

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim, op'ning wide  
The gate of heav'n to us below.  
Our foes press on from ev'ry side,  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with thee.  
Amen.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN  
V. You have given them bread from heaven  
R. Having in itself all delight.

## SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;  
Body of Christ, be thou my saving guest;  
Blood of my Saviour, bathe me in thy tide,  
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;  
O blessed Jesus, hear and answer me;  
Deep in thy wounds, Lord, hide and shelter me;  
So shall I never, never part from thee.

Guard and defend me from the foe malign;  
In death's dread moments make me only thine.  
Call me and bid me come to thee on high,  
When I may praise thee with thy saints for aye.

## PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

**Celebrant:** At the sight of the crowds,  
Jesus' heart was moved.

**Response:** For they were like sheep  
without a shepherd.

**Celebrant:** Jesus said, 'The harvest is  
ready.'

**Response:** But the labourers are few.

**Celebrant:** Ask the Lord to send our  
labourers for the harvest.

**Response:** O Lord, we pray for more  
young people to answer the call to become  
priests and religious in your harvest.

**Celebrant:** And shepherd for your people.

**Response:** Amen.



## WEEKDAY PRAYER SHEET

15 JAN – 20 JAN 2024  
SECOND WEEK IN ORDINARY TIME  
YEAR B

### MONDAY 15 JANUARY 2024

*Monday of the second week in Ordinary Time*

#### ENTRANCE ANTIPHON:

All the earth shall bow down before you, O  
God, and shall sing to you, shall sing to your  
name, O Most High!

#### FIRST READING:

1 Samuel 15:16-23 (JB)

#### RESPONSORIAL PSALM:

Ps 49:8-9, 16-17, 21, 23

**R.** To the upright I will show the saving power  
of God.

'I find no fault with your sacrifices,  
your offerings are always before me.  
I do not ask more bullocks from your farms,  
nor goats from among your herds. **R.**

'But how can you recite my commandments  
and take my covenant on your lips,  
you who despise my law  
and throw my words to the winds. **R.**

'You do this, and should I keep silence?  
Do you think that I am like you?  
a sacrifice of thanksgiving honours me  
and I will show God's salvation to the  
upright.' **R.**

#### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
The word of God is living and active;  
it probes the thoughts and motives of our  
heart.  
Alleluia!

**GOSPEL:** Mark 2:18-22 (JB)

#### COMMUNION ANTIPHON:

You have prepared a table before me,  
and how precious is the chalice that quenches  
my thirst.

### TUESDAY 16 JANUARY 2024

*Tuesday of the second week in Ordinary Time*

#### ENTRANCE ANTIPHON:

All the earth shall bow down before you, O  
God, and shall sing to you, shall sing to your  
name, O Most High!

#### FIRST READING:

1 Samuel 16:1-13 (JB)

#### RESPONSORIAL PSALM:

Ps 88:20-22, 27-28 (JB)

**R.** I have found David, my servant.

Of old you spoke in a vision.  
To your friends the prophets you said:  
'I have set the crown on a warrior,  
I have exalted one chosen from the people. **R.**

'I have found David my servant  
and with my holy oil anointed him.  
My hand shall always be with him  
and my arm shall make him strong. **R.**

'He will say to me: "You are my father,  
my God, the rock who saves me."  
And I will make him my first-born,  
the highest of the kings of the earth.' **R.**

#### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
May the Father of our Lord Jesus Christ  
enlighten the eyes of our heart  
that we might see how great is the hope  
to which we are called.  
Alleluia!

**GOSPEL:** Mark 2:23-28 (JB)

#### COMMUNION ANTIPHON:

You have prepared a table before me,  
and how precious is the chalice that quenches  
my thirst.

**WEDNESDAY 17 JANUARY 2024***Saint Anthony (M)***ENTRANCE ANTIPHON:**

The just will flourish like the palm tree,  
and grow like a Lebanon cedar, planted in the  
house of the Lord, in the courts of the house of  
our God.

**FIRST READING:**

1 Samuel 17:32-33, 37, 40-51

**RESPONSORIAL PSALM:**

Ps 143:1-2, 9-10 (JB)

**R.** Blessed be the Lord, my Rock!

Blessed be the Lord, my rock  
who trains my arms for battle,  
who prepares my hands for war. **R.**

He is my love, my fortress;  
he is my stronghold, my saviour,  
my shield, my place of refuge.  
He brings peoples under my rule. **R.**

To you, O God, will I sing a new song;  
I will play on the ten-stringed lute  
to you who give kings their victory,  
who set David your servant free. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Jesus preached the Good News of the  
kingdom and healed all who were sick.  
Alleluia!

**GOSPEL:**

Mark 3:1-6

**COMMUNION ANTIPHON:**

If you would be perfect, go, sell what you  
have, give to the poor, and follow me, says the  
Lord.

**THURSDAY 18 JANUARY 2024***Thursday of the second week in Ordinary  
Time***ENTRANCE ANTIPHON:**

All the earth shall bow down before you, O  
God, and shall sing to you, shall sing to your  
name, O Most High!

**FIRST READING:**

1 Samuel 18:6-9; 19:1-7 (JB)

**RESPONSORIAL PSALM:**

Ps 55:2-3, 9-14 (JB)

**R.** In God I trust; I shall not fear.

Have mercy on me, God, men crush me;  
they fight me all day long and oppress me.  
My foes crush me all the day long,  
for many fight proudly against me. **R.**

You have kept an account of my wanderings;  
you have kept a record of my tears;  
(are they not written in your book?)  
Then my foes will be put to flight  
on the day I call to you. **R.**

This I know, that God is on my side.  
In God, whose word I praise,  
in the Lord, whose word I praise,  
in God I trust; I shall not fear;  
what can mortal man do to me? **R.**

I am bound by the vows I have made you.  
O God, I will offer you praise  
for you rescued my soul from death,  
you kept my feet from stumbling  
that I may walk in the presence of God  
in the light of the living. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Our Saviour Jesus Christ has done away with  
death and brought us life through his gospel.  
Alleluia!

**GOSPEL:** Mark 3:7-12 (JB)**COMMUNION ANTIPHON:**

You have prepared a table before me,  
and how precious is the chalice that quenches  
my thirst.

Acknowledgements:  
Mass texts from English translation of *The Roman Missal* © 2010. ICEL.  
All rights reserved.  
Responsorial Psalms and Gospel acclamations from *The Lectionary for  
Mass* © 1969, 1981, 1997. ICEL. All rights reserved.

**FRIDAY 19 JANUARY 2024***Friday of the second week in Ordinary Time***ENTRANCE ANTIPHON:**

All the earth shall bow down before you, O  
God, and shall sing to you, shall sing to your  
name, O Most High!

**FIRST READING:**

1 Samuel 24:3-21 (JB)

**RESPONSORIAL PSALM:**

Ps 56:2-4, 6, 11 (JB)

**R.** Have mercy on me, God, have mercy.

Have mercy on me, God, have mercy  
for in you my soul has taken refuge.  
In the shadow of your wings I take refuge  
till the storms of destruction pass by. **R.**

I call to God the Most High,  
to God who has always been my help.  
May he send from heaven and save me  
and shame those who assail me.  
May God send his truth and his love. **R.**

O God, arise above the heavens;  
may your glory shine on earth,  
for your love reaches to the heavens  
and your truth to the skies. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
God was in Christ, to reconcile the world to  
himself; and the Good News of reconciliation  
he has entrusted to us.  
Alleluia!

**GOSPEL:**

Mark 3:13-19 (JB)

**COMMUNION ANTIPHON:**

You have prepared a table before me,  
and how precious is the chalice that  
quenches my thirst.

*Support for the Cathedral Parish*

To financially support your Parish, use the "Tap &  
Go" facility at the door of the church;  
or for an on-line donation, please scan the QR code  
to donate to the Cathedral Parish.



*Your financial support of the Cathedral Parish  
is always appreciated.*

**SATURDAY 20 JANUARY 2024***Saturday of the second week in Ordinary Time***ENTRANCE ANTIPHON:**

All the earth shall bow down before you, O  
God, and shall sing to you, shall sing to your  
name, O Most High!

**FIRST READING:**

2 Samuel 1:1-4, 11-12, 17, 19, 23-27

**RESPONSORIAL PSALM:**

Ps 79:2-3, 5-7 (JB)

**R.** Let us see your face, Lord,  
and we shall be saved.

O shepherd of Israel, hear us,  
you who lead Joseph's flock,  
shine forth from your cherubim throne  
upon Ephraim, Benjamin, Manasseh.  
O Lord, rouse up your might,  
O Lord, come to our help. **R.**

Lord God of hosts, how long  
will you frown on your people's plea?  
You have fed them with tears for their bread,  
an abundance of tears for their drink.  
You have made us the taunt of our  
neighbours,  
our enemies laugh us to scorn. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Open our hearts, O Lord,  
to listen to the words of your Son.  
Alleluia!

**GOSPEL:**

Mark 3:20-21 (JB)

**COMMUNION ANTIPHON:**

You have prepared a table before me,  
and how precious is the chalice that  
quenches my thirst.