

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN
V. You have given them bread from heaven
R. Having in itself all delight.

GOD WITH HIDDEN MAJESTY

God with hidden majesty, lies in presence here,
I with deep devotion my true God revere:
Whom this outward shape and form secretly contains,
Christ in his divinity manhood still retains.

All my other senses, cannot now perceive,
But my hearing, taught by faith, always will believe:
I accept whatever God the Son has said:
Those who hear the word of God, by the truth are fed.

Blest reminder of the death suffered for the world,
Sacrament of living bread, health to every mind,
Let my soul approach you, live within your grace,
Let me taste the perfect joys time shall not efface.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: For they were like sheep
without a shepherd.

Celebrant: Jesus said, 'The harvest is
ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: O Lord, we pray for more
young people to answer the call to become
priests and religious in your harvest.

Celebrant: And shepherd for your people.

Response: Amen.



MONDAY 18 DECEMBER 2023

Monday of the Third week of Advent

ENTRANCE ANTIPHON:

Christ our King is coming,
he is the Lamb foretold by John.

FIRST READING:

Jeremiah 23:5-8 (JB)

RESPONSORIAL PSALM:

Ps 71:1-2, 12-13, 18-19 (JB)

R. Justice shall flourish in his time, and
fullness of peace for ever.

O God, give your judgement to the king,
to a king's son your justice,
that he may judge your people in justice
and your poor in right judgement. **R.**

For he shall save the poor when they cry
and the needy who are helpless.
He will have pity on the weak
and save the lives of the poor. **R.**

Blessed be the Lord, God of Israel,
who alone works wonders,
ever blessed his glorious name.
Let his glory fill the earth
Amen! Amen! **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Leader of ancient Israel,
giver of the Law to Moses on Sinai:
rescue us with your mighty power!
Alleluia!

GOSPEL:

Matthew 1:18-24 (JB)

COMMUNION ANTIPHON:

His name will be called Emmanuel,
which means God-with-us.

WEEKDAY PRAYER SHEET

18 DEC – 23 DEC 2023 THIRD WEEK OF ADVENT YEAR B

TUESDAY 19 DECEMBER 2023

Tuesday of the Third week of Advent

ENTRANCE ANTIPHON:

He who is to come will come and will not delay,
and now there will be no fear within our land,
for he is our Saviour.

FIRST READING:

Judges 13:2-7, 24-25 (JB)

RESPONSORIAL PSALM:

Ps 70:3-6, 16-17 (JB)

R. Fill me with your praise
and I will sing your glory!

Be a rock where I can take refuge,
a mighty stronghold to save me;
for you are my rock, my stronghold.
Free me from the hand of the wicked. **R.**

It is you, O Lord, who are my hope,
my trust, O Lord, since my youth.
On you I have leaned from my birth,
from my mother's womb you have been my
help. **R.**

I will declare the Lord's mighty deeds
proclaiming your justice, yours alone.
O God, you have taught me from my youth
and I proclaim your wonders still. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Flower of Jesse's stem,
sign of God's love for all his people:
save us without delay!
Alleluia!

GOSPEL:

Luke 1:5-25 (JB)

COMMUNION ANTIPHON:

The Dawn from on high will visit us,
guiding our feet in the way of peace.

WEDNESDAY 20 DECEMBER 2023*Wednesday of the Third week of Advent***ENTRANCE ANTIPHON:**

A branch shall sprout from the root of Jesse,
and the glory of the Lord will fill the whole
earth, and all flesh will see the salvation of
God.

FIRST READING:

Isaiah 7:10-14 (JB)

RESPONSORIAL PSALM:

Ps 23:1-6 (JB)

R. Let the Lord enter;
he is king of glory.

The Lord's is the earth and its fullness,
the world and all its peoples.
It is he who set it on the seas;
on the waters he made it firm. **R.**

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?
The man with clean hands and pure heart,
who desires not worthless things. **R.**

He shall receive blessings from the Lord
and reward from the God who saves him.
Such are the men who seek him,
seek the face of the God of Jacob. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Key of David,
opening the gates of God's eternal kingdom:
free the prisoners of darkness!
Alleluia!

GOSPEL:

Luke 1:26-38 (JB)

COMMUNION ANTIPHON:

The Angel said to Mary:
Behold, you will conceive and bear a son,
and you shall name him Jesus.

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THURSDAY 21 DECEMBER 2023*Thursday of the Third week of Advent***ENTRANCE ANTIPHON:**

The Lord and Ruler will be coming soon,
and his name will be called Emmanuel,
because he will be God-with-us.

FIRST READING:

Song of Songs 2:8-14 (JB)

RESPONSORIAL PSALM:

Ps 32:2-3, 11-12, 20-21 (JB)

R. Cry out with joy in the Lord, you holy ones;
sing a new song to him.

Give thanks to the Lord upon the harp,
with a ten-stringed lute sing him songs.
O sing him a song that is new,
play loudly, with all your skill. **R.**

His own designs shall stand for ever,
the plans of his heart from age to age..
They are happy, whose God is the Lord,
the people he has chosen as his own. **R.**

Our soul is waiting for the Lord.
The Lord is our help and our shield.
In him do our hearts find joy.
We trust in his holy name. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
Emmanuel,
God's presence among us, our King, our
Judge:
save us, Lord our God!
Alleluia!

GOSPEL:


Luke 1:39-45 (JB)

COMMUNION ANTIPHON:

Blessed are you who have believed,
that what was spoken to you by the Lord
would be fulfilled.

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Your financial support of the Cathedral Parish is always appreciated.

FRIDAY 22 DECEMBER 2023*Friday of the Third week of Advent***ENTRANCE ANTIPHON:**

Behold, the Lord will come descending with splendour to visit his people with peace, and he will bestow on them eternal life.

FIRST READING:

Isaiah 48:17-19 (JB)

RESPONSORIAL PSALM:

Ps 1:1-4, 6 (JB)

R. Those who follow you, Lord, will have the light of life.

Happy indeed is the man
who follows not the counsel of the wicked;
nor lingers in the way of sinners
nor sits in the company of scorners,
but who delight is the law of the Lord
and who ponders his law day and night. **R.**

He is like a tree that is planted
beside the flowing waters,
that yields its fruit in due season
and whose leaves shall never fade;
and all that he does shall prosper. **R.**

Not so are the wicked, not so!
For they like winnowed chaff
shall be driven away by the wind.
For the Lord guards the way of the just
but the way of the wicked leads to doom. **R.**

SECOND READING:

Ephesians 1:3-6, 11-12

GOSPEL ACCLAMATION:

Alleluia, Alleluia!
The Lord will come, go out to meet him!
He is the prince of peace.
Alleluia!

GOSPEL:

Matthew 11:16-19 (JB)

COMMUNION ANTIPHON:

We await a saviour, the Lord Jesus Christ,
who will change our mortal bodies, to
conform with his glorified body.

SATURDAY 23 DECEMBER 2023*Saturday of the Third week of Advent***ENTRANCE ANTIPHON:**

O gates, lift high your heads; grow higher,
ancient doors.
Let him enter, the king of glory!

FIRST READING:

1 Samuel 1:24-28 (JB)

RESPONSORIAL PSALM:

1 Samuel 2:1, 4-8 (JB)

R. My heart rejoices in the Lord, my Saviour.

My heart exults in the Lord,
I find my strength in my God;
my mouth laughs at my enemies
as I rejoice in your saving help. **R.**

The bows of the mighty are broken,
but the weak are clothed with strength.
Those with plenty must labour for bread,
but the hungry need work no more.
The childless wife has children now
but the fruitful wife bears no more. **R.**

It is the Lord who gives life and death,
he brings men to the grave and back;
it is the Lord who gives poverty and riches.
He brings men low and raises them on high. **R.**

He lifts up the lowly from the dust,
from the dunghill he raises the poor
to set him in the company of princes,
to give him a glorious throne.
For the pillars of the earth are the Lord's,
on them he has set the world. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Come,
King of all nations,
source of your Church's unity and faith:
save all people, your own creation!
Alleluia!

GOSPEL:

Luke 1:46-56 (JB)

COMMUNION ANTIPHON:

My soul proclaims the greatness of the Lord,
for the Almighty has done great things for me.