

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

SWEET SACRAMENT DIVINE

Sweet Sacrament Divine,
hid in thy earthly home,
Lo! Round thy lowly shrine,
with suppliant hearts we come.
Jesus, to thee our voice we raise
in songs of love and heartfelt praise,
Sweet Sacrament Divine.

Sweet Sacrament of Peace,
dear home of every heart,
where restless yearnings cease,
and sorrows all depart.
There in thine ear, all trustfully
We tell our tale of misery
Sweet Sacrament of Peace.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: *For they were like sheep
without a shepherd.*

Celebrant: Jesus said, 'The harvest is
ready.'

Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: *O Lord, we pray for more
young people to answer the call to
become priests and religious in your
harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



WEEKDAY PRAYER SHEET

08 — 14 JANUARY 2023 THE EPIPHANY OF THE LORD YEAR A

MONDAY 09 JANUARY 2023

THE BAPTISM OF THE LORD (F)

ENTRANCE ANTIPHON:

After the Lord was baptised, the heavens
were opened,
and the Spirit descended upon him like a
dove,
and the voice of the Father thundered:
This is my beloved Son, with whom I am well
pleased.

FIRST READING:

Isaiah 42:1-4, 6-7 (JB) **OR**
Acts 10:34-38 (JB)

RESPONSORIAL PSALM:

Ps 28:1-4, 9-10 (JB)

R. The Lord will bless his people with peace.

O give the Lord you sons of God,
give the Lord glory and power;
give the Lord the glory of his name.
Adore the Lord in his holy court. **R.**

The Lord's voice resounding on the waters,
the Lord on the immensity of waters;
the voice of the Lord, full of power,
the voice of the Lord, full of splendour. **R.**

The God of glory thunders.
In his temple they all cry: 'Glory!'
The Lord sat enthroned over the flood;
the Lord sits as king for ever. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
The heavens were opened and the Father's
voice was heard:
this is my beloved Son, hear him.
Alleluia!

GOSPEL:

Matthew 3:13-17 (JB)

COMMUNION ANTIPHON:

Behold the One of whom John said:
I have seen and testified that this is the Son
of God.

TUESDAY 10 JANUARY 2023

Tuesday of the first week in Ordinary Time

ENTRANCE ANTIPHON:

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison:
Behold him, the name of whose empire is
eternal.

FIRST READING:

Hebrews 2:5-12 (JB)

RESPONSORIAL PSALM:

Ps 8:2, 5-9 (JB)

R. You gave your Son authority
over all your creation.

How great is your name, O Lord our God,
through all the earth!
What is man that you should keep him in
mind,
mortal man that you care for him? **R.**

Yet you have made him little less than a god;
with glory and honour you crowned him,
gave him power over the works of your hand,
put all things under his feet. **R.**

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Receive this message not as human words,
but as truly the word of God.
Alleluia!

GOSPEL:

Mark 1:21-28 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.

WEDNESDAY 11 JANUARY 2023*Wednesday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison:
Behold him, the name of whose empire is
eternal.

FIRST READING:

Hebrews 2:14-18 (JB)

RESPONSORIAL PSALM:*Ps 104:1-4, 6-9 (JB)*

R. The Lord remembers his covenant for ever.
or
R. Alleluia!

Give thanks to the Lord, tell his name,
make known his deeds among the peoples.
O sing to him, sing his praise;
tell all his wonderful works! **R.**

Be proud of his holy name,
let the hearts that seek the Lord rejoice.
Consider the Lord and his strength;
constantly seek his face. **R.**

O children of Abraham, his servant,
O sons of the Jacob he chose.
He, the Lord, is our God:
his judgements prevail in all the earth. **R.**

He remembers his covenant for ever,
his promise for a thousand generations,
the covenant he made with Abraham,
the oath he swore to Isaac. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!

GOSPEL:

Mark 1:29-39 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.

Support of the Cathedral Parish

Your financial support of the Cathedral Parish is always
appreciated. Ways to financially support your Parish:

The "Tap & Go" facility at the door of the church;
Place your donation in the collection bags after Mass;
Online donation, please scan the QR code

THURSDAY 12 JANUARY 2023*Thursday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison:
Behold him, the name of whose empire is
eternal.

FIRST READING:

Hebrews 3:7-14 (JB)

RESPONSORIAL PSALM:*Ps 94:6-11 (JB)*

R. If today you hear his voice,
harden not your hearts.

Come in; let us bow and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. **R.**

O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my
work. **R.**

For forty years I was wearied of these people
and I said: "Their hearts are astray,
these people do not know my ways."
Then I took an oath in my anger:
"Never shall they enter my rest." **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Jesus preached the Good News of the
kingdom
and healed all who were sick.
Alleluia!

GOSPEL:

Mark 1:40-45 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.

**QR code—scan to donate to the Cathedral
Parish**

**FRIDAY 13 JANUARY 2023***Friday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison:
Behold him, the name of whose empire is
eternal.

FIRST READING:

Hebrews 4:1-5, 11 (JB)

RESPONSORIAL PSALM:*Ps 77:3-4, 6-8 (JB)*

R. Do not forget the works of the Lord!

The things we have heard and
understood,
the things our fathers have told us
we will not hide from their children
but will tell them to the next generation:
the glories of the Lord and his might
and the marvellous deeds he has
done. **R.**

They too should arise and tell their sons
that they too should set their hope in
God
and never forget God's deeds
but keep every one of his commands. **R.**

So that they might not be like their
fathers,
a defiant and rebellious race,
a race whose heart was fickle,
whose spirit was unfaithful to God. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
A great prophet has appeared among us;
God has visited his people.
Alleluia!

GOSPEL:

Mark 2:1-12 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.

SATURDAY 14 JANUARY 2023*Saturday of the first week in Ordinary Time***ENTRANCE ANTIPHON:**

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in
unison:
Behold him, the name of whose empire is
eternal.

FIRST READING:

Hebrews 4:12-16 (JB)

RESPONSORIAL PSALM:*Ps 18:8-10, 15 (JB)*

R. Your words, Lord,
are spirit and life.

The law of the Lord is perfect,
it revives the soul.
The rule of the Lord is to be trusted,
it gives wisdom to the simple. **R.**

The precepts of the Lord are right,
they gladden the heart.
The command of the Lord is clear,
it gives light to the eyes. **R.**

The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just. **R.**

May the spoken words of my mouth,
the thoughts of my heart,
win favour in your sight, O Lord,
my rescuer, my rock! **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
The Lord sent me to bring Good News to
the poor
and freedom to prisoners.
Alleluia!

GOSPEL:

Mark 2:13-17 (JB)

COMMUNION ANTIPHON:

With you, O Lord, is the fountain of life,
and in your light we see light.