

NINETEENTH SUNDAY IN ORDINARY TIME YEAR B – 11 AUGUST 2024

The community of the Cathedral of St Stephen acknowledges the traditional custodians of the land on which our parish stands.

The Cathedral Parish has zero tolerance for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services. The safety and wellbeing of children and adults-at-risk is paramount.

Readings for today: 1 Kings 19:4-8; Ephesians 4:30-5:2; John 6:41-51



Dear Friends

We have spent the last two weeks watching example after example of young men and women aspiring to be the greatest sportspersons in the world, who have pushed the limits of personal endurance and who have enjoyed well-deserved accolades.

Last week, I attended a concert at QPAC presented by the Queensland Symphony Orchestra. The major work played was *Ein Heldenleben* (A Hero's Life) composed by the great German composer Richard Strauss (d.1949). It is in the form of what is known as a tone poem, a highly descriptive or story piece, in this case describing aspects of the life of the classic hero - their story, their struggles and their ultimate transformation - certainly an overwhelming listening experience scored as it was for a huge orchestra numbering over a 100 players.

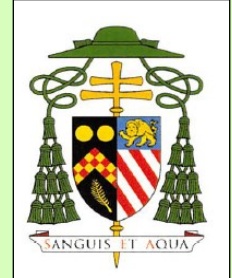
What I have been wondering ever since, however, is why this music was, in fact, so 'heroic'. It wasn't just the all-encompassing sound and the unanimity of the players; nor was it the musical themes or harmony, complex as they were yet extraordinary in their combination.

For me, here was a singular expression of the depth of the human spirit - that same quality we read about, for example, in Psalm 8 which expresses humankind's profound role in God's plan. I began to realise, in spite of the grandeur of the music that was being played, that heroism is not really about triumphalism, notoriety or achievement.

You and I may never end up being a Nelson Mandela, nor a St Mary MacKillop, nor an Olympic gold medal recipient for that matter. But what we can be, and hopefully will be, is the 'hero' of the Gospel - the hero who doesn't walk disparagingly past the homeless person on the street; the hero who checks an unkind word before it is uttered; the hero who smiles at and welcomes a lost soul; the hero who gives, and gives again, without ever expecting a return.

A hero's life is a life that does not wallow in the admiration of others nor the glory of success. A hero's life is a story of humility, a humility that acknowledges the dignity of our humanness before God. It is a humility that enables us to transcend the difficulties which confront us each day and opens our heart to embrace a world of God's making - a Gospel - where we can really be the hero inspired by a true Hero's life.

Gerry Crooks



**Most Reverend
Mark Coleridge**
Archbishop of Brisbane

Cathedral Office
(07) 3324 3030

E: cathedral@bne.catholic.net.au
W: cathedralofststephen.org.au

Cathedral Ministry Staff
Fr Anthony Mellor (Dean)
Fr Michael Tran
(Associate Pastor)
Deacon Chad Hargrave

Director of Music
Mr Christopher Trikilis

Cathedral Organist
Mr Dominic Perissinotto

Pastoral Assistant
Mr Gerry Crooks

Cathedral Parish Office:
Executive Officer
Ms Talitha Power

Administration
Ms Carmel Devery
Mrs Anne McNulty

Operations Officer
Mr Allan James

Wedding Coordinator
Mrs Lauren Beck

Safeguarding Representative
Ms Susan McKay
M 0418 401 609



*Cathedral of St Stephen
249 Elizabeth Street
Brisbane City*



*St Patrick's Church
58 Morgan Street
Fortitude Valley*



*Villa Maria Aged Care Chapel
171 St Paul's Tce
Spring Hill*

No public Masses until further notice.

Cathedral of St Stephen Mass Times

Monday to Friday	8:00am *	10:00am	12:30pm	5:10pm
Saturday	11:30am			6:00pm Vigil
Sunday	8:00am	10:00am *	12:00pm	7:30pm

* The 8.00am weekday and 10:00am Sunday Masses are livestreamed

Cathedral Reconciliation Times

Monday to Friday	10:30-11:30am	1:00-1:30pm	4:30-5:00pm
Saturday	10:00-11:00am		4:30-5:30pm

St Patrick's Mass Times

Sunday	9:00am	11:00am
Brazilian Catholic Community (Portuguese Mass)		5:00pm

Cathedral Exposition Times

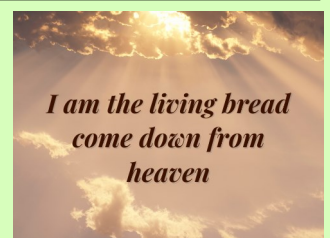
Monday to Friday	10:30am-12:15pm
-------------------------	-----------------

Cathedral Benediction Times

Monday to Friday	12:15pm
-------------------------	---------

1300 304 550

STOPLine is an external service provided for the Archdiocese to receive confidential disclosures. Disclosures can be made anonymously.



*I am the living bread
come down from
heaven*



Exhibition Wednesday Holiday

Wednesday 14th August is a public holiday in Brisbane for the annual Royal Queensland Show (The Ekka).

The one Mass for the day will be celebrated at **8:00am** and will be livestreamed.



Mission: Transform Lives
- theirs...and yours

Have you been considering whether an overseas professional placement with Palms is for you? Wanting to share your skills with communities in the Pacific, Asia or Africa to help develop self-reliance and sustainable solutions to poverty?

Join our Palms' [Discovery Webinar](#) online on Thursday 15 August. Meet Carolyn, currently in Timor Leste, and former Palms participants to find out more about [Assignments Aboard](#).

Venue: Online via Zoom- register at palms.org.au/event/discovery-online/
Date: Thursday 15th August 2024
Time: 7:30 pm - 8:30 pm AEST

02 9560 5333
palms@palms.org.au



We love
having you as part of our flock




We are excited to announce a new partnership between Flocknote and the Archdiocese of Brisbane. Many of us are familiar with the paper parish census form; we fill these out every few years to ensure we stay up to date with who is in the parish and to keep ourselves connected to parish programs and ministries. With much more activity online today, Flocknote is the ultimate secure solution for managing communication between you and the parish. Over the next few weeks, we will be launching our online registration form so parishioner families and visitors can sign up and stay connected. More to come!

Support for the Cathedral Parish

As we become an increasingly cashless society, EFTPOS facilities enable us to continue to financially support the Cathedral of St Stephen and St Patrick's. You are invited to look for our collectors at the doors of church following Mass, where you will have the opportunity to make your donation.

You may also place your donations in the collection plate during the Offertory, "Tap & Go" at the doors of the church or donate on-line by scanning the QR Code.

Your support for the Cathedral Parish is appreciated.



Assumption Feast Day: Thursday August 15

This Thursday, August 15 is the **Solemnity of the Assumption of the Blessed Virgin Mary (Holy Day of Obligation in Australia)**. Please note: there will be NO Confessions, Exposition of the Blessed Sacrament or 12.15pm Benediction.

Mass times for the Solemnity:
7.00am Mass - St Patrick's Church
8.00am Mass - The Cathedral of St Stephen
10.00am Mass - The Cathedral of St Stephen
12.30pm Mass - The Cathedral of St Stephen
5.30pm Mass - The Cathedral of St Stephen

Sacrament of Confirmation

Parents of baptised Catholic children in Year 3 or older in the Cathedral or Kangaroo Point parishes are invited to obtain a Enrolment Form from the Cathedral Office for reception of the Sacrament of Confirmation. The ceremony will occur on **Wednesday, 9th October, at 6.30pm** in the Cathedral. Compulsory preparation sessions for children and parents will take place on **Sunday 15th September and Sunday 6th October in the Hanly Room** adjacent to the Cathedral, **both commencing at 2:00pm**. Each session will last for approximately one hour. A special workbook will be distributed at the first session which the young people, with the assistance of parents, will be asked to complete in time for the second preparation session. Free parking will be available in the Cathedral carpark off Charlotte St.

To receive an Enrolment Form please email cathedral@bne.catholic.net.au. If you have any queries, please contact the Cathedral's Pastoral Assistant Gerry Crooks via email at crooksg@bne.catholic.net.au.



THE PRIESTS FOUNDATION

Your support helps our retired and infirm priests who have dedicated their lives to meeting human need with the merciful love of God. As their number grows greater, so too does the need to boost the Foundation which makes care for them possible.



2024 ANNUAL CATHOLIC CAMPAIGN
Our Church • Our Mission • Our Community

18 August 2024 catholiccampaign.com.au



ENTRANCE SONG

Psalm 73

At the conclusion of the Introit the assembly **responds** with the following translation of the Introit text. The first verse (which is the Antiphon) is repeated after the final verse.



Antiphon:

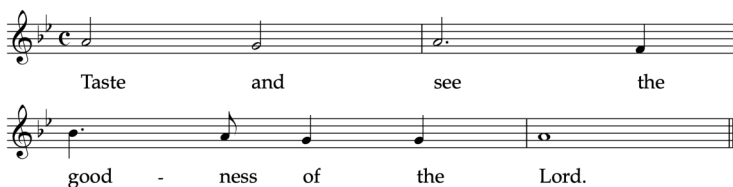
O Lord, recall your covenant,
Do not forsake the meek and poor.
Arise, O Lord, and judge your cause;
Remember those whose search endures.
O God, why do you cast us off?
Why does your anger blaze and smoke
Against the sheep of your dear flock,
Your own, adopted long ago?
To God, the Triune One, we raise
Eternal songs of joyful praise,
O Father, Son, and Paraclete,
We praise your name in word and deed.

KYRIE & GLORIA

Missa O Magnum Mysterium TL de Victoria (1548-1611)

RESPONSORIAL PSALM

Psalm 33



GOSPEL ACCLAMATION

John 6:51



*I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.*

OFFERTORY MOTET

John 6:48-50

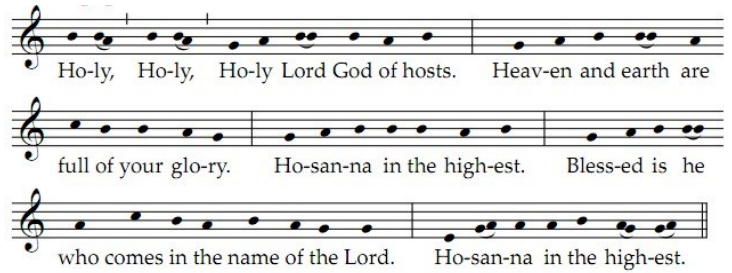
Ego sum panis vivus. Patres vestri manducaverunt manna in deserto, et mortui sunt. Hic est panis de coelo descendens: si quis ex ipso manducaverit, non morietur.

I am the living bread. Your fathers did eat manna in the wilderness, and they are dead. This is the bread which comes down from heaven, that a man may eat, and never die.

Music: Giovanni Pierluigi da Palestrina (1525-1594)

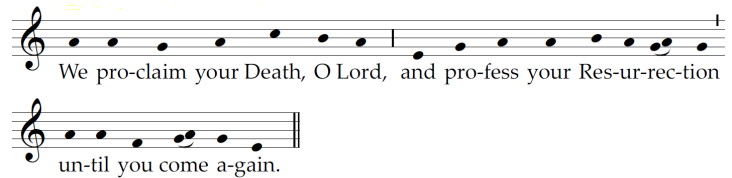
HOLY HOLY

Mass XVIII



MEMORIAL ACCLAMATION

ICEL #1



LORD'S PRAYER

AGNUS DEI

Missa O Magnum Mysterium TL de Victoria (1548-1611)

COMMUNION ANTIPHON

Jn 6:52

Panis, quem ego dedero, caro mea est pro saeculi vita. *The bread which I will give is my flesh for the life of the world.*

COMMUNION HYMN

CWBII 509

I am the Bread of life.
You who come to me shall not hunger,
and who believe in me shall not thirst.
No one can come to me
unless the Father beckons.

*Refrain And I will raise you up, and I will raise you up,
and I will raise you up on the last day.*

2. The bread that I will give
is my flesh for the life of the world,
and if you eat of this bread,
you shall live forever,
you shall live forever.

Refrain

3. Unless you eat
of the flesh of the Son of Man
and drink of his blood,
and drink of his blood,
you shall not have life within you.

Refrain

ORGAN VOLUNTARY

Toccata – Franjo Dugan (1874-1948)

Acknowledgements:

Excerpts from the English translation and chants of *The Roman Missal* © 2010, ICEL. All rights reserved.
O Lord, recall your covenant Tune: OLD ONE HUNDREDTH; Text: Christoph Tietze © World Library Publications, 2005.
Resp Ps. Psalm 33. Music: Joseph Gelineau. All rights reserved. Used with permission. ONE LICENSE #A-640361
Gospel Acc. Text: *The Lectionary for Mass* © 1969, 1981, 1997 ICEL. All rights reserved. Music: A. Gregory Murray OSB © Downside Abbey Trustees, UK. All rights reserved. Used with permission. ONE LICENSE #A-640361
Chant Mass notation © ICEL, 2010. Reproduced with permission. ONE LICENSE #A-640361
Alleluia! sing to Jesus: Text: William Chatterton Dix 1837-1898; Tune: HYFRYDOL Rowland Hugh Prichard 1811-1887. Used with permission. ONE LICENSE #A-640361
I am the bread of life: Text: Based on John 6; Suzanne Toolan RSM b1927; Tune: I AM THE BREAD OF LIFE Suzanne Toolan RSM. Used with permission. ONE LICENSE #A-640361
Now let us from this table rise: Text: Fred Kaan, 1929-2009; Tune: WINCHESTER NEW Melody adapt. William Henry Havergal 1793-1870. Used with permission. ONE LICENSE #A-640361

MUSIC AT THE CATHEDRAL

Music at today's Mass is drawn from the Catholic Worship Book II, with congregational hymn texts on this sheet.

The 10:00am Solemn Mass is led by the Cathedral Choir, the music for this Mass is inside this bulletin.

The Midday Mass is led by the Cathedral Schola. All other Masses are led by a cantor.

Processional Hymn Alleluia! sing to Jesus
(CWBII 449)

Alleluia! sing to Jesus!
His the sceptre, his the throne;
Alleluia! his the triumph,
His the victory alone;
Hark! the songs of peaceful Zion
Thunder like a mighty flood;
Jesus out of ev'ry nation
Has redeemed us by his blood.
Alleluia! not as orphans
Are we left in sorrow now;
Alleluia! he is near us,
Faith believes, nor questions how:
Though the cloud from sight received him,
When the forty days were o'er,
Shall our hearts forget his promise,
"I am with you ever more"?
Alleluia! bread of angels,
Here on earth our food, our stay!
Alleluia! here the sinful
Come to you from day to day:
Intercessor, friend of sinners,
Earth's redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.
Alleluia! King eternal,
You the Lord of lords we own;
Alleluia! born of Mary,
Earth your foot stool, heav'n your throne:
You, within the veil, have entered,
Robed in flesh, our great high priest;
Here on earth both priest and victim
In the eucharistic feast.

Kyrie Mass of OLHC, Connolly (CWBII 23a)
Midday Mass Mass in A Minor
– Claudio Casciolini (1697-1760)

Gloria Mass of OLHC, Connolly (CWBII 23b)
Midday Mass Mass in A Minor
– Claudio Casciolini (1697-1760)

Responsorial Psalm Psalm 33

Taste and see the
good - ness of the Lord.

Gospel Acclamation John 6:51

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia

*I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.*

Offertory Motet *In te speravi, Domine*
Midday Mass – GP da Palestrina (1525-1594)

*In te speravi, Domine, dixi: In Thee, O Lord, have I hoped:
Tu es Deus meus, in manibus I said, Thou art my God,
tuis tempora mea. my times are in Thy hands.*

Sanctus Mass of OLHC, Connolly (CWBII 23c)

**Memorial
Acclamation
(ICEL #1):** We proclaim your death, O Lord,
and profess your resurrection,
until you come again. (CWBII 12a)

Agnus Dei Mass of OLHC, Connolly (CWBII 23f)
Midday Mass Mass in A Minor
– Claudio Casciolini (1697-1760)

Communion Motet *O Sacrum Convivium*
Midday Mass – Francisco Guerrero (1528-1599)

*O sacrum convivium, O sacred banquet, wherein
in quo Christus sumitur; Christ is received; the memorial
recolitur memoria passionis of his passion is renewed; the
ejus; mens impletur gratia; soul is filled with grace; and a
et futurae gloriae nobis pledge of future glory is given
pignus datur. Alleluia. to us. Alleluia.*

Communion Hymn I am the bread of life (CWBII 509)

I am the Bread of life.
You who come to me shall not hunger,
and who believe in me shall not thirst.
No one can come to me unless the Father beckons.

Refrain And I will raise you up, and I will raise you up,
and I will raise you up on the last day.

2. The bread that I will give
is my flesh for the life of the world,
and if you eat of this bread, you shall live forever,
you shall live forever. *Refrain*

3. Unless you eat of the flesh of the Son of Man
and drink of his blood, and drink of his blood,
you shall not have life within you. *Refrain*

Recessional Hymn Now let us from this table rise
(CWBII 560)

Now let us from this table rise
renewed in body, mind and soul:
with Christ we die and live again,
his selfless love has made us whole.

With minds alert, upheld by grace,
to spread the word in speech and deed,
we follow in the steps of Christ,
at one with all in hope and need.

To fill each human house with love,
it is the sacrament of care;
the work that Christ began to do
we humbly pledge ourselves to share.

Then give us courage, living God,
to choose again the pilgrim way,
and help us to accept with joy
the challenge of tomorrow's day.