes to come after me, must deny himself, take up his cross, and follow me, says the Lord.