

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim opening wide  
The gate of heaven to us below.  
Our foes press on from every side  
Thy strength supply, thine aid bestow.

All praise and thanks to thee ascend  
For evermore blest three in one,  
O grant us life that shall not end  
In our true native land with thee  
AMEN.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN

V. You have given them bread from heaven  
R. Having in itself all delight.

## SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;  
Body of Christ, be thou my saving guest;  
Blood of my Saviour, bathe me in thy tide,  
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;  
O blessed Jesus, hear and answer me;  
Deep in thy wounds, Lord, hide and shelter me;  
So shall I never, never part from thee.

Guard and defend me from the foe malign;  
In death's dread moments make me only thine.  
Call me and bid me come to thee on high,  
When I may praise thee with thy saints for aye.

## PRAYER FOR CHRISTIAN UNITY

*Lord Jesus Christ at your last supper  
you prayed to the Father  
that all should be one.  
Send your Holy Spirit  
upon all who bear your name  
and seek to serve you.*

*Strengthen our faith in you, and make us  
love one another in humility.  
May we, who have been reborn in one  
baptism, be united in one faith under one  
shepherd.  
Amen*



## WEEKDAY PRAYER SHEET

07 – 12 JUNE 2021  
TENTH WEEK  
IN ORDINARY TIME

### MONDAY 7 June 2021

*Monday of the tenth week in Ordinary Time*

#### ENTRANCE ANTIPHON:

The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; whom should I dread? When those who do evil draw near, they stumble and fall.

**FIRST READING:** 2 Corinthians 1:1-7 (JB)

**RESPONSORIAL PSALM:** Ps 33:2-9 (JB)

**R.** Taste and see the goodness of the Lord.

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad. **R.**

Glorify the Lord with me.  
Together let us praise his name.  
I sought the Lord and he answered me;  
from all my terrors he set me free. **R.**

Look towards him and be radiant;  
let your faces not be abashed.  
This poor man called; the Lord heard him  
and rescued him from all his distress. **R.**

The angel of the Lord is encamped  
around those who revere him, to rescue  
them. Taste and see that the Lord is good.  
He is happy who seeks refuge in him. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Rejoice and be glad;  
your reward will be great in heaven.  
Alleluia!

**GOSPEL:** Matthew 5:1-12 (JB)

**COMMUNION ANTIPHON:**

God is love, and whoever abides in love  
abides in God, and God in him.

### TUESDAY 8 June 2021

*Tuesday of the tenth week in Ordinary Time*

#### ENTRANCE ANTIPHON:

The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; whom should I dread? When those who do evil draw near, they stumble and fall.

**FIRST READING:** 2 Corinthians 1:18-22 (JB)

**RESPONSORIAL PSALM:** Ps 118:129-133, 135 (JB)

**R.** Lord, let your face shine on me.

Your will is wonderful indeed;  
therefore I obey it.  
The unfolding of your word gives light  
and teaches the simple. **R.**

I open my mouth and I sigh  
as I yearn for your commands.  
Turn and show me your mercy;  
show justice to your friends. **R.**

Let my steps be guided by your promise;  
let no evil rule me.  
Let your face shine on your servant  
and teach me your decrees. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Let your light shine before all,  
that they may see your good works and glorify  
your Father.  
Alleluia!

**GOSPEL:** Matthew 5:13-16 (JB)

**COMMUNION ANTIPHON:**

God is love, and whoever abides in love  
abides in God, and God in him.

**WEDNESDAY 9 June 2021**

*Wednesday of the tenth week in Ordinary Time*

**ENTRANCE ANTIPHON:**

The Lord is my light and my salvation; whom shall I fear?

The Lord is the stronghold of my life; whom should I dread?

When those who do evil draw near, they stumble and fall.

**FIRST READING:** 2 Corinthians 3:4-11 (JB)

**RESPONSORIAL PSALM:** *Ps 98:5-9 (JB)*

**R.** Holy is the Lord our God.

Exalt the Lord our God;  
bow down before Zion, his footstool.  
He the Lord is holy. **R.**

Among his priests were Aaron and Moses,  
among those who invoked his name was Samuel.

They invoked the Lord and he answered. **R.**

To them he spoke in the pillar of cloud.  
They did his will; they kept the law,  
which he, the Lord, had given. **R.**

O Lord our God, you answered them.  
For them you were a God who forgives;  
yet you punished all their offences. **R.**

Exalt the Lord our God;  
bow down before his holy mountain  
for the Lord our God is holy. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

Teach me your paths, my God,  
and leave me in your truth.  
Alleluia!

**GOSPEL:** Matthew 5:17-19 (JB)

**COMMUNION ANTIPHON:**

God is love, and whoever abides in love  
abides in God, and God in him.

**THURSDAY 10 June 2021**

*Thursday of the tenth week in Ordinary Time*

**ENTRANCE ANTIPHON:**

The Lord is my light and my salvation; whom shall I fear?

The Lord is the stronghold of my life; whom should I dread?

When those who do evil draw near, they stumble and fall.

**FIRST READING:**

2 Corinthians 3:15 - 4:1, 3-6 (JB)

**RESPONSORIAL PSALM:** *Ps 84:9-14 (JB)*

**R.** The glory of the Lord will dwell in our land.

I will hear what the Lord God has to say,  
a voice that speaks of peace.  
His help is near for those who fear him  
and his glory will dwell in our land. **R.**

Mercy and faithfulness have met,  
justice and peace have embraced.  
Faithfulness shall spring from the earth  
and justice look down from heaven. **R.**

The Lord will make us prosper  
and our earth shall yield its fruit.  
Justice shall march before him  
and peace shall follow his steps. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

I give you a new commandment:  
love one another as I have loved you.  
Alleluia!

**GOSPEL:** Matthew 5:20-26 (JB)

**COMMUNION ANTIPHON:**

God is love, and whoever abides in love  
abides in God, and God in him.

*At our week day Masses we have a retiring  
collection to allow weekday parishioners  
to support the Cathedral.  
Thank you for your contribution.*

**FRIDAY 11 June 2021**

*THE MOST SACRED HEART OF JESUS (S)*

**ENTRANCE ANTIPHON:**

The designs of his Heart are from age to age,  
to rescue their souls from death,  
and to keep them alive in famine.

**FIRST READING:** Hosea 11:1 3-4, 8-9 (JB)

**RESPONSORIAL PSALM:** *Isaiah 12:2-6 (JB)*

**R.** Cry out with joy and gladness: for among  
you is the great and Holy One of Israel.

Truly, God is my salvation,  
I trust, I shall not fear.  
For the Lord is my strength, my song,  
he became my saviour.

With joy you will draw water  
from the wells of salvation. **R.**

Give thanks to the Lord, give praise to his  
name! Make his mighty deeds known to the  
peoples! Declare the greatness of his name. **R.**

Sing a psalm to the Lord  
for he has done glorious deeds,  
make them known to all the earth!  
People of Zion, sing and shout for joy  
for great in your midst is the Holy One of  
Israel. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

Take my yoke upon you;  
learn from me, for I am gentle and lowly in  
heart.  
Alleluia!

**GOSPEL:** John 19:31-37 (JB)

**COMMUNION ANTIPHON:**

One of the soldiers opened his side with a  
lance, and at once there came forth blood and  
water.

*At our Masses on Friday we have  
a collection to allow weekday parishioners  
to support the Cathedral.  
Thank you for your contribution.*

**SATURDAY 12 June 2021**

*The Most Immaculate Heart of Mary (M)*

**ENTRANCE ANTIPHON:**

My heart will rejoice in your salvation..  
I will sing to the Lord, who has been bountiful  
with me.

**FIRST READING:** Isaiah 61:9-11

**RESPONSORIAL PSALM:** *1 Sam 2:1. 4-8*

**R.** My heart rejoices in the Lord my saviour.

My heart exults in the Lord,  
I find my strength in my God;  
my mouth laughs at my enemies  
as I rejoice in your saving help. **R.**

The bows of the mighty are broken,  
but the weak are clothed with strength.  
Those with plenty must labour for bread,  
but the hungry need work no more.  
The childless wife has children now  
but the fruitful wife bears no more. **R.**

It is the Lord who gives life and death,  
he brings men to the grave and back;  
It is the Lord who gives poverty and riches.  
He brings men low and raises them on high.  
**R.**

He lifts up the lowly from the dust,  
from the dungheap he raises the poor  
to set them in the company of princes,  
to give them a glorious throne. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!

Blessed is the Virgin Mary, who kept the word  
of God,  
And pondered it in her heart.  
Alleluia!

**GOSPEL:** Luke 2:41-51

**COMMUNION ANTIPHON:**

Mary treasured all these words,  
reflecting on them in her heart.