

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

Holy God, We Praise Your Name

Holy God we praise your name!
Lord of all, we bow before you;
All on earth your pow'r proclaim,
All in heaven above adore you;
Boundless is your vast domain,
Everlasting is your reign.

Holy Father, Holy Son,
Holy Spirit, Three we name you;
While in essence only One,
Undivided God we claim you,
And adoring bend the knee,
While we own the mystery.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: *For they were like sheep without a shepherd.*

Celebrant: Jesus said, 'The harvest is ready.'

Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our labourers for the harvest.

Response: *O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



MONDAY 19 DECEMBER 2022

19 December

ENTRANCE ANTIPHON:

He who is to come will come and will not delay,
and now there will be no fear within our land,
for he is our Saviour.

FIRST READING:

Judges 13:2-7, 24-25 (JB)

RESPONSORIAL PSALM:

Ps 70:3-6, 16-17 (JB)

R. Fill me with your praise
and I will sing your glory!

Be a rock where I can take refuge,
a mighty stronghold to save me;
for you are my rock, my stronghold.
Free me from the hand of the wicked. **R.**

It is you, O Lord, who are my hope,
my trust, O Lord, since my youth.
On you I have leaned from my birth,
from my mother's womb you have been my help. **R.**

I will declare the Lord's mighty deeds
proclaiming your justice, yours alone.
O God, you have taught me from my youth
and I proclaim your wonders still. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Come,
Flower of Jesse's stem,
sign of God's love for all his people:
save us without delay!
Alleluia!

GOSPEL:

Luke 1:5-25 (JB)

COMMUNION ANTIPHON:

The Dawn from on high will visit us,
guiding our feet in the way of peace.

WEEKDAY PRAYER SHEET

18—24 DECEMBER 2022
4TH SUNDAY OF ADVENT
YEAR A

TUESDAY 20 DECEMBER 2022

20 December

ENTRANCE ANTIPHON:

A branch shall sprout from the root of Jesse,
and the glory of the Lord will fill the whole earth,
and all flesh will see the salvation of God.

FIRST READING:

Isaiah 7:10-14 (JB)

RESPONSORIAL PSALM:

Ps 23:1-6 (JB)

R. Let the Lord enter;
he is king of glory.

The Lord's is the earth and its fullness,
the world and all its peoples.
It is he who set it on the seas;
on the waters he made it firm. **R.**

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?
The man with clean hands and pure heart,
who desires not worthless things. **R.**

He shall receive blessings from the Lord
and reward from the God who saves him.
Such are the men who seek him,
seek the face of the God of Jacob. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Come,
Key of David,
opening the gates of God's eternal kingdom:
free the prisoners of darkness!
Alleluia!

GOSPEL:

Luke 1:26-38 (JB)

COMMUNION ANTIPHON:

The Angel said to Mary:
Behold, you will conceive and bear a son,
and you shall name him Jesus.

WEDNESDAY 21 DECEMBER 2022*21 December***ENTRANCE ANTIPHON:**

The Lord and Ruler will be coming soon,
and his name will be called Emmanuel,
because he will be God-with-us.

FIRST READING:

Song of Songs 2:8-14 (JB) **OR**
Zephaniah 3:14-18 (JB)

RESPONSORIAL PSALM:*Ps 32:2-3, 11-12, 20-21 (JB)*

R. Cry out with joy in the Lord, you holy ones;
sing a new song to him.

Give thanks to the Lord upon the harp,
with a ten-stringed lute sing him songs.
O sing him a song that is new,
play loudly, with all your skill. **R.**

His own designs shall stand for ever,
the plans of his heart from age to age..
They are happy, whose God is the Lord,
the people he has chosen as his own. **R.**

Our soul is waiting for the Lord.
The Lord is our help and our shield.
In him do our hearts find joy.
We trust in his holy name. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Emmanuel,
God's presence among us, our King, our Judge:
save us, Lord our God!
Alleluia!

GOSPEL:

Luke 1:39-45 (JB)

COMMUNION ANTIPHON:

Blessed are you who have believed,
that what was spoken to you by the Lord would
be fulfilled.

Support of the Cathedral Parish

*Your financial support of the Cathedral Parish is
always appreciated. Ways to financially support
your Parish:*

*The "Tap & Go" facility at the door of the church;
Place your donation in the collection bags after
Mass;*

Online donation, please scan the QR code

THURSDAY 22 DECEMBER 2022*22 December***ENTRANCE ANTIPHON:**

O gates, lift high your heads; grow higher,
ancient doors.
Let him enter, the king of glory!

FIRST READING:

1 Samuel 1:24-28 (JB)

RESPONSORIAL PSALM:*1 Samuel 2:1, 4-8 (JB)*

R. My heart rejoices in the Lord, my Saviour.

My heart exults in the Lord,
I find my strength in my God;
my mouth laughs at my enemies
as I rejoice in your saving help. **R.**

The bows of the mighty are broken,
but the weak are clothed with strength.
Those with plenty must labour for bread,
but the hungry need work no more.
The childless wife has children now
but the fruitful wife bears no more. **R.**

It is the Lord who gives life and death,
he brings men to the grave and back;
it is the Lord who gives poverty and riches.
He brings men low and raises them on high. **R.**

He lifts up the lowly from the dust,
from the dungheap he raises the poor
to set him in the company of princes,
to give him a glorious throne.
For the pillars of the earth are the Lord's,
on them he has set the world. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
King of all nations,
source of your Church's unity and faith:
save all people, your own creation!
Alleluia!

GOSPEL:

Luke 1:46-56 (JB)

COMMUNION ANTIPHON:

My soul proclaims the greatness of the Lord,
for the Almighty has done great things for me.

**QR code—scan to donate to the Cathedral
Parish**

**FRIDAY 23 DECEMBER 2022***23 December***ENTRANCE ANTIPHON:**

A child shall be born for us,
and he will be called God, the Almighty;
every tribe of the earth shall be blest in him.

FIRST READING:

Malachi 3:1-4, 23-24 (JB)

RESPONSORIAL PSALM:*Ps 24:4-5, 8-9, 10, 14 (JB)*

R. Lift up your heads and see;
your redemption is near at hand.

Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour. **R.**

The Lord is good and upright.
He shows the path to those who stray.
He guides the humble in the right path;
he teaches his way to the poor. **R.**

His ways are faithfulness and love
for those who keep his covenant and will.
The Lord's friendship is for those who revere
him;
to them he reveals his covenant. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
King of all nations,
source of your Church's unity and faith:
save all people, your own creation!
Alleluia!

GOSPEL:

Luke 1:57-66 (JB)

COMMUNION ANTIPHON:

Behold, I stand at the door and knock:
if anyone hears my voice and opens the
door to me,
I will enter his house and dine with him, and
he with me.

SATURDAY 24 DECEMBER 2022*24 December*

The Morning Mass

ENTRANCE ANTIPHON:

Behold, when the fullness of time had come,
God sent his Son into the world.

FIRST READING:

2 Samuel 7:1-5, 8-12, 14, 16 (JB)

RESPONSORIAL PSALM:*Ps 88:2-5, 27, 29 (JB)*

R. For ever I will sing the goodness of the
Lord.

I will sing for ever of your love, O Lord;
through all ages my mouth will proclaim your
truth.
Of this I am sure, that your love lasts for
ever,
that your truth is firmly established as the
heavens. **R.**

'I have made a covenant with my chosen
one;
I have sworn to David my servant;
I will establish your dynasty for ever
and set up your throne through all ages.' **R.**

He will say to me: 'You are my father,
my God, the rock who saves me.'
I will keep my love for him always;
for him my covenant shall endure. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Radiant Dawn,
splendour of eternal light, sun of justice:
shine on those lost in the darkness of death!
Alleluia!

GOSPEL:

Luke 1:67-79 (JB)

COMMUNION ANTIPHON:

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed
them.