

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim, op'ning wide  
The gate of heav'n to us below.  
Our foes press on from ev'ry side,  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with thee.  
Amen.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN

V. You have given them bread from heaven  
R. Having in itself all delight.

## SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;  
Body of Christ, be thou my saving guest;  
Blood of my Saviour, bathe me in thy tide,  
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;  
O blessed Jesus, hear and answer me;  
Deep in thy wounds, Lord, hide and shelter me;  
So shall I never, never part from thee.

Guard and defend me from the foe malign;  
In death's dread moments make me only thine.  
Call me and bid me come to thee on high,  
When I may praise thee with thy saints for aye.

## PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

**Celebrant:** At the sight of the crowds,  
Jesus' heart was moved.

**Response:** *For they were like sheep  
without a shepherd.*

**Celebrant:** Jesus said, 'The harvest is  
ready.'

**Response:** *But the labourers are few.*

**Celebrant:** Ask the Lord to send our  
labourers for the harvest.

**Response:** *O Lord, we pray for more  
young people to answer the call to  
become priests and religious in your  
harvest.*

**Celebrant:** And shepherd for your people.

**Response:** *Amen.*



## WEEKDAY PRAYER SHEET

01 — 07 JANUARY 2023  
SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD (S)  
YEAR A

### MONDAY 02 JANUARY 2023

*Saints Basil the Great and Gregory  
Nazianzen (M)*

#### ENTRANCE ANTIPHON:

Let the peoples recount the wisdom of the  
Saints,  
and let the Church proclaim their praise.  
Their names will live on and on.

#### FIRST READING:

1 John 2:22-28 (JB)

#### RESPONSORIAL PSALM:

*Ps 97:1-4 (JB)*

**R.** All the ends of the earth have seen the  
saving power of God.

Sing a new song to the Lord  
for he has worked wonders.  
His right hand and his holy arm  
have brought salvation. **R.**

The Lord has made known his salvation;  
has shown his justice to the nations.  
He has remembered his truth and love  
for the house of Israel. **R.**

All the ends of the earth have seen  
the salvation of our God.  
Shout to the Lord all the earth,  
ring out your joy. **R.**

#### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
In the past God spoke to our ancestors  
through the prophets;  
now he speaks to us through his Son.  
Alleluia!

#### GOSPEL:

John 1:19-28 (JB)

#### COMMUNION ANTIPHON:

We proclaim Christ crucified;  
Christ, the power of God and the wisdom of  
God.

### TUESDAY 03 JANUARY 2023

*Tuesday before Epiphany*

#### ENTRANCE ANTIPHON:

Blessed is he who comes in the name of the  
Lord:  
The Lord is God and has given us light.

#### FIRST READING:

1 John 2:29-3:6 (JB)

#### RESPONSORIAL PSALM:

*Ps 97:1, 3-6 (JB)*

**R.** All the ends of the earth have seen the  
saving power of God.

Sing a new song to the Lord  
for he has worked wonders.  
His right hand and his holy arm  
have brought salvation. **R.**

All the ends of the earth have seen  
the salvation of our God.  
Shout to the Lord all the earth,  
ring out your joy. **R.**

Sing psalms to the Lord with the harp  
with the sound of music.  
With trumpets and the sound of the horn  
acclaim the King, the Lord. **R.**

#### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
The Word of God became flesh and dwelt  
among us.  
He enabled those who accepted him  
to become the children of God.  
Alleluia!

#### GOSPEL:

John 1:29-34 (JB)

#### COMMUNION ANTIPHON:

Because of that great love of his with which  
God loved us,  
he sent his Son in the likeness of sinful flesh.

**WEDNESDAY 04 JANUARY 2023***Wednesday before Epiphany***ENTRANCE ANTIPHON:**

A people who walked in darkness has seen a great light;  
for those dwelling in a land of deep gloom, a light has shone.

**FIRST READING:**

1 John 3:7-10 (JB)

**RESPONSORIAL PSALM:***Ps 97:1, 7-9 (JB)*

**R.** All the ends of the earth have seen the saving power of God.

Sing a new song to the Lord  
for he has worked wonders.  
His right hand and his holy arm  
have brought salvation. **R.**

Let the sea and all within it, thunder;  
the world and all its peoples.  
Let the rivers clap their hands  
and the hills ring out their joy  
at the presence of the Lord. **R.**

For the Lord comes,  
he comes to rule the earth.  
He will rule the world with justice  
and the peoples with fairness. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
In the past God spoke to our ancestors  
through the prophets;  
now he speaks to us through his Son.  
Alleluia!

**GOSPEL:**

John 1:35-42 (JB)

**COMMUNION ANTIPHON:**

That life which was with the Father became visible, and has appeared to us.

**Support of the Cathedral Parish**

*Your financial support of the Cathedral Parish is always appreciated. Ways to financially support your Parish:*

*The "Tap & Go" facility at the door of the church;  
Place your donation in the collection bags after Mass;  
Online donation, please scan the QR code*

**THURSDAY 05 JANUARY 2023***Thursday before Epiphany***ENTRANCE ANTIPHON:**

In the beginning and before all ages, the Word was God  
and he humbled himself to be born the Saviour of the world.

**FIRST READING:**

1 John 3:11-21 (JB)

**RESPONSORIAL PSALM:***Ps 99 (JB)*

**R.** Let all the earth cry out to God with joy.

Cry out with joy to the Lord, all the earth.  
Serve the Lord with gladness.  
Come before him, singing for joy. **R.**

Know that he, the Lord, is God.  
He made us, we belong to him,  
we are his people, the sheep of his flock. **R.**

Go within his gates, giving thanks.  
Enter his courts with songs of praise.  
Give thanks to him and bless his name. **R.**

Indeed, how good is the Lord,  
eternal his merciful love.  
He is faithful from age to age. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
A holy day has dawned upon us.  
Come, you nations, and adore the Lord.  
Today a great light has come upon the earth.  
Alleluia!

**GOSPEL:**

John 1:43-51 (JB)

**COMMUNION ANTIPHON:**

God so loved the world that he gave his Only Begotten Son, so that all who believe in him may not perish, but may have eternal life.

**QR code—scan to donate to the Cathedral Parish**

**FRIDAY 06 JANUARY 2023***Friday before Epiphany***ENTRANCE ANTIPHON:**

A light has risen in the darkness for the upright of heart;  
the Lord is generous, merciful and just.

**FIRST READING:**

1 John 5:5-13 (JB)

**RESPONSORIAL PSALM:***Ps 147:12-15, 19-20 (JB)*

**R.** Praise the Lord, Jerusalem.  
**or**  
**R.** Alleluia!

O praise the Lord, Jerusalem!  
Sion, praise your God!  
He has strengthened the bars of your gates,  
he has blessed the children within you. **R.**

He established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command. **R.**

He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
The heavens were opened and the Father's voice was heard:  
this is my beloved Son, hear him.  
Alleluia!

**GOSPEL:**

Mark 1:6-11 (JB)  
OR  
Luke 3:23-38 (JB)

**COMMUNION ANTIPHON:**

By this the love of God was revealed to us:  
God sent his Only Begotten Son into the world,  
so that we might have life through him.

**SATURDAY 07 JANUARY 2023***Saturday before Epiphany***ENTRANCE ANTIPHON:**

God sent his Son, born of a woman,  
so that we might receive adoption as children.

**FIRST READING:**

1 John 5:14-21 (JB)

**RESPONSORIAL PSALM:***Ps 149:1-6, 9 (JB)*

**R.** The Lord takes delight in his people.  
**or**  
**R.** Alleluia!

Sing a new song to the Lord,  
his praise in the assembly of the faithful.  
Let Israel rejoice in its Maker,  
let Zion's sons exult in their king. **R.**

Let them praise his name with dancing  
and make music with timbrel and harp.  
For the Lord takes delight in his people.  
He crowns the poor with salvation. **R.**

Let the faithful rejoice in their glory,  
shout for joy and take their rest.  
Let the praise of God be on their lips;  
this honour is for all his faithful. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
A great prophet has appeared among us;  
God has visited his people.  
Alleluia!

**GOSPEL:**

John 2:1-11 (JB)

**COMMUNION ANTIPHON:**

From his fullness we have all received,  
grace upon grace.