

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim, op'ning wide  
The gate of heav'n to us below.  
Our foes press on from ev'ry side,  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with thee.  
Amen.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN  
V. You have given them bread from heaven  
R. Having in itself all delight.

## SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;  
Body of Christ, be thou my saving guest;  
Blood of my Saviour, bathe me in thy tide,  
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;  
O blessed Jesus, hear and answer me;  
Deep in thy wounds, Lord, hide and shelter me;  
So shall I never, never part from thee.

Guard and defend me from the foe malign;  
In death's dread moments make me only thine.  
Call me and bid me come to thee on high,  
When I may praise thee with thy saints for aye.

## PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

**Celebrant:** At the sight of the crowds,  
Jesus' heart was moved.

**Response:** For they were like sheep  
without a shepherd.

**Celebrant:** Jesus said, 'The harvest is  
ready.'

**Response:** But the labourers are few.

**Celebrant:** Ask the Lord to send our  
labourers for the harvest.

**Response:** O Lord, we pray for more  
young people to answer the call to become  
priests and religious in your harvest.

**Celebrant:** And shepherd for your people.

**Response:** Amen.



## WEEKDAY PRAYER SHEET

03 -09 SEPTEMBER 2023  
TWENTY-SECOND WEEK IN ORDINARY TIME  
YEAR A

### MONDAY 04 SEPTEMBER 2023

*Monday of the Twenty-second week in Ordinary  
Time*

#### ENTRANCE ANTIPHON:

Have mercy on me, O Lord, for I cry to you all  
the day long.

O Lord, you are good and forgiving,  
full of mercy to all who call to you.

#### FIRST READING:

1 Thessalonians 4:13-18 (JB)

**RESPONSORIAL PSALM:** Ps 95:1, 3, 5, 11-  
13 (JB)

**R.** The Lord comes to judge the earth.

O sing a new song to the Lord,  
sing to the Lord all the earth.  
Tell among the nations his glory  
and his wonders among all the peoples. **R.**

The Lord is great and worthy of praise,  
to be feared above all gods;  
the gods of the heathens are naught.  
It was the Lord who made the heavens. **R.**

Let the heavens rejoice and earth be glad,  
let the sea and all within it thunder praise,  
let the land and all it bears rejoice,  
all the trees of the wood shout for joy  
at the presence of the Lord for he comes,  
he comes to rule the earth. **R.**

With justice he will rule the world,  
he will judge the peoples with his truth. **R..**

#### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
The Spirit of the Lord is upon me;  
he sent me to bring Good News to the poor.  
Alleluia!

#### GOSPEL:

Luke 4:16-30 (JB)

#### COMMUNION ANTIPHON:

How great is the goodness, Lord,  
that you keep for those who fear you.

### TUESDAY 05 SEPTEMBER 2023

*Tuesday of the Twenty-second week in Ordinary  
Time*

#### ENTRANCE ANTIPHON:

Have mercy on me, O Lord, for I cry to you all  
the day long.

O Lord, you are good and forgiving,  
full of mercy to all who call to you.

#### FIRST READING:

1 Thessalonians 5:1-6, 9-11 (JB)

#### RESPONSORIAL PSALM:

Ps 26:1, 4, 13-14 (JB)

**R.** I believe that I shall see the good things of  
the Lord  
in the land of the living.

The Lord is my light and my help;  
whom shall I fear?  
The Lord is the stronghold of my life;  
before whom shall I shrink? **R.**

There is one thing I ask of the Lord,  
for this I long,  
to live in the house of the Lord,  
all the days of my life,  
to savour the sweetness of the Lord,  
to behold his temple. **R.**

I am sure I shall see the Lord's goodness  
in the land of the living.  
Hope in him, hold firm and take heart.  
Hope in the Lord! **R.**

#### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
A great prophet has appeared among us;  
God has visited his people.  
Alleluia!

#### GOSPEL:

Luke 4:31-37 (JB)

#### COMMUNION ANTIPHON:

How great is the goodness, Lord,  
that you keep for those who fear you.

**WEDNESDAY 06 SEPTEMBER 2023**

Wednesday of the Twenty-second week in Ordinary Time

**ENTRANCE ANTIPHON:**

Have mercy on me, O Lord, for I cry to you all the day long.  
O Lord, you are good and forgiving,  
full of mercy to all who call to you.

**FIRST READING:**

Colossians 1:1-8 (JB)

**RESPONSORIAL PSALM:**

Ps 51:10-11 (JB)

**R.** I trust in the kindness of God for ever.

I am like a growing olive tree  
in the house of God.  
I trust in the goodness of God  
for ever and ever. **R.**

I will thank you for evermore;  
for this is your doing.  
I will proclaim that your name is good,  
in the presence of your friends. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
The Lord sent me to bring Good News to the poor  
and freedom to prisoners.  
Alleluia!

**GOSPEL:**

Luke 4:38-44 (JB)

**COMMUNION ANTIPHON:**

How great is the goodness, Lord,  
that you keep for those who fear you.

**THURSDAY 07 SEPTEMBER 2023**

Thursday of the Twenty-second week in Ordinary Time

**ENTRANCE ANTIPHON:**

Have mercy on me, O Lord, for I cry to you all the day long.  
O Lord, you are good and forgiving,  
full of mercy to all who call to you.

**FIRST READING:**

Colossians 1:9-14 (JB)

**RESPONSORIAL PSALM:**

Ps 97:2-6 (JB)

**R.** The Lord has made known his salvation.

The Lord has made known his salvation;  
has shown his justice to the nations.  
He has remembered his truth and love  
for the house of Israel. **R.**

All the ends of the earth have seen  
the salvation of our God.  
Shout to the Lord all the earth,  
ring out your joy. **R.**

Sing psalms to the Lord with the harp  
with the sound of music.  
With trumpets and the sound of the horn  
acclaim the King, the Lord. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Come follow me, says the Lord,  
and I will make you fishers of my people.  
Alleluia!

**GOSPEL:**

Luke 5:1-11 (JB)

**COMMUNION ANTIPHON:**

How great is the goodness, Lord,  
that you keep for those who fear you.

**FRIDAY 08 SEPTEMBER 2023**

Feast of the Nativity of the Blessed Virgin Mary

**ENTRANCE ANTIPHON:**

Let us celebrate with joy the Nativity of the Blessed Virgin Mary,  
for from her arose the sun of justice, Christ our God.

**FIRST READING:**

Micah 5:1-4 (JB)

**RESPONSORIAL PSALM:**

Ps 12:6-7 (JB)

**R.** With delight I rejoice in the Lord.

Lord, I trust in your merciful love.  
Let my heart rejoice in your saving help. **R.**

Let me sing to the Lord for his goodness to me,  
singing psalms to the name of the Lord, the Most High. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Happy are you, holy Virgin Mary, deserving of all praise;  
from you rose the sun of justice, Christ the Lord.  
Alleluia!

**GOSPEL:**

Matthew 1:1-16, 18-23 (Long form) (JB)

**COMMUNION ANTIPHON:**

Behold, the Virgin will bear a son,  
who will save his people from their sins.

**SATURDAY 09 SEPTEMBER 2023**

Saturday of the Twenty-second week in Ordinary Time

Saturday Mass of the Blessed Virgin Mary (OM)

**ENTRANCE ANTIPHON:**

Have mercy on me, O Lord, for I cry to you all the day long.  
O Lord, you are good and forgiving,  
full of mercy to all who call to you.

**FIRST READING:**

Colossians 1:21-23 (JB)

**RESPONSORIAL PSALM:**

Ps 53:3-4, 6, 8 (JB)

**R.** God himself is my help.

O God, save me by your name;  
by your power, uphold my cause.  
O God, hear my prayer;  
listen to the words of my mouth. **R.**

But I have God for my help.  
The Lord upholds my life.  
I will sacrifice to you with willing heart  
and praise your name for it is good. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
I am the way, the truth, and the life, says the Lord;  
no one comes to the Father, except through me.  
Alleluia!

**GOSPEL:**

Luke 6:1-5 (JB)

**COMMUNION ANTIPHON:**

How great is the goodness, Lord,  
that you keep for those who fear you.

*Support for the Cathedral Parish*

To financially support your Parish, use the "Tap & Go" facility at the door of the church; or for an on-line donation, please scan the QR code to donate to the Cathedral Parish.



*Your financial support of the Cathedral Parish  
is always appreciated.*

**Acknowledgements:**

Mass texts from English translation of *The Roman Missal* © 2010. ICEL. All rights reserved.  
Responsorial Psalms and Gospel acclamations from *The Lectionary for Mass* © 1969, 1981, 1997. ICEL. All rights reserved.