

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: *For they were like sheep
without a shepherd.*

Celebrant: Jesus said, 'The harvest is
ready.'

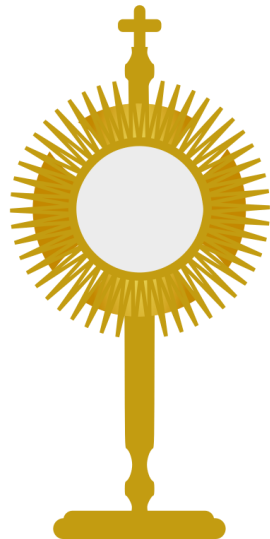
Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: *O Lord, we pray for more
young people to answer the call to
become priests and religious in your
harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



WEEKDAY PRAYER SHEET

12 FEBRUARY—18 FEBRUARY 2023
SIXTH SUNDAY IN ORDINARY TIME
YEAR A

MONDAY 13 FEBRUARY 2023

Monday of the sixth week in Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your
name.

FIRST READING:

Genesis 4:1-15, 25 (JB)

RESPONSORIAL PSALM:

Ps 49:1, 8, 16-17, 20-21 (JB)

R. Offer to God a sacrifice of praise.

The God of gods, the Lord,
has spoken and summoned the earth,
from the rising of the sun to its setting.
'I find no fault with your sacrifices,
your offerings are always before me. **R.**

'But how can you recite my commandments
and take my covenant on your lips,
you who despise my law
and throw my words to the winds. **R.**

'You who sit and malign your brother
and slander your own mother's son.
You do this, and should I keep silence?
Do you think that I am like you?' **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
I am the way, the truth, and the life, says the
Lord;
no one comes to the Father, except through
me.
Alleluia!

GOSPEL:

Mark 8:11-13 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they
craved.

TUESDAY 14 FEBRUARY 2023

Saints Cyril and Methodius (M)

ENTRANCE ANTIPHON:

These are holy men who became friends of
God,
glorious heralds of divine truth.

FIRST READING:

Genesis 6:5-8, 7:1-5, 10 (JB)

RESPONSORIAL PSALM:

Ps 28:1-4, 9-10 (JB)

R. The Lord will bless his people with peace.

O give the Lord you sons of God,
give the Lord glory and power;
give the Lord the glory of his name.
Adore the Lord in his holy court. **R.**

The Lord's voice resounding on the waters,
the Lord on the immensity of the waters;
the voice of the Lord, full of power,
the voice of the Lord, full of splendour. **R.**

The God of glory thunders.
In his temple they all cry: 'Glory!'
The Lord sat enthroned over the flood;
the Lord sits as king for ever. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
All who love me will keep my words,
and my Father will love them and we will
come to them.
Alleluia!

GOSPEL:

Mark 8:14-21 (JB)

COMMUNION ANTIPHON:

The disciples went forth and preached the
Gospel,
while the Lord worked with them,
confirming the word through accompanying
signs.

WEDNESDAY 15 FEBRUARY 2023*Wednesday of the sixth week in Ordinary Time***ENTRANCE ANTIPHON:**

Be my protector, O God,
 a mighty stronghold to save me.
 For you are my rock, my stronghold!
 Lead me, guide me, for the sake of your name.

FIRST READING:

Genesis 8:6-13, 20-22 (JB)

RESPONSORIAL PSALM:*Ps 115:12-15, 18-19 (JB)***R.** To you, Lord, I will offer a sacrifice of praise.

or

R. Alleluia!

How can I repay the Lord
 for his goodness to me?
 The cup of salvation I will raise;
 I will call on the Lord's name. **R.**

My vows to the Lord I will fulfill
 before all his people.
 O precious in the eyes of the Lord
 is the death of his faithful. **R.**

My vows to the Lord I will fulfill
 before all his people,
 in the courts of the house of the Lord,
 in your midst, O Jerusalem. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
 May the Father of our Lord Jesus Christ
 enlighten the eyes of our heart
 that we might see how great is the hope
 to which we are called.
 Alleluia!

GOSPEL:

Mark 8:22-26 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
 and what they craved the Lord gave them;
 they were not disappointed in what they craved.

Support of the Cathedral Parish

*Your financial support of the Cathedral Parish is
 always appreciated. Ways to financially support
 your Parish:*

*The "Tap & Go" facility at the door of the church;
 Place your donation in the collection bags after
 Mass;*

Online donation, please scan the QR code

THURSDAY 16 FEBRUARY 2023*Thursday of the sixth week in Ordinary Time***ENTRANCE ANTIPHON:**

Be my protector, O God,
 a mighty stronghold to save me.
 For you are my rock, my stronghold!
 Lead me, guide me, for the sake of your name.

FIRST READING:

Genesis 9:1-13 (JB)

RESPONSORIAL PSALM:*Ps 101:16-21, 29, 22-23 (JB)***R.** From heaven the Lord looks down on the earth.

The nations shall fear the name of the Lord
 and all the earth's kings your glory,
 when the Lord shall build up Zion again
 and appear in all his glory.
 Then he will turn to the prayers of the helpless;
 he will not despise their prayers. **R.**

Let this be written for ages to come
 that a people yet unborn may praise the Lord;
 for the Lord leaned down from his sanctuary on
 high.

He looked down from heaven to the earth
 that he might hear the groans of the prisoners
 and free those condemned to die. **R.**

The sons of your servants shall dwell untroubled
 and their race shall endure before you
 that the name of the Lord may be proclaimed in
 Zion
 and his praise in the heart of Jerusalem,
 when peoples and kingdoms are gathered
 together
 to pay their homage to the Lord. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
 Your words, Lord, are spirit and life;
 you have the words of eternal life.
 Alleluia!

GOSPEL:

Mark 8:27-33 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
 and what they craved the Lord gave them;
 they were not disappointed in what they craved.

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 Parish**

**FRIDAY 17 FEBRUARY 2023***Friday of the sixth week in Ordinary Time***ENTRANCE ANTIPHON:**

Be my protector, O God,
 a mighty stronghold to save me.
 For you are my rock, my stronghold!
 Lead me, guide me, for the sake of your
 name.

FIRST READING:

Genesis 11:1-9 (JB)

RESPONSORIAL PSALM:*Ps 32:10-15 (JB)***R.** Happy the people the Lord has chosen to be his own.

He frustrates the designs of the nations,
 he defeats the plans of the peoples.
 His own designs shall stand for ever,
 the plans of his heart from age to age. **R.**

They are happy, whose God is the Lord,
 the people he has chosen as his own.
 From the heavens the Lord looks forth,
 he sees all the children of men. **R.**

From the place where he dwells he
 gazes
 on all the dwellers on the earth,
 he who shapes the hearts of them all
 and considers all their deeds. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
 I call you my friends, says the Lord
 for I have made known to you all that the
 Father has told me.
 Alleluia!

GOSPEL:

Mark 8:34 - 9:1 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
 and what they craved the Lord gave
 them;
 they were not disappointed in what they
 craved.

SATURDAY 18 FEBRUARY 2023*Saturday of the sixth week in Ordinary Time***ENTRANCE ANTIPHON:**

Be my protector, O God,
 a mighty stronghold to save me.
 For you are my rock, my stronghold!
 Lead me, guide me, for the sake of your
 name.

FIRST READING:

Hebrews 11:1-7 (JB)

RESPONSORIAL PSALM:*Ps 144:2-5, 10-11 (JB)***R.** I will praise your name for ever, Lord.

I will bless you day after day
 and praise your name for ever.
 The Lord is great, highly to be praised,
 his greatness cannot be measured. **R.**

Age to age shall proclaim your works,
 shall declare your mighty deeds,
 shall speak of your splendour and glory,
 tell the tale of your wonderful works. **R.**

All your creatures shall thank you, O Lord,
 and your friends shall repeat their
 blessing.
 They shall speak of the glory of your reign
 and declare your might, O God. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
 The heavens were opened and the
 Father's voice was heard:
 this is my beloved Son, hear him.
 Alleluia!

GOSPEL:

Mark 9:2-13 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
 and what they craved the Lord gave
 them;
 they were not disappointed in what they
 craved.