

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim, op'ning wide  
The gate of heav'n to us below.  
Our foes press on from ev'ry side,  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with thee.  
Amen.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN

V. You have given them bread from heaven  
R. Having in itself all delight.

## SWEET SACRAMENT DIVINE

Sweet Sacrament Divine,  
hid in thy earthly home,  
Lo! Round thy lowly shrine,  
with suppliant hearts we come.  
Jesus, to thee our voice we raise  
in songs of love and heartfelt praise,  
Sweet Sacrament Divine.

Sweet Sacrament of Peace,  
dear home of every heart,  
where restless yearnings cease,  
and sorrows all depart.  
There in thine ear, all trustfully  
We tell our tale of misery  
Sweet Sacrament of Peace.

## PRAYER FOR CHRISTIAN UNITY

*Lord Jesus Christ at your last supper  
you prayed to the Father  
that all should be one.*

*Send your Holy Spirit  
upon all who bear your name  
and seek to serve you.*

*Strengthen our faith in you, and make us  
love one another in humility.  
May we, who have been reborn in one  
baptism, be united in one faith under one  
shepherd.  
Amen*



## MONDAY 18 October 2021

*Monday of the twenty-ninth week in Ordinary Time*

### ENTRANCE ANTIPHON:

How beautiful upon the mountains are the feet of  
him  
who brings glad tidings of peace,  
bearing good news, announcing salvation!

**FIRST READING:** 2 Timothy 4:10-17 (JB)

### RESPONSORIAL PSALM:

*Ps 144:10-13, 17-18 (JB)*

**R.** Your friends tell the glory of your kingship,  
Lord.

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **R.**

They make known to men your mighty deeds  
and the glorious splendour of your reign.  
Yours is an everlasting kingdom;  
your rule lasts from age to age. **R.**

The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts. **R.**

### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
I have chosen you from the world, says the Lord;  
to go and bear fruit that will last.  
Alleluia!

**GOSPEL:** Luke 10:1-9 (JB)

### COMMUNION ANTIPHON:

The Lord sent out disciples to proclaim  
throughout the towns:  
The kingdom of God is at hand for you.

## WEEKDAY PRAYER SHEET

### 18 – 23 OCTOBER 2021 TWENTY-NINTH WEEK IN ORDINARY TIME

## TUESDAY 19 October 2021

*Tuesday of the twenty-ninth week in Ordinary Time*

### ENTRANCE ANTIPHON:

To you I call; for you will surely heed me, O God;  
turn your ear to me; hear my words.  
Guard me as the apple of your eye;  
in the shadow of your wings protect me.

**FIRST READING:** Romans 5:12, 15, 17-21 (JB)

### RESPONSORIAL PSALM:

*Ps 39:7-10, 17 (JB)*

**R.** Here am I, Lord;  
I come to do your will.

You do not ask for sacrifice and offerings,  
but an open ear.  
You do not ask for holocaust and victim.  
Instead, here am I. **R.**

In the scroll of the book it stands written  
that I should do your will.  
My God, I delight in your law  
in the depth of my heart. **R.**

Your justice I have proclaimed  
in the great assembly.  
My lips I have not sealed;  
you know it, O Lord. **R.**

O let there be rejoicing and gladness  
for all who seek you.  
Let them ever say: 'The Lord is great',  
who love your saving help. **R.**

### GOSPEL ACCLAMATION:

Alleluia, alleluia!  
Be watchful, pray constantly,  
that you may be worthy to stand before the Son of  
Man.  
Alleluia!

**GOSPEL:** Luke 12:35-38 (JB)

### COMMUNION ANTIPHON:

The Son of Man has come  
to give his life as a ransom for many.

**WEDNESDAY 20 October 2021***Wednesday of the twenty-ninth week in Ordinary Time***ENTRANCE ANTIPHON:**

To you I call; for you will surely heed me, O God;  
 turn your ear to me; hear my words.  
 Guard me as the apple of your eye;  
 in the shadow of your wings protect me.

**FIRST READING:**

Romans 6:12-18 (JB)

**RESPONSORIAL PSALM:***Ps 123 (JB)***R.** Our help is in the name of the Lord.

'If the Lord had not been on our side,  
 this is Israel's song.  
 'If the Lord had not been on our side  
 when men rose against us,  
 then would they have swallowed us alive  
 when their anger was kindled. **R.**

'Then would the waters have engulfed us,  
 the torrent gone over us;  
 over our head would have swept  
 the raging waters.'  
 Blessed be the Lord who did not give us  
 a prey to their teeth! **R.**

Our life, like a bird, has escaped  
 from the snare of the fowler.  
 Indeed the snare has been broken  
 and we have escaped.  
 Our help is in the name of the Lord,  
 who made heaven and earth. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
 Be watchful and ready:  
 you know not when the Son of Man is coming.  
 Alleluia!

**GOSPEL:** Luke 12:39-48 (JB)**COMMUNION ANTIPHON:**

The Son of Man has come  
 to give his life as a ransom for many.

**THURSDAY 21 October 2021***Thursday of the twenty-ninth week in Ordinary Time***ENTRANCE ANTIPHON:**

To you I call; for you will surely heed me, O God;  
 turn your ear to me; hear my words.  
 Guard me as the apple of your eye;  
 in the shadow of your wings protect me.

**FIRST READING:** Romans 6:19-23 (JB)**RESPONSORIAL PSALM:***Ps 1:1-4, 6 (JB)***R.** Happy are they who hope in the Lord.

Happy indeed is the man  
 who follows not the counsel of the wicked;  
 nor lingers in the way of sinners  
 nor sits in the company of scorners,  
 but whose delight is the law of the Lord  
 and who ponders his law day and night. **R.**

He is like a tree that is planted  
 beside the flowing waters,  
 that yields its fruit in due season  
 and whose leaves shall never fade;  
 and all that he does shall prosper. **R.**

Not so are the wicked, not so!  
 For they like winnowed chaff  
 shall be driven away by the wind.  
 For the Lord guards the way of the just  
 but the way of the wicked leads to doom. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
 I count all things worthless but this:  
 to gain Jesus Christ and to be found in him.  
 Alleluia!

**GOSPEL:** Luke 12:49-53 (JB)**COMMUNION ANTIPHON:**

The Son of Man has come  
 to give his life as a ransom for many.

*At our week day Masses we have a retiring  
 collection to allow weekday parishioners  
 to support the Cathedral.  
 Thank you for your contribution.*

**FRIDAY 22 October 2021***Friday of the twenty-ninth week in Ordinary Time***ENTRANCE ANTIPHON:**

To you I call; for you will surely heed me, O  
 God;  
 turn your ear to me; hear my words.  
 Guard me as the apple of your eye;  
 in the shadow of your wings protect me.

**FIRST READING:** Romans 7:18-25 (JB)**RESPONSORIAL PSALM:***Ps 118:66, 68, 76-77, 93-94 (JB)***R.** Teach me your laws, O Lord.

Teach me discernment and knowledge  
 for I trust in your commands.  
 You are good and your deeds are good;  
 teach me your statutes. **R.**

Let your love be ready to console me  
 by your promise to your servant.  
 Let your love come to me and I shall live  
 for your law is my delight. **R.**

I will never forget your precepts  
 for with them you give me life.  
 Save me, for I am yours  
 since I seek your precepts **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
 Blessed are you, Father, Lord of heaven and  
 earth;  
 you have revealed to little ones the mysteries of  
 the kingdom.  
 Alleluia!

**GOSPEL:** Luke 12:54-59 (JB)**COMMUNION ANTIPHON:**

The Son of Man has come  
 to give his life as a ransom for many.

*At our Masses on Friday we have  
 a collection to allow weekday parishioners  
 to support the Cathedral.  
 Thank you for your contribution.*

**SATURDAY 23 October 2021***Saturday of the twenty-ninth week in Ordinary Time***ENTRANCE ANTIPHON:**

To you I call; for you will surely heed me, O God;  
 turn your ear to me; hear my words.  
 Guard me as the apple of your eye;  
 in the shadow of your wings protect me.

**FIRST READING:** Romans 8:1-11 (JB)**RESPONSORIAL PSALM:***Ps 23:1-6 (JB)***R.** Lord, this is the people that longs to see your face.

The Lord's is the earth and its fullness,  
 the world and all its peoples.  
 It is he who set it on the seas;  
 on the waters he made it firm. **R.**

Who shall climb the mountain of the Lord?  
 Who shall stand in his holy place?  
 The man with clean hands and pure heart,  
 who desires not worthless things. **R.**

He shall receive blessings from the Lord  
 and reward from the God who saves him.  
 Such are the men who seek him,  
 seek the face of the God of Jacob. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
 I do not wish the sinner to die, says the Lord,  
 but to turn to me and live.  
 Alleluia!

**GOSPEL:** Luke 13:1-9 (JB)**COMMUNION ANTIPHON:**

The Son of Man has come  
 to give his life as a ransom for many.

