SIXTH SUNDAY IN ORDINARY TIME YEAR B — 11 FEBRUARY 2024

The community of the Cathedral of St Stephen acknowledges the traditional custodians of the land on which our parish stands.

The Cathedral Parish has zero tolerance for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services. The safety and wellbeing of children and adults-at-risk is paramount.

Readings for today: Leviticus 13:1-2, 44-46; 1 Corinthians 10:31-11:1; Mark 1:40-45



Dear friends,

This is the last Sunday in Ordinary Time until the end of May. This coming Wednesday is Ash Wednesday and so we begin the Lent-Easter liturgical cycle. Modern psychologists tell us that it takes around 6 weeks to change our habits. This is dependent upon all kinds of factors of course, but the six week mark seems to be a point at which we human beings begin to embed new behaviours. Lent is just the right period of time to examine who we are and who we are becoming.

Lent has three pillars: prayer, fasting and almsgiving. We tend to narrow these three pillars down to some form of "self-denial". That is an important dimension of the spiritual life, but if we enter into Lent with the expectation that it is a six week demonstration of our will power, then we approaching it with the wrong attitude. Will power, which rarely works for me at least, really only proves that we can do all this without God; that we can reach towards perfection through our own efforts.

True Christian spirituality has long known this is nonsense. At the heart of our Christian life and growth is the simple recognition that we cannot do this on our own: we need God. And that is what the three pillars of Lent are all about.

Lent is an intensified time of what the rest of our Christian life is meant to be. We are responding to God's call to break away from what St Thomas Aquinas called the anima pusilla - the small self, the false soul, and discover the anima magna within us, the large soul. In a real sense, Lent might be about self denial but this is for the purpose of self transcendence moving beyond our pettiness and narrowness and toward greatness and expansiveness of God. We are meant to have bigger hearts and spirits come Easter; not self-congratulatory egos rejoice in how much we have denied ourselves or how many prayers we have said. Presenting our ego to God doesn't prove very much. Letting go of our ego is our first act of self-denial.

Fr. Anthony



Most Reverend Mark Coleridge Archbishop of Brisbane

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Cathedral Staff

Fr Anthony Mellor (Dean)
Fr Ejikeme Ntamaka
(Associate Pastor)
Deacon Chad Hargrave

Director of Music Mr Christopher Trikilis

Cathedral Organist Mr Dominic Perissinotto

> **Pastoral Assistant** Mr Gerry Crooks

Cathedral Office Coordinator Ms Carmel Devery

Cathedral Operations Officer Mr Allan James

Wedding Coordinator
Ms Diana Bello

150th Anniversary Event Co-ordinator Mr David Todd

Safeguarding Representative Ms Susan McKay M 0418 401 609

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Cathedral of St Stephen 249 Elizabeth Street Brisbane City



St Patrick's Church 58 Morgan Street Fortitude Valley



Villa Maria Aged Care Chapel 171 St Paul's Tce Spring Hill

No public Masses until further notice.

Cathedral of St Stephen Mass Times

Mon, Tues, Thur, Fri	8:00am *	10:00am	12:30pm	5:10pm
Wednesday	Please see notice inside			
Saturday	11:30am			6:00pm Vigil
Sunday	8:00am	10:00am *	12:00pm	7:30pm

* The 8.00am weekday and 10:00am Sunday Masses are livestreamed

Cathedral Reconciliation Times

Mon, Tues, Thur, Fri	10:30-11:30am	1:00-1:30pm	4:30-5:00pm
Saturday	10:00-11:00am		4:30-5:30pm

St Patrick's Mass Times

Sunday	9:00am	11:00am
Brazilian Catholic Community (Portuguese Mass)		5:00pm

Cathedral Exposition Times

Mon, Tues, Thur, Fri):30am-12:15pm
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Cathedral Benediction Times

Mon, Tues, Thur, Fri 12:15pm



Liturgical Ministers for Ash Wednesday Masses

If you are available to minister on Ash Wednesday for Distribution of Ashes, Ministers of the Word and Communion Ministers, please kindly fill in the sheets in the Sacristy **before you leave today**. This will enable us to have a sense of how many ministers we require for each Mass. Please check with the sacristy on arrival at the Cathedral on Wednesday 14th.

Launch of Project Compassion 2024

Caritas Australia invites you to join them for the Launch of Project Compassion 2024. Archbishop Mark will officially launch Project Compassion on **Tuesday 13 February at 10.00am**. The regular 10:00am Mass and 10:30am Reconciliation will be held in St Stephen's Chapel. Adoration and Benediction will also be held in the Chapel.

Project Compassion envelopes are available at the doors of the church today.

Pieta – Lenten Program



Embark on a transformative Lenten journey with *Pietà*, an exquisite book from the Diocese of Wollongong containing short daily reflections (from Ash Wednesday to Easter Sunday). Perfect for individual devotional reading in addition to the longer-form Sunday Scripture readings, reflections, prayers.

The booklet is available at the doors today for the reduced price of \$5.00 per copy. Please give to the collectors or use the tap & go at the door.

Our Lady's College, Annerley - Opening Mass

Bishop Tim will celebrate the Opening Mass for Our Lady's College, Annerley at **10:30am on Friday 16 February.** The regular 10:00am Mass and 10:30am Reconciliation will be held in St Stephen's Chapel. Adoration and Benediction will also be held in the Chapel.

Support for the Cathedral Parish

You may place your donations in the collection plate during the Offertory, "Tap & Go" at the doors of the church or donate on-line by scanning the QR Code which will direct you to the donation page on the Cathedral website.



EFTPOS machines also are available at the doors of the church and have the capacity to enable us to select the amount we wish to contribute. As we become an increasingly cashless society, this facility gives us the opportunity to continue to financially support the Cathedral and St Patrick's.

Your support for the Cathedral Parish is appreciated.

Cathedral of St Stephen 150th Celebrations Merchandise

Available for sale after the 8:00am and 10:00am and from the Cathedral Office during the week.



Pens; Keyring; Mousepad; Coasters; Coffee Mua; Picnic Blanket; Umbrella

Altar Servers for the Cathedral

The Cathedral of St Stephen is very interested to hear from young men and women of middle to senior school age and tertiary, who would like to be of service to the Cathedral as an altar server. No experience is necessary, apart from the need to be a baptised and confirmed Catholic.

Full training will be provided. For school students interested in using this activity to contribute to their community service requirements, this may be for you!

If you would like to join this important ministry, please contact the Cathedral Office on 3324 3030 or email cathedral@bne.catholic.net.au







To celebrate the 150th Anniversary of the Cathedral of St Stephen

The Queensland Symphony Orchestra conducted by Umberto Clerici

will perform concerts in the Cathedral

Friday 10 May 2024 -7:30pm Saturday 11 May 2024 - 1:30pm Saturday 11 May 2024 - 7:30pm

Psalm 24 - The Earth is the Lord's Lili Boulanger (1893-1918)

Mass in C minor ('Great') K427 Wolfgang Amadeus Mozart (1756-1791)

> Sara MacIver - soprano Sofia Troncoso - soprano Andrew Goodwin - tenor David Greco - baritone St Stephen's Schola Brisbane Chamber Choir

Tickets are available from the QSO website https://gso.com.au/events/2024/special-events/special-event-mozart-mass

Music at the 10.00am Solemn Mass

Celebrant: Fr Anthony Mellor

ENTRANCE SONG

Psalm 30

At the conclusion of the Introit the assembly **responds** as with the following translation of the Introit text. The first verse (which is the Antiphon) is repeated after the final verse.



Antiphon:

Be my protecting, saving God, My just security. For you are my support, and you Will lead and nourish me.

In you, O Lord, I seek support; Let me not be disgraced. In righteousness deliver me, Attend my needs, make haste.

The Lord preserves his faithful ones But scorns all haughty souls. Be strong, and let your heart exult, All you who seek the Lord

Give glory to our loving God, The Father and the Son, And also to the Paraclete Eternal Three-in-one!

KYRIE & GLORIA

Missa O Quam Gloriosum Tomás Luis de Victoria (1548-1611)





A great prophet has appeared among us; God has visited his people.

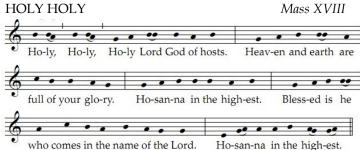
OFFERTORY MOTET

Psalm 118

Benedictus es Domine, doce me justificationes tuas. In labiis meis pronuntiavi omnia I have pronounced all the judicia oris tui.

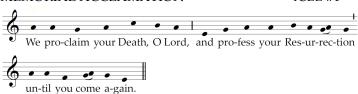
Blessed are you, O Lord: teach me your statutes. With my lips judgments of your mouth.

Music: Orlandus de Lassus (1532-1594)



MEMORIAL ACCLAMATION

ICEL #1



AGNUS DEI

Missa O Quam Gloriosum Tomás Luis de Victoria (1548-1611)

COMMUNION ANTIPHON

Ps 77

Manducaverunt, et saturati sunt nimis, et desiderium eorum attulit eis Dominus: non sunt fraudati a desiderio suo.

They ate and were fully satisfied; the Lord gave them all that they desired; they were not deprived of their wants.

COMMUNION HYMN

CWB 127

O Christ, the healer, we have come to pray for health, to plead for friends. How can we fail to be restored when reached by love that never ends? From ev'ry ailment flesh endures our bodies clamour to be freed; yet in our hearts we would confess that wholeness is our deepest need. In conflicts that destroy our health, we recognise the world's disease; our common life declares our ills: is there no cure, O Christ, for these? Grant that we all, made one in faith, in your community may find the wholeness that, enriching us, shall reach the whole of humankind.

ORGAN VOLUNTARY

"Introduction et Allegro" from Sonata I - Alexandre Guilmant (1837-1911)

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Be my protecting, saving God (RICHMOND) © 2005, Word Library Publications.

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Chant Mass notation © ICEL, 2010. Reproduced with permission. ONE LICENSE #A-640361

How rich are the depths of God Text: : Psalm 95(94); Refrain text & Music: © 1991, Christopher Willcock SJ, b.1947. Used with permission. ONE LICENSE #A-640361

Praise to the Lord, the Almighty Text: Vv.1,3 & 4; Lobe den Herren, den mächtigen König: Joachim Neander, 1650-1680; tr. Catherine Winkworth 1827-1878; Tune: LOBE DEN HERREN. Used with permission. ONE LICENSE #A-640361 O Christ, the healer, we have come Text: Fred Pratt Green, 1903-2000; Tune: IN JESU DULCIS MEMORIA. Used with permission. ONE LICENSE #A-640361

Lord of creation, to you be all praise Text. Jack Copley Winslow 1882-1974; Refrain Tune: SLANE 10 11.11 11; traditional Irish melody, harm. Erik Reginald Routley 1917-1982. Used with permission. ONE LICENSE #A-640361

MUSIC AT THE CATHEDRAL

Music at today's Mass is drawn from the Catholic Worship Book II, with congregational hymn texts on this sheet.

<u>Music for 10am Solemn Mass is led by the Cathedral Choir, and is found inside this bulletin.</u>

The Midday Mass is led by the Cathedral Schola. All other masses are led by a cantor.

Processional Hymn

Praise to the Lord, the Almighty (CWBII 586)

Praise to the Lord, the Almighty, the King of creation! O my soul, praise him for he is your health and salvation. All you who hear, now to his altar draw near; join in profound adoration.

Praise to the Lord, let us offer our gifts at the altar. Let not our sins and transgressions now cause us to falter. Christ the high priest bids us all join in his feast, victims with him on the altar.

Praise to the Lord, who will prosper our work and defend us; surely his goodness and mercy here daily attend us; ponder anew what the Almighty can do, who with his love will befriend us.

Praise to the Lord! O let all that is in us adore him! All that has life and breath, come now in praises before him! Let the Amen sound from his people again, now as we worship before him.

Kyrie

ICEL Chant Mass (CWBII 4b)

Midday Mass Missa Inter Vestibulum

- Francisco Guerrero (1528-1299)

Gloria

ICEL Chant Mass (CWBII 5)

Midday Mass Missa Inter Vestibulum

- Francisco Guerrero (1528-1299)

Responsorial Psalm Psalm 31:1-2, 5, 11



You are my refuge, Lord; you fill me with the joy of sal-vation.

Gospel Acclamation Luke 7:16



A great prophet has appeared among us; God has visited his people.

Offertory Music *Midday Mass*

Benedic anima mea (Psalm 103)

– Claudin de Sermisy (1490-1562)

Praise the Lord, O my soul: and all that is within me praise his holy Name. Praise the Lord, O my soul: and forget not all his benefits; Who forgiveth all thy sin: and healeth all thine infirmities.

Sanctus ICEL Chant Mass (CWBII 11a)

MemorialWe proclaim your death, O Lord,Acclamationand profess your resurrection,(ICEL #1):until you come again. (CWBII 12a)

Agnus Dei ICEL Chant Mass (CWBII 17a)

Midday Mass Missa Inter Vestibulum

- Francisco Guerrero (1528-1299)

Communion Music Midday Mass

"Tantum ergo" from Quatre Motets Op. 9 – Marcel Dupré (1886-1971)

Down in adoration falling this great Sacrament we hail; ancient types have long departed newer rites of grace prevail, faith for all defects supplying where the feeble senses fail.

Glory let us give and blessing to the Father and the Son, honour, might and praise addressing while eternal ages run; and the Spirit, too, confessing, who proceeds from both as One. Amen.

Communion Hymn O Christ, the healer, we have come (CWBII 127)

O Christ, the healer, we have come to pray for health, to plead for friends. How can we fail to be restored when reached by love that never ends?

From ev'ry ailment flesh endures our bodies clamour to be freed; yet in our hearts we would confess that wholeness is our deepest need.

In conflicts that destroy our health, we recognise the world's disease; our common life declares our ills: is there no cure, O Christ, for these?

Grant that we all, made one in faith, in your community may find the wholeness that, enriching us, shall reach the whole of humankind.

Recessional Hymn

Lord of creation, to you be all praise (CWBII 543)

Lord of creation, to you be all praise! Most mighty your working, most wondrous your ways! Your glory and might are beyond us to tell, And yet in the heart of the humble you dwell.

Lord of all power, I give you my will, In joyful obedience your tasks to fulfil. Your bondage is freedom; your service is song; And, held in your keeping, my weakness is strong.

Lord of all wisdom, I give you my mind, Rich truth that surpasses my knowledge to find; What eye has not seen and what ear has not heard Is taught by your Spirit and shines from your word.

