

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN
V. You have given them bread from heaven
R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: For they were like sheep
without a shepherd.

Celebrant: Jesus said, 'The harvest is
ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: O Lord, we pray for more
young people to answer the call to become
priests and religious in your harvest.

Celebrant: And shepherd for your people.

Response: Amen.



WEEKDAY PRAYER SHEET

12 FEB – 17 FEB 2024
SIXTH WEEK IN ORDINARY TIME
YEAR B

MONDAY 12 FEBRUARY 2024

Monday of the Sixth week in Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

FIRST READING: James 1:1-11

RESPONSORIAL PSALM:

Ps 118:67-68, 71-72, 75-76 (JB)

R. Be kind to me, Lord, and I shall live.

Before I was afflicted I went astray
but now I keep your word.
You are good and your deeds are good;
teach me your statutes. R.

It was good for me to be afflicted,
to learn your statutes.
The law from your mouth means more to me
than silver and gold. R.

Lord, I know that your decrees are right,
that you afflicted me justly.
Let your love be ready to console me
by your promise to your servant. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!
I am the way, the truth, and the life, says the
Lord;
no one comes to the Father, except through
me.
Alleluia!

GOSPEL: Mark 8:11-13 (JB)

COMMUNION ANTIPHON:

God so loved the world
that he gave his Only Begotten Son,
so that all who believe in him may not perish,
but may have eternal life.

TUESDAY 13 FEBRUARY 2024

Tuesday in the Sixth week of Ordinary Time

ENTRANCE ANTIPHON:

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

FIRST READING: James 1:12-18 (JB)

RESPONSORIAL PSALM:

Ps 93:12-15, 18-19 (JB)

R. Happy are those you teach, O Lord.
Happy the man whom you teach, O Lord,
whom you train by means of your law:
to him you give peace in evil days. R.

The Lord will not abandon his people
nor forsake those who are his own;
for judgement shall again be just
and all true hearts shall uphold it. R.

When I think: 'I have lost my foothold',
your mercy, Lord, holds me up.
When cares increase in my heart
your consolation calms my soul. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!
All who love me will keep my words,
and my Father will love them and we will come
to them.
Alleluia!

GOSPEL: Mark 8:14-21 (JB)

COMMUNION ANTIPHON:

God so loved the world
that he gave his Only Begotten Son,
so that all who believe in him may not perish,
but may have eternal life.

WEDNESDAY 14 FEBRUARY 2024
ASH WEDNESDAY

ENTRANCE ANTIPHON:

You are merciful to all, O Lord,
and despise nothing that you have made.
You overlook people's sins, to bring them to
repentance,
and you spare them, for you are the Lord our
God.

FIRST READING: Joel 2:12-18 (JB)

RESPONSORIAL PSALM:

Ps 50:3-6, 12-14, 17 (JB)

R. Be merciful, O Lord, for we have sinned.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin. R.

My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned:
what is evil in your sight I have done. R.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit. R.

Give me again the joy of your help;
with a spirit of fervour sustain me.
O Lord, open my lips
and my mouth shall declare your praise. R.

SECOND READING: 2 Corinthians 5:20-6:2
(JB)

GOSPEL ACCLAMATION:

Praise to you, Lord Jesus Christ, king of
endless glory!
If today you hear his voice,
harden not your hearts.
Praise to you, Lord Jesus Christ, king of
endless glory!

GOSPEL: Matthew 6:1-6, 16-18 (JB)

COMMUNION ANTIPHON:

He who ponders the law of the Lord day and
night
will yield fruit in due season.

THURSDAY 15 FEBRUARY 2024

Thursday after Ash Wednesday

ENTRANCE ANTIPHON:

When I cried to the Lord, he heard my voice;
he rescued me from those who attack me.
Entrust your cares to the Lord, and he will
support you.

FIRST READING: Deuteronomy 30:15-20
(JB)

RESPONSORIAL PSALM:

Ps 1:1-4, 6 (JB)

R. Happy are they who hope in the Lord.

Happy indeed is the man
who follows not the counsel of the wicked;
nor lingers in the way of sinners
nor sits in the company of scorners,
but whose delight is the law of the Lord,
and who ponders his law day and night. R.

He is like a tree that is planted
beside the flowing waters,
that yields its fruit in due season
and whose leaves shall never fade;
and all that he does shall prosper. R.

Not so are the wicked, not so!
For they like the winnowed chaff
shall be driven away by the wind,
for the Lord guards the way of the just
but the way of the wicked leads to doom. R.

GOSPEL ACCLAMATION:

Praise and honour to you, Lord Jesus Christ!
Repent, says the Lord;
the kingdom of heaven is at hand.
Praise and honour to you, Lord Jesus Christ!


GOSPEL: Luke 9:22-25 (JB)

COMMUNION ANTIPHON:

Create a pure heart for me, O God;
renew a steadfast spirit within me.

Support for the Cathedral Parish

To financially support your Parish, use the "Tap &
Go" facility at the door of the church;
or for an on-line donation, please scan the QR code
to donate to the Cathedral Parish.



*Your financial support of the Cathedral Parish
is always appreciated.*

FRIDAY 16 FEBRUARY 2024

Friday after Ash Wednesday

ENTRANCE ANTIPHON:

The Lord heard and had mercy on me;
the Lord became my helper.

FIRST READING: Isaiah 58:1-9 (JB)

RESPONSORIAL PSALM:

Ps 50:3-6, 18-19 (JB)

R. A broken humbled heart, O God, you will
not scorn.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin. R.

My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done. R.

For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice a contrite spirit.
A humbled, contrite heart you will not
spurn. R.

GOSPEL ACCLAMATION:

Glory and praise to you, Lord Jesus Christ!
Seek good and not evil so that you may live,
and the Lord will be with you.
Glory and praise to you, Lord Jesus Christ!

GOSPEL: Matthew 9:14-15 (JB)

COMMUNION ANTIPHON:

O Lord, make me know your ways,
teach me your paths.

Acknowledgements:

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SATURDAY 17 FEBRUARY 2024

Saturday after Ash Wednesday

ENTRANCE ANTIPHON:

Answer us, Lord, for your mercy is kind;
in the abundance of your mercies, look upon
us and make it our glory to praise you.

FIRST READING: Isaiah 58:9-14 (JB)

RESPONSORIAL PSALM:

Ps 85:1-6 (JB)

R. Teach me your way, O Lord, that I may be
faithful in your sight.

Turn your ear, O Lord, and give answer
for I am poor and needy.
Preserve my life, for I am faithful:
save the servant who trusts in you. R.

You are my God, have mercy on me, Lord,
for I cry to you all the day long.
Give joy to your servant, O Lord,
for to you I lift up my soul. R.

O Lord, you are good and forgiving,
full of love to all who call.
Give heed, O Lord, to my prayer
and attend to the sound of my voice. R.

GOSPEL ACCLAMATION:

Ezekiel 33:11 (JB)

Glory to you, Word of God, Lord Jesus Christ!
I do not wish the sinner to die, says the Lord,
but to turn to me and live.
Glory to you, Word of God, Lord Jesus Christ!

GOSPEL: Luke 5:27-32 (JB)

COMMUNION ANTIPHON:

I desire mercy, not sacrifice, says the Lord,
for I did not come to call the just but sinners.