Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide The gate of heav'n to us below. Our foes press on from ev'ry side, Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend For evermore, blest One in Three; O grant us life that shall not end, In our true native land with thee. Amen.

HYMN OF ADORATION

Down in adoration falling, This great sacrament we hail; Ancient types have long departed Newer rites of grace prevail Faith for all defects supplying Where the feeble senses fail.

Glory let us give and blessing To the Father and the Son, honour, might and praise addressing while eternal ages run; Equal praise to him confessing who proceeds from both as one. AMEN

V. You have given them bread from heaven

R. Having in itself all delight.

GOD WITH HIDDEN MAJESTY

God with hidden majesty, lies in presence here, I with deep devotion my true God revere: Whom this outward shape and form secretly contains, Christ in his divinity manhood still retains.

All my other senses, cannot now perceive, But my hearing, taught by faith, always will believe: I accept whatever God the Son has said: Those who hear the word of God, by the truth are fed.

Blest reminder of the death suffered for the world, Sacrament of living bread, health to every mind, Let my soul approach you, live within your grace, Let me taste the perfect joys time shall not efface.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: For they were like sheep without a shepherd.

Celebrant: Jesus said, 'The harvest is ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our labourers for the harvest.

Response: O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.

Celebrant: And shepherd for your people.

Response: Amen.





WEEKDAY PRAYER SHEET

4th MARCH – 9th MARCH 2024 THIRD WEEK OF LENT YEAR B

MONDAY 4th MARCH 2024 Monday of the 3rd Week of Lent

ENTRANCE ANTIPHON:

My soul is longing and yearning for the courts of the Lord.
My heart and my flesh cry out to the living God.

FIRST READING: 2 Kings 5:1-15

RESPONSORIAL PSALM: Ps 41:2-3;42:3-4
R. My soul is thirsting for the living God:
when shall I see him face to face?

Like the deer that yearns for running streams, so my soul is yearning for you, my God. R.

My soul is thirsting for God, the God of my life; when can I enter and see the face of God? R.

O send forth your light and your truth; let these be my guide. Let them bring me to your holy mountain to the place where you dwell. R.

And I will come to the altar of God, the God of my joy.

My redeemer, I will thank you on the harp, O God, my God. R.

GOSPEL ACCLAMATION:

Praise and honour to you, Lord Jesus Christ! I hope in the Lord, I trust in his word; with him there is mercy and fullness of redemption.

Praise and honour to you, Lord Jesus Christ!

GOSPEL: Luke 4:24-30

COMMUNION ANTIPHON:

O praise the Lord, all you nations, for his merciful love towards us is great.

TUESDAY 5th MARCH 2024 Tuesday of the 3rd Week of Lent

ENTRANCE ANTIPHON:

To you I call, for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.

FIRST READING: Daniel 3:25, 34-43

RESPONSORIAL PSALM: Ps 24:4-9 R. Remember your mercies, O Lord.

Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my sayiour. R.

Remember your mercy, Lord, and the love you have shown from of old. Do not remember the sins of my youth because of your goodness, O Lord. R.

The Lord is good and upright. He shows the path to those who stray. He guides the humble in the right path; he teaches his way to the poor. R.

GOSPEL ACCLAMATION:

Glory and praise to you, Lord Jesus Christ! With all your heart turn to me, for I am tender and compassionate. Glory and praise to you, Lord Jesus Christ!

GOSPEL: Matthew 18:21-35

COMMUNION ANTIPHON:

Lord, who may abide in your tent, and dwell on your holy mountain? Whoever walks without fault and does what is just.

WEDNESDAY 6th MARCH 2024 Wednesday of the 3rd Week of Lent

ENTRANCE ANTIPHON:

Let my steps be guided by your promise; may evil never rule me.

FIRST READING: Deuteronomy 4:1, 5-9

RESPONSORIAL PSALM: Ps 147 R. Praise the Lord, Jerusalem.

O praise the Lord, Jerusalem! Zion, praise your God! He has strengthened the bars of your gates, he has blessed the children within you. R.

He sends out his word to the earth and swiftly runs his command. He showers down snow white as wool, scatters hoar frost like ashes. R.

He makes his word known to Jacob, to Israel his laws and decrees. He has not dealt thus with other nations; he has not taught them his decrees. R.

GOSPEL ACCLAMATION:

Glory to you, Word of God, Lord Jesus Christ! Your words, Lord, are spirit and life; you have the words of everlasting life. Glory to you, Word of God, Lord Jesus Christ!

GOSPEL: Matthew 5:17-19

COMMUNION ANTIPHON:

You will show me the path of life, the fullness of joy in your presence, O Lord.

THURSDAY 7th MARCH 2024 Thursday of the 3rd Week of Lent

ENTRANCE ANTIPHON:

I am the salvation of the people, says the Lord.
Should they cry to me in any distress,
I will hear them,
and I will be their Lord for ever.

FIRST READING: Jeremiah 7:23-28

RESPONSORIAL PSALM: Ps 94:1-2, 6-9 R. If today you hear his voice, harden not your hearts.

Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks; with songs let us hail the Lord. R.

Come in; let us bow and bend low; let us kneel before the God who made us for he is our God and we the people who belong to his pasture, the flock that is led by his hand. R.

O that today you would listen to his voice! 'Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.' R..

GOSPEL ACCLAMATION:

Praise to you, Lord Jesus Christ, king of endless glory!
With all your heart turn to me, for I am tender and compassionate.
Praise to you, Lord Jesus Christ, king of endless glory!

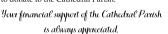
GOSPEL: Luke 11:14-23

COMMUNION ANTIPHON:

You have laid down your precepts to be carefully kept; may my ways be firm in keeping your statutes.

Support for the Cathedral Parish

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FRIDAY 8th MARCH 2024 Friday of the 3rd Week of Lent

ENTRANCE ANTIPHON:

Among the gods there is none like you, O Lord, for you are great and do marvellous deeds; you alone are God.

FIRST READING: Hosea 14:2-10

RESPONSORIAL PSALM: Ps 80

R. I am the Lord, your God: hear my voice.

A voice I did not know, said to me:
'I freed your shoulder from the burden;
your hands were freed from the load.
You called in distress and I saved you. R.

'I answered, concealed in the storm cloud, at the waters of Meribah I tested you. Listen, my people, to my warning, O Israel, if only you would heed! R.

'Let there be no foreign god among you, no worship of an alien god. I am the Lord your God, who brought you from the land of Egypt. R.

'O that my people would heed me, that Israel would walk in my ways! But Israel I would feed with finest wheat and fill them with honey from the rock.' R.

GOSPEL ACCLAMATION:

Praise and honour to you, Lord Jesus Christ! Repent, says the Lord; the kingdom of heaven is at hand. Praise and honour to you, Lord Jesus Christ!

GOSPEL: Mark 12:28-34

COMMUNION ANTIPHON:

To love God with all your heart, and your neighbour as yourself, is worth more than any sacrifice.

SATURDAY 9th MARCH 2024 Saturday of the 3rd Week of Lent

ENTRANCE ANTIPHON:

Bless the Lord, O my soul, and never forget all his benefits; it is he who forgives all your sins.

FIRST READING: Hosea 5:15-6:6

RESPONSORIAL PSALM: Ps 50:3-4,18-21 R. It is steadfast love, not sacrifice, that God desires.

Have mercy on me, God, in your kindness. In your compassion blot out my offence. O wash me more and more from my guilt and cleanse me from my sin. R.

For in sacrifice you take no delight, burnt offering from me you would refuse, my sacrifice, a contrite spirit.

A humbled, contrite heart you will not spurn. R.

In your goodness, show favour to Zion: rebuild the walls of Jerusalem. Then you will be pleased with lawful sacrifice, burnt offerings wholly consumed. R.

GOSPEL ACCLAMATION:

Glory and praise to you, Lord Jesus Christ! If today you hear his voice, harden not your hearts.
Glory and praise to you, Lord Jesus Christ!

GOSPEL: Luke 18:9-14

COMMUNION ANTIPHON:

The tax collector stood at a distance, beating his breast and saying:
O God, be merciful to me, a sinner.