

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN
V. You have given them bread from heaven
R. Having in itself all delight.

SWEET SACRAMENT DIVINE

Sweet Sacrament Divine,
hid in thy earthly home,
Lo! Round thy lowly shrine,
with suppliant hearts we come.
Jesus, to thee our voice we raise
in songs of love and heartfelt praise,
Sweet Sacrament Divine.

Sweet Sacrament of Peace,
dear home of every heart,
where restless yearnings cease,
and sorrows all depart.
There in thine ear, all trustfully
We tell our tale of misery
Sweet Sacrament of Peace.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: For they were like sheep
without a shepherd.

Celebrant: Jesus said, 'The harvest is
ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: O Lord, we pray for more
young people to answer the call to become
priests and religious in your harvest.

Celebrant: And shepherd for your people.

Response: Amen.



MONDAY 08 JANUARY 2024

THE BAPTISM OF THE LORD (F)

ENTRANCE ANTIPHON:

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

FIRST READING: 1 Samuel 1:9-20 (JB)

RESPONSORIAL PSALM: 1 Samuel 2:1, 4-8

R. My heart rejoices in the Lord, my Saviour.

My heart exults in the Lord.
I find my strength in my God;
my mouth laughs at my enemies
as I rejoice in your saving help. **R.**

The bows of the mighty are broken,
but the weak are clothed with strength.
Those with plenty must labour for bread,
but the hungry need work no more.
The childless wife has children now
but the fruitful wife bears no more. **R.**

It is the Lord who gives life and death,
he brings men to the grave and back;
it is the Lord who gives poverty and riches.
He brings men low and raises them on high. **R.**

He lifts up the lowly from the dust,
from the dungheap he raises the poor
to set him in the company of princes,
to give him a glorious throne. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Receive this message not as human words,
but as truly the word of God.
Alleluia!

GOSPEL: Mark 1:21-28 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.

WEEKDAY PRAYER SHEET

08 JAN – 13 JAN 2024
FIRST WEEK IN ORDINARY TIME
YEAR B

TUESDAY 09 JANUARY 2024

Tuesday of the first week in Ordinary Time

ENTRANCE ANTIPHON:

He who is to come will come and will not delay,
and now there will be no fear within our land,
for he is our Saviour.

FIRST READING:

Judges 13:2-7, 24-25 (JB)

RESPONSORIAL PSALM:

Ps 70:3-6, 16-17 (JB)

R. Fill me with your praise
and I will sing your glory!

Be a rock where I can take refuge,
a mighty stronghold to save me;
for you are my rock, my stronghold.
Free me from the hand of the wicked. **R.**

It is you, O Lord, who are my hope,
my trust, O Lord, since my youth.
On you I have leaned from my birth,
from my mother's womb you have been my
help. **R.**

I will declare the Lord's mighty deeds
proclaiming your justice, yours alone.
O God, you have taught me from my youth
and I proclaim your wonders still. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Flower of Jesse's stem,
sign of God's love for all his people:
save us without delay!
Alleluia!

GOSPEL:

Luke 1:5-25 (JB)

COMMUNION ANTIPHON:

The Dawn from on high will visit us,
guiding our feet in the way of peace.

WEDNESDAY 10 JANUARY 2024*Wednesday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison:
Behold him, the name of whose empire is
eternal.

FIRST READING:

1 Samuel 3:1-10, 19-20

RESPONSORIAL PSALM:

Ps 39:2, 5, 7-10

R. Here am I, Lord;
I come to do your will.

I waited, I waited for the Lord
and he stooped down to me;
he heard my cry.
Happy the man who has placed
his trust in the Lord
and has not gone over to the rebels
who follow false gods. **R.**

You do not ask for sacrifice and offerings,
but an open ear.
You do not ask for holocaust and victim.
Instead, here am I. **R.**

In the scroll of the book it stands written
that I should do your will.
My God, I delight in your law
in the depth of my heart. **R.**

Your justice I have proclaimed
in the great assembly.
My lips I have not sealed;
you know it, O Lord. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!

GOSPEL: Mark 1:29-39 (JB)**COMMUNION ANTIPHON:**

With you, O Lord, is the fountain of life,
and in your light we see light.

THURSDAY 11 JANUARY 2024*Thursday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

FIRST READING:

1 Samuel 4:1-11 (JB)

RESPONSORIAL PSALM:

Ps 43:10-11, 14-15, 24-25 (JB)

R. Save us, Lord, in your mercy.

Yet now you have rejected us, disgraced us:
you no longer go forth with our armies.
You make us retreat from the foe
and our enemies plunder us at will. **R.**

You make us the taunt of our neighbours,
the mockery and scorn of all who are near.
Among the nations, you make us a byword,
among the peoples a thing of derision. **R.**

Awake, O Lord, why do you sleep?
Arise, do not reject us for ever!
Why do you hide your face
and forget our oppression and misery. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Jesus preached the Good News of the
kingdom and healed all who were sick.
Alleluia!

GOSPEL: Mark 1:40-45 (JB)**COMMUNION ANTIPHON:**

With you, O Lord, is the fountain of life,
and in your light we see light.

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FRIDAY 12 JANUARY 2024*Friday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison: Behold him, the name of whose
empire is eternal.

FIRST READING:

1 Samuel 8:4-7, 10-22 (JB)

RESPONSORIAL PSALM:

Ps 88:16-19 (JB)

R. For ever I will sing the goodness of the
Lord.

Happy the people who acclaim such a king,
who walk, O Lord, in the light of your face,
who find their joy every day in your name,
who make your justice the source of their
bliss. **R.**

For it is you, O Lord, who are the glory of
their strength;
it is by your favour that our might is exalted:
for our ruler is in the keeping of the Lord;
our king in the keeping of the Holy One of
Israel. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
A great prophet has appeared among us;
God has visited his people.
Alleluia!

GOSPEL:

Mark 2:1-12 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.

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Go" facility at the door of the church;
or for an on-line donation, please scan the QR code
to donate to the Cathedral Parish.



*Your financial support of the Cathedral Parish
is always appreciated.*

SATURDAY 13 JANUARY 2024*Saturday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison:
Behold him, the name of whose empire is
eternal.

FIRST READING:

1 Samuel 9:1-4, 17-19; 10:1 (JB)

RESPONSORIAL PSALM:

Ps 20:2-7 (JB)

R. Lord, your strength gives joy to the king.

O Lord, your strength gives joy to the king;
how your saving help makes him glad!
You have granted him his heart's desire;
you have not refused the prayer of his lips. **R.**

You came to meet him with the blessings of
success,
you have set on his head a crown of pure
gold.
He asked you for life and this you have given,
days that will last from age to age. **R.**

Your saving help has given him glory.
You have laid upon him majesty and
splendour,
you have granted your blessings to him for
ever.
You have made him rejoice with the joy of
your presence. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
The Lord sent me to bring Good News to the
poor and freedom to prisoners.
Alleluia!

GOSPEL:

Mark 2:13-17 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.