

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim opening wide
The gate of heaven to us below.
Our foes press on from every side
Thy strength supply, thine aid bestow.

All praise and thanks to thee ascend
For evermore blest three in one,
O grant us life that shall not end
In our true native land with thee
AMEN.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

SWEET SACRAMENT DIVINE

Sweet Sacrament Divine,
hid in thy earthly home,
Lo! Round thy lowly shrine,
with suppliant hearts we come.
Jesus, to thee our voice we raise
in songs of love and heartfelt praise,
Sweet Sacrament Divine.

Sweet Sacrament of Peace,
dear home of every heart,
where restless yearnings cease,
and sorrows all depart.
There in thine ear, all trustfully
We tell our tale of misery
Sweet Sacrament of Peace.

PRAYER FOR CHRISTIAN UNITY

*Lord Jesus Christ at your last supper
you prayed to the Father
that all should be one.*

*Send your Holy Spirit
upon all who bear your name
and seek to serve you.*

*Strengthen our faith in you, and make us
love one another in humility.*

*May we, who have been reborn in one
baptism, be united in one faith under one
shepherd.*

Amen



MONDAY 28 June 2021

Saint Irenaeus (M)

ENTRANCE ANTIPHON:

The law of truth was in his mouth;
no dishonesty was found on his lips.
He walked with me in integrity and peace,
and turned many away from evil.

FIRST READING: Genesis 18:16-33 (JB)

RESPONSORIAL PSALM: Ps 102:1-4, 8-11 (JB)

R. The Lord is kind and merciful.

My soul, give thanks to the Lord,
all my being, bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings. **R.**

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion. **R.**

The Lord is compassion and love,
slow to anger and rich in mercy.
His wrath will come to an end;
he will not be angry for ever. **R.**

He does not treat us according to our sins
nor repay us according to our faults.
For as the heavens are high above the earth
so strong is his love for those who fear him. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
If today you hear his voice,
harden not your hearts.
Alleluia!

GOSPEL: Matthew 8:18-22 (JB)

COMMUNION ANTIPHON:

Remain in me, as I remain in you, says the Lord.
Whoever remains in me, and I in him, bears
fruit in plenty.

WEEKDAY PRAYER SHEET

28 – 3 JULY 2021

THIRTEENTH WEEK
IN ORDINARY TIME

TUESDAY 29 June 2021

SAINTS PETER AND PAUL (S)

ENTRANCE ANTIPHON:

These are the ones who, living in the flesh,
planted the Church with their blood;
they drank the chalice of the Lord
and became the friends of God.

FIRST READING: Acts 12:1-11 (JB)

RESPONSORIAL PSALM: Ps 33:2-9 (JB)

R. The Lord set me free from all my fears.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **R.**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R.**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. **R.**

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
You are Peter, the rock on which I will build my
Church;
the gates of hell will not hold out against it.
Alleluia!

GOSPEL: Matthew 16:13-19 (JB)

COMMUNION ANTIPHON:

Peter said to Jesus: You are the Christ, the Son of the
living God. And Jesus replied: You are Peter,
and upon this rock I will build my Church.

WEDNESDAY 30 June 2021

Wednesday of the thirteenth week in Ordinary Time

ENTRANCE ANTIPHON:

All peoples, clap your hands.
Cry to God with shouts of joy!

FIRST READING: Genesis 21:5, 8-20 (JB)

RESPONSORIAL PSALM:

Ps 33:7-8, 10-13 (JB)

R. The Lord hears the cry of the poor.

This poor man called; the Lord heard him and rescued him from all his distress. The angel of the Lord is encamped around those who revere him, to rescue them. **R.**

Revere the Lord, you his saints. They lack nothing, those who revere him. Strong lions suffer want and go hungry but those who seek the Lord lack no blessing. **R.**

Come, children, and hear me that I may teach you the fear of the Lord. Who is he who longs for life and many days, to enjoy his prosperity? **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
The Father gave us birth by his message of truth, that we might be as the first fruits of his creation.
Alleluia!

GOSPEL: Matthew 8:28-34 (JB)

COMMUNION ANTIPHON:

O Father, I pray for them, that they may be one in us, that the world may believe that you have sent me, says the Lord.

At our week day Masses we have a retiring collection to allow weekday parishioners to support the Cathedral. Thank you for your contribution.

THURSDAY 1 July 2021

Thursday of the thirteenth week in Ordinary Time

ENTRANCE ANTIPHON:

All peoples, clap your hands.
Cry to God with shouts of joy!

FIRST READING: Genesis 22:1-19 (JB)

RESPONSORIAL PSALM:

Ps 114:1-6, 8-9 (JB)

R. I will walk in the presence of the Lord in the land of the living.

I love the Lord for he has heard the cry of my appeal; for he turned his ear to me in the day when I called him. **R.**

They surrounded me, the snares of death, with the anguish of the tomb; they caught me, sorrow and distress. I called on the Lord's name. O Lord my God, deliver me! **R.**

How gracious is the Lord, and just; our God has compassion. The Lord protects the simple hearts; I was helpless so he saved me. **R.**

He has kept my soul from death, (my eyes from tears) and my feet from stumbling. I will walk in the presence of the Lord in the land of the living. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
God was in Christ, to reconcile the world to himself; and the Good News of reconciliation he has entrusted to us.
Alleluia!

GOSPEL: Matthew 9:1-8 (JB)

COMMUNION ANTIPHON:

O Father, I pray for them, that they may be one in us, that the world may believe that you have sent me, says the Lord.

FRIDAY 2 July 2021

Friday of the thirteenth week in Ordinary Time

ENTRANCE ANTIPHON:

All peoples, clap your hands.
Cry to God with shouts of joy!

FIRST READING: Genesis 23:1-4, 19; 24:1-8, 62-67 (JB)

RESPONSORIAL PSALM: Ps 105:1-5 (JB)

R. Give thanks to the Lord for he is good.

O give thanks to the Lord for he is good; for his great love is without end. Who can tell the Lord's mighty deeds? Who can recount all his praise? **R.**

They are happy who do what is right, who at all times do what is just. O Lord, remember me out of the love you have for your people. **R.**

Come to me, Lord, with your help that I may see the joy of your chosen ones and may rejoice in the gladness of your nation and share the glory of your people. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come to me, all you that labour and are burdened, and I will give you rest, says the Lord.
Alleluia!

GOSPEL: Matthew 9:9-13 (JB)

COMMUNION ANTIPHON:

I am the Good Shepherd, and I lay down my life for my sheep, says the Lord.

At our Masses on Friday we have a collection to allow weekday parishioners to support the Cathedral. Thank you for your contribution.

SATURDAY 3 July 2021

Saint Thomas (F)

ENTRANCE ANTIPHON:

You are my God, and I confess you; you are my God, and I exalt you; I will thank you, for you became my saviour.

FIRST READING: Ephesians 2:19-22 (JB)

RESPONSORIAL PSALM: Ps 116 (JB)

R. Go out to all the world, and tell the Good News.

O praise the Lord, all you nations, acclaim him all you peoples! **R.**

Strong is his love for us; he is faithful for ever. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
You believe in me, Thomas, because you have seen me; happy those who have not seen me, but still believe!
Alleluia!

GOSPEL: John 20:24-29 (JB)

PRAYER AFTER COMMUNION:

Let us pray.

O God, as we truly receive in this Sacrament the Body of your Only Begotten Son, grant, we pray, that we may recognise him with the Apostle Thomas by faith as our Lord and our God and proclaim him by our deeds and by our life.
Who lives and reigns for ever and ever.
Amen.