

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

HOLY GOD, WE PRAISE YOUR NAME

Holy God we praise your name!
Lord of all, we bow before you;
All on earth your pow'r proclaim,
All in heaven above adore you;
Boundless is your vast domain,
Everlasting is your reign.

Holy Father, Holy Son,
Holy Spirit, Three we name you;
While in essence only One,
Undivided God we claim you,
And adoring bend the knee,
While we own the mystery.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: For they were like sheep
without a shepherd.

Celebrant: Jesus said, 'The harvest is
ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: O Lord, we pray for more
young people to answer the call to become
priests and religious in your harvest.

Celebrant: And shepherd for your people.

Response: Amen.



WEEKDAY PRAYER SHEET

11th MARCH – 16th MARCH 2024
FOURTH WEEK OF LENT
YEAR B

MONDAY 11th MARCH 2024

Monday of the 4th Week of Lent

ENTRANCE ANTIPHON:

As for me, I trust in the Lord.
Let me be glad and rejoice in your mercy,
for you have seen my affliction.

FIRST READING: Isaiah 65:17-21

RESPONSORIAL PSALM:

Ps 29:2,4-6,11-13

R. I will praise you, Lord,
for you have rescued me.

I will praise you, Lord, you have rescued me
and have not let my enemies rejoice over me.
O Lord, you have raised my soul from the
dead,
restored me to life from those who sink into the
grave. **R.**

Sing psalms to the Lord, you who love him,
give thanks to his holy name.
His anger lasts but a moment; his favour
through life.
At night there are tears, but joy comes with
dawn. **R.**

The Lord listened and had pity.
The Lord came to my help.
For me you have changed my mourning into
dancing:
O Lord my God, I will thank you for ever. **R.**

GOSPEL ACCLAMATION:

Praise and honour to you, Lord Jesus Christ!
Seek good and not evil so that you may live,
and the Lord will be with you.
Praise and honour to you, Lord Jesus Christ!

GOSPEL: John 4:43-54

COMMUNION ANTIPHON:

I will place my spirit within you
and make you walk according to my laws;
and my judgements you shall keep and
observe, says the Lord.

TUESDAY 12th MARCH 2024

Tuesday of the 4th Week of Lent

ENTRANCE ANTIPHON:

All who are thirsty, come to the waters,
says the Lord.
Though you have no money,
come and drink with joy.

FIRST READING: Ezekiel 47:1-9, 12

RESPONSORIAL PSALM:

Ps 45:2-3,5-6,8-9

R. The mighty Lord is with us;
the God of Jacob is our refuge.

God is for us a refuge and strength,
a helper close at hand, in time of distress:
so we shall not fear though the earth should
rock, though the mountains fall
into the depths of the sea. **R.**

The waters of a river give joy to God's city,
the holy place where the Most High swells.
God is within, it cannot be shaken;
God will help it at the dawning of the day. **R.**

The Lord of hosts is with us:
the God of Jacob is our stronghold.
Come, consider the works of the Lord
the redoubtable deeds he has done on the
earth. **R.**

GOSPEL ACCLAMATION:

Praise and honour to you, Lord Jesus Christ!
Create a clean heart in me, O God;
give back to me the joy of your salvation.
Praise and honour to you, Lord Jesus Christ!

GOSPEL: John 5:1-3, 5-16

COMMUNION ANTIPHON:

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose,
near restful waters he leads me.

WEDNESDAY 13th MARCH 2024
Wednesday of the 4th Week of Lent

ENTRANCE ANTIPHON:

I pray to you, O Lord, for a time of your favour.
In your great mercy, answer me, O God,
with your salvation that never fails.

FIRST READING: Isaiah 49:8-15

RESPONSORIAL PSALM:

Ps 144:8-9, 13-14, 17-18

R. The Lord is kind and merciful.

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **R.**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **R.**

The Lord is just in all his ways
and loving in all his deeds.
He is close to all who call him
who call on him from their hearts. **R.**

GOSPEL ACCLAMATION:

Glory and praise to you, Lord Jesus Christ!
I am the resurrection and the life,
says the Lord;
whoever believes in me will not die for ever.
Glory and praise to you, Lord Jesus Christ!

GOSPEL: John 5:17-30

COMMUNION ANTIPHON:

God did not send his Son
into the world to judge the world,
but that the world might be saved through him.

THURSDAY 14th MARCH 2024
Thursday of the 4th Week of Lent

ENTRANCE ANTIPHON:

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING: Exodus 32:7-14

RESPONSORIAL PSALM: Ps 105:19-23

R. Lord, remember us
for the love you bear your people.

They fashioned a calf at Horeb
and worshipped an image of metal,
exchanging the God who was their glory
for the image of a bull that eats grass. **R.**

They forgot the God who was their saviour,
who had done such great things in Egypt,
such portents in the land of Ham,
such marvels at the Red Sea. **R.**

For this he said he would destroy them,
but Moses, the man he had chosen,
stood in the breach before him,
to turn back his anger from destruction. **R.**

GOSPEL ACCLAMATION:

Glory to you, Word of God, Lord Jesus Christ!
God loved the world so much,
he gave us his only Son,
that all who believe in him
might have eternal life.
Glory to you, Word of God, Lord Jesus Christ!

GOSPEL: John 5:31-47

COMMUNION ANTIPHON:

I will place my law within them,
and I will write it upon their hearts;
and I will be their God,
and they shall be my people, says the Lord.

FRIDAY 15th MARCH 2024
Friday of the 4th Week of Lent

ENTRANCE ANTIPHON:

O God, save me by your name;
by your power, defend my cause.
O God, hear my prayer;
give ear to the words of my mouth.

FIRST READING: Wisdom 2:1, 12-22

RESPONSORIAL PSALM:

Ps 33:16, 18, 19-21, 23

R. The Lord is near to broken hearts.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.
The just call and the Lord hears
and rescues them in all their distress. **R.**

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.
Many are the trials of the just man
but from them all the Lord will rescue him. **R.**

He will keep guard over all his bones,
not one of his bones shall be broken.
The Lord ransoms the souls of his servants.
Those who hide in him shall not be
condemned. **R.**

GOSPEL ACCLAMATION:

Praise to you, Lord Jesus Christ,
king of endless glory!
No one lives on bread alone,
but on every word that comes
from the mouth of God.
Praise to you, Lord Jesus Christ,
king of endless glory!

GOSPEL: John 7:1-2, 10, 25-30

COMMUNION ANTIPHON:

In Christ, we have redemption by his Blood,
and forgiveness of our sins,
in accord with the riches of his grace.

SATURDAY 16th MARCH 2024
Saturday of the 4th Week of Lent

ENTRANCE ANTIPHON:

The waves of death rose about me;
the pains of the netherworld surrounded me.
In my anguish I called to the Lord,
and from his holy temple he heard my voice.

FIRST READING: Jeremiah 11:18-20

RESPONSORIAL PSALM:

Ps 7:2-3, 9-12

R. Lord, my God, I take shelter in you.

Lord God, I take refuge in you.
From my pursuer save me and rescue me,
lest he tear me to pieces like a lion
and drag me off with no one to rescue me. **R.**

Give judgement for me, Lord;
I am just and innocent of heart.
Put an end to the evil of the wicked!
Make the just stand firm,
you test mind and heart, O just God! **R.**

God is the shield that protects me,
who saves the upright of heart.
God is a just judge, slow to anger;
but he threatens the wicked every day. **R.**

GOSPEL ACCLAMATION:

Praise and honour to you, Lord Jesus Christ!
Happy are they who have kept the word with
a generous heart
and yield a harvest through perseverance.
Praise and honour to you, Lord Jesus Christ!

GOSPEL: John 7:40-52

COMMUNION ANTIPHON:

By the precious Blood of Christ,
the Blood of a spotless
and unblemished Lamb,
we have been redeemed.

Support for the Cathedral Parish

As we become an increasingly cashless society, EFTPOS facilities enable us to continue to financially support the Cathedral of St Stephen and St Patrick's.

You are invited to look for our collectors at the doors of the church following Mass, where you will have the opportunity make your donation.

You may also place your donations in the collection plate during the Offertory, "Tap & Go" at the doors of the church or donate on-line by scanning the QR Code.

Your support for the Cathedral Parish is appreciated.



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