

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim, op'ning wide  
The gate of heav'n to us below.  
Our foes press on from ev'ry side,  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with thee.  
Amen.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN  
V. You have given them bread from heaven  
R. Having in itself all delight.

## Holy God, We Praise Your Name

Holy God we praise your name!  
Lord of all, we bow before you;  
All on earth your pow'r proclaim,  
All in heaven above adore you;  
Boundless is your vast domain,  
Everlasting is your reign.

Holy Father, Holy Son,  
Holy Spirit, Three we name you;  
While in essence only One,  
Undivided God we claim you,  
And adoring bend the knee,  
While we own the mystery.

## PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

**Celebrant:** At the sight of the crowds,  
Jesus' heart was moved.

**Response:** *For they were like sheep  
without a shepherd.*

**Celebrant:** Jesus said, 'The harvest is  
ready.'

**Response:** *But the labourers are few.*

**Celebrant:** Ask the Lord to send our  
labourers for the harvest.

**Response:** *O Lord, we pray for more  
young people to answer the call to  
become priests and religious in your  
harvest.*

**Celebrant:** And shepherd for your people.

**Response:** *Amen.*



## MONDAY 20 MARCH 2023

*Saint Joseph (S)*

### ENTRANCE ANTIPHON:

Behold, a faithful and prudent steward,  
whom the Lord set over his household.

### FIRST READING:

2 Samuel 7:4-5, 12-14, 16 (JB)

### RESPONSORIAL PSALM:

Ps 88:2-5, 27, 29 (JB)

**R.** The son of David will live for ever.

I will sing for ever of your love, O Lord;  
through all ages my mouth will proclaim your  
truth.

Of this I am sure, that your love lasts for ever,  
that your truth is firmly established as the  
heavens. **R.**

'I have made a covenant with my chosen one;  
I have sworn to David my servant:  
I will establish your dynasty for ever  
and set up your throne through all ages.' **R.**

He will say to me: 'You are my father,  
my God, the rock who saves me.'  
I will keep my love for him always;  
for him my covenant shall endure. **R.**

### SECOND READING:

Romans 4:13, 16-18, 22 (JB)

### GOSPEL ACCLAMATION:

Glory and praise to you, Lord Jesus Christ!  
How happy they who dwell in your house, O  
Lord;  
continually they sing your praise!  
Glory and praise to you, Lord Jesus Christ!

### GOSPEL:

Matthew 1:16, 18-21, 24 (JB) OR  
Luke 2:41-51 (JB)

### COMMUNION ANTIPHON:

Well done, good and faithful servant.  
Come, share your master's joy.

## WEEKDAY PRAYER SHEET

19—25 MARCH 2023  
FOURTH WEEK OF LENT  
YEAR A

## TUESDAY 21 MARCH 2023

*Tuesday of the fourth week of Lent*

### ENTRANCE ANTIPHON:

All who are thirsty, come to the waters, says the  
Lord.  
Though you have no money, come and drink  
with joy.

### FIRST READING:

Ezekiel 47:1-9, 12 (JB)

### RESPONSORIAL PSALM:

Ps 45:2-3, 5-6, 8-9 (JB)

**R.** The mighty Lord is with us;  
the God of Jacob is our refuge.

God is for us a refuge and strength,  
a helper close at hand, in time of distress:  
so we shall not fear though the earth should  
rock,  
though the mountains fall into the depths of the  
sea. **R.**

The waters of a river give joy to God's city,  
the holy place where the Most High swells.  
God is within, it cannot be shaken;  
God will help it at the dawning of the day. **R.**

The Lord of hosts is with us:  
the God of Jacob is our stronghold.  
Come, consider the works of the Lord  
the redoubtable deeds he has done on the earth.  
**R.**

### GOSPEL ACCLAMATION:

Praise and honour to you, Lord Jesus Christ!  
Create a clean heart in me, O God;  
give back to me the joy of your salvation.  
Praise and honour to you, Lord Jesus Christ!

### GOSPEL:

John 5:1-3, 5-16 (JB)

### COMMUNION ANTIPHON:

The Lord is my shepherd; there is nothing I shall  
want.  
Fresh and green are the pastures where he  
gives me repose,  
near restful waters he leads me.

**WEDNESDAY 22 MARCH 2023***Wednesday of the fourth week of Lent***ENTRANCE ANTIPHON:**

I pray to you, O Lord, for a time of your favour.

In your great mercy, answer me, O God, with your salvation that never fails.

**FIRST READING:**

Isaiah 49:8-15 (JB)

**RESPONSORIAL PSALM:**

Ps 144:8-9, 13-14, 17-18 (JB)

**R.** The Lord is kind and merciful.

The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures. **R.**

The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down. **R.**

The Lord is just in all his ways and loving in all his deeds. He is close to all who call him who call on him from their hearts. **R.**

**GOSPEL ACCLAMATION:**

Glory and praise to you, Lord Jesus Christ! I am the resurrection and the life, says the Lord; whoever believes in me will not die for ever. Glory and praise to you, Lord Jesus Christ!

**GOSPEL:**

John 5:17-30 (JB)

**COMMUNION ANTIPHON:**

God did not send his Son into the world to judge the world, but that the world might be saved through him.

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*Online donation, please scan the QR code*

**THURSDAY 23 MARCH 2023***Thursday of the fourth week of Lent***ENTRANCE ANTIPHON:**

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.

**FIRST READING:**

Exodus 32:7-14 (JB)

**RESPONSORIAL PSALM:**

*Ps 105:19-23 (JB)*

**R.** Lord, remember us for the love you bear your people.

They fashioned a calf at Horeb and worshipped an image of metal, exchanging the God who was their glory for the image of a bull that eats grass. **R.**

They forgot the God who was their saviour, who had done such great things in Egypt, such portents in the land of Ham, such marvels at the Red Sea. **R.**

For this he said he would destroy them, but Moses, the man he had chosen, stood in the breach before him, to turn back his anger from destruction. **R.**

**GOSPEL ACCLAMATION:**

Glory to you, Word of God, Lord Jesus Christ! God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life. Glory to you, Word of God, Lord Jesus Christ!

**GOSPEL:**

John 5:31-47 (JB)

**COMMUNION ANTIPHON:**

I will place my law within them, and I will write it upon their hearts; and I will be their God, and they shall be my people, says the Lord.

**QR code—scan to donate to the Cathedral Parish**

**FRIDAY 24 MARCH 2023***Friday of the fourth week of Lent***ENTRANCE ANTIPHON:**

O God, save me by your name; by your power, defend my cause. O God, hear my prayer; give ear to the words of my mouth.

**FIRST READING:**

Wisdom 2:1, 12-22 (JB)

**RESPONSORIAL PSALM:**

Ps 33:16, 18, 19-21, 23 (JB)

**R.** The Lord is near to broken hearts.

The Lord turns his face against the wicked to destroy their remembrance from the earth.

The just call and the Lord hears and rescues them in all their distress. **R.**

The Lord is close to the broken-hearted; those whose spirit is crushed he will save. Many are the trials of the just man but from them all the Lord will rescue him. **R.**

He will keep guard over all his bones, not one of his bones shall be broken. The Lord ransoms the souls of his servants. Those who hide in him shall not be condemned. **R.**

**GOSPEL ACCLAMATION:**

Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

**GOSPEL:**

John 7:1-2, 10, 25-30 (JB)

**COMMUNION ANTIPHON:**

In Christ, we have redemption by his Blood, and forgiveness of our sins, in accord with the riches of his grace.

**SATURDAY 25 MARCH 2023***THE ANNUNCIATION OF THE LORD (S)***ENTRANCE ANTIPHON:**

The Lord said, as he entered the world: Behold, I come to do your will, O God.

**FIRST READING:**

Isaiah 7:10-14, 8:10 (JB)

**RESPONSORIAL PSALM:**

Ps 39:7-11 (JB)

**R.** Here am I, Lord; I come to do your will.

You do not ask for sacrifice and offerings, but an open ear. You do not ask for holocaust and victim. Instead, here am I. **R.**

In the scroll of the book it stands written that I should do your will. My God, I delight in your law in the depth of my heart. **R.**

Your justice I have proclaimed in the great assembly. My lips I have not sealed; you know it, O Lord. **R.**

I have not hidden your justice in my heart but declared your faithful help. I have not hidden your love and your truth from the great assembly. **R.**

**SECOND READING:**

Hebrews 10:4-10 (JB)

**GOSPEL ACCLAMATION:**

Praise to you, Lord Jesus Christ, king of endless glory! The Word of God became flesh and dwelt among us; and we saw his glory. Praise to you, Lord Jesus Christ, king of endless glory!

**GOSPEL:**

Luke 1:26-38 (JB)

**COMMUNION ANTIPHON:**

Behold, a Virgin shall conceive and bear a son; and his name will be called Emmanuel.