

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim opening wide
The gate of heaven to us below.
Our foes press on from every side
Thy strength supply, thine aid bestow.

All praise and thanks to thee ascend
For evermore blest three in one,
O grant us life that shall not end
In our true native land with thee
AMEN.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR CHRISTIAN UNITY

*Lord Jesus Christ at your last supper
you prayed to the Father
that all should be one.*

*Send your Holy Spirit
upon all who bear your name
and seek to serve you.*

*Strengthen our faith in you, and make us
love one another in humility.*

*May we, who have been reborn in one
baptism, be united in one faith under one
shepherd.*

Amen



MONDAY 2 August 2021

Monday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

FIRST READING: Numbers 11:4-15 (JB)

RESPONSORIAL PSALM: Ps 80:12-17 (JB)

R. Sing with joy to God our help.

My people did not heed my voice
and Israel would not obey,
so I left them in their stubbornness of heart
to follow their own designs. **R.**

O that my people would heed me,
that Israel would walk in my ways!
At once I would subdue their foes,
turn my hand against their enemies. **R.**

The Lord's enemies would cringe at their feet
and their subjection would last for ever.
But Israel I would feed with finest wheat
and fill them with honey from the rock. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes from the mouth
of God.
Alleluia!

GOSPEL: Matthew 14:13-21 (Years B and C)
(JB)

COMMUNION ANTIPHON:

I am the bread of life, says the Lord;
whoever comes to me will not hunger
and whoever believes in me will not thirst.

WEEKDAY PRAYER SHEET

02 – 07 AUGUST 2021
EIGHTEENTH WEEK
IN ORDINARY TIME

TUESDAY 3 August 2021

Saint Dominic (M)

ENTRANCE ANTIPHON:

In the midst of the Church he opened his mouth,
and the Lord filled him with the spirit of wisdom
and understanding
and clothed him in a robe of glory.

FIRST READING: Numbers 12:1-13 (JB)

RESPONSORIAL PSALM: Ps 50:3-7, 12-13 (JB)

R. Be merciful, O Lord, for we have sinned.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin. **R.**

My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done. **R.**

That you may be justified when you give sentence
and be without reproach when you judge,
O see, in guilt I was born,
a sinner was I conceived. **R.**

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Master, you are the Son of God,
you are the king of Israel.
Alleluia!

GOSPEL: Matthew 14:22-36 (Years B and C) (JB)

COMMUNION ANTIPHON:

This is the steward, faithful and prudent,
whom the Lord set over his household
to give them their allowance of food at the proper
time.

WEDNESDAY 4 August 2021

Saint John Vianney (M)

ENTRANCE ANTIPHON:

Your priests, O Lord, shall be clothed with justice;
your holy ones shall ring out their joy (E.T. alleluia).

FIRST READING:

Numbers 13:1-2, 25 - 14:1, 26-29, 34-35 (JB)

RESPONSORIAL PSALM:

Ps 105:6-7, 13-14, 21-23 (JB)

R. Lord, remember us,
for the love you bear your people.

or

R. Alleluia!

Our sin is the sin of our fathers;
we have done wrong, our deeds have been evil.
Our fathers when they were in Egypt
paid no heed to your wonderful deeds. R.

But they soon forgot his deeds
and would not wait upon his will.
They yielded to their cravings in the desert
and put God to the test in the wilderness. R.

They forgot the God who was their saviour,
who had done such great things in Egypt,
such portents in the land of Ham,
such marvels at the Red Sea. R.

For this he said he would destroy them.
but Moses, the man he had chosen,
stood in the breach before him,
to turn back his anger from destruction. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

A great prophet has appeared among us:
God has visited his people.
Alleluia!

GOSPEL: Matthew 15:21-28 (JB)

COMMUNION ANTIPHON:

Let us pray.

May partaking at the heavenly table, almighty God,
confirm and increase strength from on high
in all who celebrate the feast day of blessed John
Vianney,
that we may preserve in integrity the gift of faith
and walk in the path of salvation you trace for us.
Through Christ our Lord.
Amen.

THURSDAY 5 August 2021

Thursday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

FIRST READING: Numbers 20:1-13 (JB)

RESPONSORIAL PSALM:

Ps 94:1-2, 6-9 (JB)

R. If today you hear his voice,
harden not your hearts.

Come, ring out our joy to the Lord:
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord. R.

Come in; let us bow and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. R.

O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my
work.' R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

You are Peter, the rock on which I will build my
Church;
the gates of hell will not hold against it.
Alleluia!

GOSPEL: Matthew 16:13-23 (JB)

COMMUNION ANTIPHON:

I am the bread of life, says the Lord;
whoever comes to me will not hunger
and whoever believes in me will not thirst.

*At our week day Masses we have a retiring
collection to allow weekday parishioners
to support the Cathedral.
Thank you for your contribution.*

FRIDAY 6 August 2021

THE TRANSFIGURATION OF THE LORD (F)

ENTRANCE ANTIPHON:

In a resplendent cloud the Holy Spirit
appeared.
The Father's voice was heard: This is my
beloved Son,
with whom I am well pleased. Listen to him.

FIRST READING: 2 Peter 1:16-19 (JB)

RESPONSORIAL PSALM:

Ps 96:1-2, 5-6, 9 (JB)

R. The Lord is king, the most high over all the
earth.

The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right. R.

The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see he glory. R.

For you indeed are the Lord
most high above all the earth
exalted far above all spirits. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

This is my Son, my beloved, in whom is all
my delight:
listen to him.
Alleluia!

GOSPEL: Mark 9:2-10 (JB)

COMMUNION ANTIPHON:

When Christ appears, we shall be like him,
for we shall see him as he is.

*At our Masses on Friday we have
a collection to allow weekday parishioners
to support the Cathedral.
Thank you for your contribution.*

SATURDAY 7 August 2021

Saturday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

FIRST READING:

Deuteronomy 6:4-13 (JB)

RESPONSORIAL PSALM:

Ps 17:2-4, 47, 51 (JB)

R. I love you, Lord, my strength.

I love you, Lord, my strength,
my rock, my fortress, my saviour. R.

My God is the rock where I take refuge;
my shield, my mighty help, my stronghold.
The Lord is worthy of all praise:
when I call I am saved from my foes. R.

Long life to the Lord, my rock!
Praised be the God who saves me.
He has given great victories to his king
and shown his love for his anointed. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Our Saviour Jesus Christ has done away with
death
and brought us life through his gospel.
Alleluia!

GOSPEL: Matthew 17:14-20 (JB)

COMMUNION ANTIPHON:

I am the bread of life, says the Lord;
whoever comes to me will not hunger
and whoever believes in me will not thirst.