

Benediction Hymns and Prayer

SO SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: *For they were like sheep without a shepherd.*

Celebrant: Jesus said, "The harvest is ready."

Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our labourers for the harvest.

Response: *O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



WEEKDAY PRAYER SHEET

14 – 19 FEBRUARY 2022
SIXTH SUNDAY IN ORDINARY TIME
YEAR C

MONDAY 14 FEBRUARY 2022

Saints Cyril and Methodius (M)

ENTRANCE ANTIPHON:

These are holy men who became friends of God,
glorious heralds of divine truth.

FIRST READING:

James 1:1-11 (JB)

RESPONSORIAL PSALM:

Ps 118:67-68, 71-72, 75-76 (JB)

R. Be kind to me, Lord, and I shall live.

Before I was afflicted I went astray
but now I keep your word.
You are good and your deeds are good;
teach me your statutes. **R.**

It was good for me to be afflicted,
to learn your statutes.
The law from your mouth means more to me
than silver and gold. **R.**

Lord, I know that your decrees are right,
that you afflicted me justly.
Let your love be ready to console me
by your promise to your servant. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

I am the way, the truth, and the life, says the
Lord;
no one comes to the Father, except through me.
Alleluia!

GOSPEL:

Mark 8:11-13 (JB)

COMMUNION ANTIPHON:

The disciples went forth and preached the
Gospel,
while the Lord worked with them,
confirming the word through accompanying
signs.

TUESDAY 15 FEBRUARY 2022

Tuesday of the sixth week in Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

FIRST READING:

James 1:12-18 (JB)

RESPONSORIAL PSALM:

Ps 93:12-15, 18-19 (JB)

R. Happy are those you teach, O Lord.

Happy the man whom you teach, O Lord,
whom you train by means of your law:
to him you give peace in evil days. **R.**

The Lord will not abandon his people
nor forsake those who are his own;
for judgement shall again be just
and all true hearts shall uphold it. **R.**

When I think: 'I have lost my foothold',
your mercy, Lord, holds me up.
When cares increase in my heart
your consolation calms my soul. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

All who love me will keep my words,
and my Father will love them and we will come to
them.
Alleluia!

GOSPEL:

Mark 8:14-21 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.

WEDNESDAY 16 FEBRUARY 2022

Wednesday of the sixth week in Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

FIRST READING: James 1:19-27 (JB)

RESPONSORIAL PSALM:

Ps 14:2-5 (JB)

R. The just shall live on your holy mountain, O Lord.

Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart;
he who does not slander with his tongue. **R.**

He who does no wrong to his brother,
who casts no slur on his neighbour,
ù who holds the godless in disdain.
but honours those who fear the Lord. **R.**

He who keep his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
May the Father of our Lord Jesus Christ
enlighten the eyes of our heart
that we might see how great is the hope
to which we are called.
Alleluia!

GOSPEL: Mark 8:22-26 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.

THURSDAY 17 FEBRUARY 2022

Thursday of the sixth week in Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

FIRST READING: James 2:1-9 (JB)

RESPONSORIAL PSALM:

Ps 33:2-7 (JB)

R. The Lord hears the cry of the poor.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **R.**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R.**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Your words, Lord, are spirit and life;
you have the words of eternal life.
Alleluia!

GOSPEL: Mark 8:27-33 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.

At our week day Masses we have a retiring collection to allow weekday parishioners to support the Cathedral. Thank you for your contribution.

FRIDAY 18 FEBRUARY 2022

Friday of the sixth week in Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

FIRST READING: James 2:14-24, 26 (JB)

RESPONSORIAL PSALM:

Ps 111:1-6 (JB)

R. Happy are those who do what the Lord commands.

Happy the man who fears the Lord,
who takes delight in his commands.
His sons will be powerful on earth;
the children of the upright are blessed. **R.**

Riches and wealth are in his house;
his justice stands firm for ever.
He is a light in the darkness for the upright:
he is generous, merciful and just. **R.**

The good man takes pity and lends,
he conducts his affairs with honour.
The just man will never waver:
he will be remembered for ever. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
I call you my friends, says the Lord
for I have made known to you all that the Father
has told me.
Alleluia!

GOSPEL: Mark 8:34-9:1 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.

At our Masses on Friday we have a collection to allow weekday parishioners to support the Cathedral. Thank you for your contribution.

SATURDAY 19 FEBRUARY 2022

Saturday of the sixth week in Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

FIRST READING:

James 3:1-10 (JB)

RESPONSORIAL PSALM:

Ps 11:2-5, 7-8 (JB)

R. You will protect us, Lord.

Help, O Lord, for good men have vanished:
truth has gone from the sons of men.
Falsehood they speak one to another,
with lying lips, with a false heart. **R.**

May the Lord destroy all lying lips,
the tongue speaking high-sounding words,
those who say: 'Our tongue is our strength;
our lips are our own, who is our master?' **R.**

The words of the Lord are words without alloy,
silver from the furnace, seven times refined.
It is you, O Lord, who will take us in your care
and protect us for ever from this generation. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
The heavens were opened and the Father's voice was heard:
this is my beloved Son, hear him.
Alleluia!

GOSPEL: Mark 9:2-13 (JB)

COMMUNION ANTIPHON:

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.