Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide The gate of heav'n to us below. Our foes press on from ev'ry side, Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend For evermore, blest One in Three; O grant us life that shall not end, In our true native land with thee. Amen.

HYMN OF ADORATION

Down in adoration falling, This great sacrament we hail; Ancient types have long departed Newer rites of grace prevail Faith for all defects supplying Where the feeble senses fail.

Glory let us give and blessing To the Father and the Son, honour, might and praise addressing while eternal ages run; Equal praise to him confessing who proceeds from both as one. AMEN

V. You have given them bread from heaven

R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast; Body of Christ, be thou my saving guest; Blood of my Saviour, bathe me in thy tide, Wash me with water flowing from thy side.

Strength and protection may thy Passion be; O blessed Jesus, hear and answer me; Deep in thy wounds, Lord, hide and shelter me;

So shall I never, never part from thee.

Guard and defend me from the foe malign; In death's dread moments make me only thine. Call me and bid me come to thee on high, When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: For they were like sheep without a shepherd.

Celebrant: Jesus said, 'The harvest is ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our labourers for the harvest.

Response: O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.

Celebrant: And shepherd for your people. **Response**: Amen.





WEEKDAY PRAYER SHEET

07 -12 AUGUST 2023 EIGHTEENTH WEEK IN ORDINARY TIME YEAR A

MONDAY 07 AUGUST 2023

Monday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

FIRST READING:

Numbers 11:4-15 (JB)

RESPONSORIAL PSALM:

Ps 80:12-17 (JB)

R. Sing with joy to God our help.

My people did not heed my voice and Israel would not obey, so I left them in their stubbornness of heart to follow their own designs. R.

O that my people would heed me, that Israel would walk in my ways! At once I would subdue their foes, turn my hand against their enemies. R.

The Lord's enemies would cringe at their feet and their subjection would last for ever. But Israel I would feed with finest wheat and fill them with honey from the rock. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

GOSPEL:

Matthew 14:13-21 (JB)

COMMUNION ANTIPHON:

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

TUESDAY 08 AUGUST 2023

Saint Mary of the Cross

ENTRANCE ANTIPHON:

Come, you blessed of my Father, says the Lord: I was sick, and you visited me.
Amen, I say to you: whatever you did for one of the least of my brethren, you did it for me.

FIRST READING:

1 Kings 17:8-16 (JB)

RESPONSORIAL PSALM: Ps 62:1-8 (JB)

R. My soul clings to you; your right hand holds me fast.

O God, you are my God, for you I long; for you my soul is thirsting.
My body pines for you like a dry, weary land without water. R.

So I gaze on you in the sanctuary to see your strength and your glory. For your love is better than life, my lips will speak your praise. R.

So I will bless you all my life, in your name I will lift up my hands. My soul shall be filled as with a banquet, my mouth shall praise you with jov. R.

On my bed I remember you. On you I muse through the night for you have been my help; in the shadow of your wings I rejoice. R.

SECOND READING:

Colossians 3:12-17 (JB)

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Many women were there by the cross, watching from a distance, the same women who had followed Jesus and looked after him. Alleluial

GOSPEL:

Matthew 6:25-34 (JB)

COMMUNION ANTIPHON:

This is how all will know that you are my disciples, if you have love for one another, says the Lord.

WEDNESDAY 09 AUGUST 2023

Wednesday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

FIRST READING:

Numbers 13:1-2, 25 - 14:1, 26-29, 34-35 (JB)

RESPONSORIAL PSALM:

Ps 105:6-7, 13-14, 21-23 (JB)
R. Lord, remember us,
for the love you bear your people.

Our sin is the sin of our fathers; we have done wrong, our deeds have been evil.

Our fathers when they were in Egypt paid no heed to your wonderful deeds. R.

But they soon forgot his deeds and would not wait upon his will. They yielded to their cravings in the desert and put God to the test in the wilderness. R.

They forgot the God who was their saviour, who had done such great things in Egypt, such portents in the land of Ham, such marvels at the Red Sea. R.

For this he said he would destroy them. but Moses, the man he had chosen, stood in the breach before him, to turn back his anger from destruction. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! A great prophet has appeared among us: God has visited his people. Alleluia!

GOSPEL:

Matthew 15:21-28 (JB)

COMMUNION ANTIPHON:

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

THURSDAY 10 AUGUST 2023

Saint Lawrence (F)

ENTRANCE ANTIPHON:

This is the blessed Lawrence who gave himself up for the treasure of the Church:

for this he earned the suffering of martyrdom to ascend with joy to the Lord Jesus Christ.

FIRST READING:

2 Corinthians 9:6-10 (JB)

RESPONSORIAL PSALM:

Ps 111:1-2, 5-9 (JB)

R. Happy the merciful who give to those in need.

Happy the man who fears the Lord, who takes delight in his commands. His sons will be powerful on earth; the children of the upright are blessed. R.

The good man takes pity and lends, he conducts his affairs with honour. The just man will never waver: he will be remembered for ever. R.

He has no fear of evil news; with a firm heart he trusts in the Lord. With a steadfast heart he will not fear; he will see the downfall of his foes. R.

Open-handed, he gives to the poor; his justice stands firm for ever. His head will be raised in glory. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

I am the light of the world, says the Lord: whoever follows me will have the light of life. Alleluia!

GOSPEL:

John 12:24-26 (JB)

COMMUNION ANTIPHON:

Whoever serves me must follow me and where I am there also will my servant be, says the Lord.

Acknowledgements

Mass texts from English translation of *The Roman Missal* © 2010. ICEL. All rights reserved.

Responsorial Psalms and Gospel acclamations from *The Lectionary for Mass* © 1969, 1981, 1997. ICEL. All rights reserved.

FRIDAY 11 AUGUST 2023

Friday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

I despised the kingdom of the world and all worldly finery for love of my Lord, Jesus Christ, whom I have seen, whom I have loved, in whom I have believed, in whom has been my delight.

FIRST READING:

Deuteronomy 4:32-40 (JB)

RESPONSORIAL PSALM:

Ps 76:12-16, 21 (JB)

R. I remember the deeds of the Lord.

I remember the deeds of the Lord, I remember your wonders of old, I muse on all your works and ponder your mighty deeds. R.

Your ways, O God, are holy. What god is great as our God? You are the God who works wonders You showed your power among the peoples. R.

Your strong arm redeemed your people, the sons of Jacob and Joseph. You guided your people like a flock by the hand of Moses and Aaron. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Happy are they who suffer persecution for justice' sake:

the kingdom of heaven is theirs. Alleluia!

GOSPEL:

Matthew 16:24-28 (JB)

COMMUNION ANTIPHON:

One thing is necessary: she has chosen the better part, which shall not be taken away from her.

Support for the Cathedral Parish

To financially support your Parish, use the "Tap & Go" facility at the door of the church; or for an on-line donation, please scan the QR code to donate to the Cathedral Parish.

Your financial support of the Cathedral Parish

is always appreciated.

SATURDAY 12 AUGUST 2023

Saturday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

FIRST READING:

Deuteronomy 6:4-13 (JB)

RESPONSORIAL PSALM:

Ps 17:2-4, 47, 51 (JB)

R. I love you, Lord, my strength.

I love you, Lord, my strength, my rock, my fortress, my saviour. R.

My God is the rock where I take refuge; my shield, my mighty help, my stronghold. The Lord is worthy of all praise: when I call I am saved from my foes. R.

Long life to the Lord, my rock! Praised be the God who saves me. He has given great victories to his king and shown his love for his anointed. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Our Saviour Jesus Christ has done away with death

and brought us life through his gospel. Alleluia!

GOSPEL:

Matthew 17:14-20 (JB)

COMMUNION ANTIPHON:

You have given us, O Lord, bread from heaven,

endowed with all delights and sweetness in every taste.