

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: *For they were like sheep
without a shepherd.*

Celebrant: Jesus said, 'The harvest is
ready.'

Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: *O Lord, we pray for more
young people to answer the call to
become priests and religious in your
harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



WEEKDAY PRAYER SHEET

15 — 21 JANUARY 2023 SECOND SUNDAY IN ORDINARY TIME YEAR A

MONDAY 16 JANUARY 2023

Monday of the second week in Ordinary Time

ENTRANCE ANTIPHON:

All the earth shall bow down before you, O
God,
and shall sing to you,
shall sing to your name, O Most High!

FIRST READING:

Hebrews 5:1-10 (JB)

RESPONSORIAL PSALM:

Ps 109:1-4 (JB)

R. You are a priest for ever,
in the line of Melchizedek.

The Lord's revelation to my Master:

'Sit on my right:

I will put your foes beneath your feet.' **R.**

The Lord will send from Zion
your sceptre of power:
rule in the midst of all your foes. **R.**

A prince from the day of your birth
on the holy mountains;
from the womb before the daybreak I begot
you. **R.**

The Lord has sworn an oath he will not
change.

'You are a priest for ever,
a priest like Melchizedek of old.' **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

The word of God is living and active;
it probes the thoughts and motives of our
heart.
Alleluia!

GOSPEL:

Mark 2:18-22 (JB)

COMMUNION ANTIPHON:

You have prepared a table before me,
and how precious is the chalice that
quenches my thirst.

TUESDAY 17 JANUARY 2023

Saint Anthony (M)

ENTRANCE ANTIPHON:

The just will flourish like the palm tree,
and grow like a Lebanon cedar,
planted in the house of the Lord,
in the courts of the house of our God.

FIRST READING:

Hebrews 6:10-20 (JB)

RESPONSORIAL PSALM:

Ps 110:1-2, 4-5, 9, 10 (JB)

R. The Lord will remember his covenant for
ever.

or

R. Alleluia!

I will thank the Lord with all my heart
in the meeting of the just and their assembly.
Great are the works of the Lord;
to be pondered by all who love them. **R.**

He makes us remember his wonders.
The Lord is compassion and love.
He gives food to those who fear him;
keeps his covenant ever in mind. **R.**

He has sent deliverance to his people
and established his covenant for ever.
Holy his name, to be feared.
His praise shall last for ever! **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

May the Father of our Lord Jesus Christ
enlighten the eyes of our heart
that we might see how great is the hope
to which we are called.
Alleluia!

GOSPEL:

Mark 2:23-28 (JB)

COMMUNION ANTIPHON:

If you would be perfect,
go, sell what you have, give to the poor,
and follow me, says the Lord.

WEDNESDAY 18 JANUARY 2023*Wednesday of the second week in Ordinary Time***ENTRANCE ANTIPHON:**

All the earth shall bow down before you, O God,
and shall sing to you,
shall sing to your name, O Most High!

FIRST READING:

Hebrews 7:1-3, 15-17 (JB)

RESPONSORIAL PSALM:*Ps 109:1-4 (JB)*

R. You are a priest for ever,
in the line of Melchizedek.

The Lord's revelation to my Master:
'Sit on my right:
I will put your foes beneath your feet.' **R.**

The Lord will send from Zion
your sceptre of power;
rule in the midst of all your foes. **R.**

A prince from the day of your birth
on the holy mountains;
from the womb before the daybreak I begot
you. **R.**

The Lord has sworn an oath he will not
change.

'You are a priest for ever,
a priest like Melchizedek of old.' **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Jesus preached the Good News of the
kingdom
and healed all who were sick.
Alleluia!

GOSPEL:

Mark 3:1-6 (JB)

COMMUNION ANTIPHON:

You have prepared a table before me,
and how precious is the chalice that
quenches my thirst.

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appreciated. Ways to financially support your Parish:

The "Tap & Go" facility at the door of the church;
Place your donation in the collection bags after Mass;
Online donation, please scan the QR code

THURSDAY 19 JANUARY 2023*Thursday of the second week in Ordinary Time***ENTRANCE ANTIPHON:**

All the earth shall bow down before you, O
God,
and shall sing to you,
shall sing to your name, O Most High!

FIRST READING:

Hebrews 7:25 - 8:6 (JB)

RESPONSORIAL PSALM:*Ps 39:7-10, 17 (JB)*

R. Here am I, Lord;
I come to do your will.

You do not ask for sacrifice and offerings,
but an open ear.
You do not ask for holocaust and victim.
Instead, here am I. **R.**

In the scroll of the book it stands written
that I should do your will.
My God, I delight in your law
in the depth of my heart. **R.**

Your justice I have proclaimed
in the great assembly.
My lips I have not sealed;
you know it, O Lord. **R.**

O let there be rejoicing and gladness
for all who seek you.
Let them ever say: 'The Lord is great',
who love your saving help. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Our Saviour Jesus Christ has done away with
death
and brought us life through his gospel.
Alleluia!

GOSPEL:

Mark 3:7-12 (JB)

COMMUNION ANTIPHON:

You have prepared a table before me,
and how precious is the chalice that
quenches my thirst.

**QR code—scan to donate to the Cathedral
Parish**

**FRIDAY 20 JANUARY 2023***Friday of the second week in Ordinary Time***ENTRANCE ANTIPHON:**

All the earth shall bow down before you,
O God,
and shall sing to you,
shall sing to your name, O Most High!

FIRST READING:

Hebrews 8:6-13 (JB)

RESPONSORIAL PSALM:*Ps 84:8, 10-14 (JB)*

R. Kindness and truth shall meet.

Let us see, O Lord, your mercy
and give us your saving help.
His help is near for those who fear him
and his glory will dwell in our land. **R.**

Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. **R.**

The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
God was in Christ, to reconcile the world
to himself;
and the Good News of reconciliation he
has entrusted to us.
Alleluia!

GOSPEL:

Mark 3:13-19 (JB)

COMMUNION ANTIPHON:

You have prepared a table before me,
and how precious is the chalice that
quenches my thirst.

SATURDAY 21 JANUARY 2023*Saint Agnes (M)***ENTRANCE ANTIPHON:**

Blessed is the virgin
who by denying herself and taking up her
cross
imitated the Lord, the spouse of virgins
and prince of martyrs (**E.T. alleluia**).

FIRST READING:

Hebrews 9:2-3, 11-14 (JB)

RESPONSORIAL PSALM:*Ps 46:2-3, 6-9 (JB)*

R. God mounts his throne to shouts of
joy;
a blare of trumpets for the Lord.

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must
fear,
great king over all the earth. **R.**

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise. **R.**

God is king of all the earth.
Sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Open our hearts, O Lord,
to listen to the words of your Son.
Alleluia!

GOSPEL:

Mark 3:20-21 (JB)

COMMUNION ANTIPHON:

The Lamb who is at the centre of the
throne
will lead them to the springs of the
waters of life (**E.T. alleluia**).