Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide The gate of heav'n to us below. Our foes press on from ev'ry side, Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend For evermore, blest One in Three; O grant us life that shall not end, In our true native land with thee. Amen.

HYMN OF ADORATION

Down in adoration falling, This great sacrament we hail; Ancient types have long departed Newer rites of grace prevail Faith for all defects supplying Where the feeble senses fail.

Glory let us give and blessing To the Father and the Son, honour, might and praise addressing while eternal ages run; Equal praise to him confessing who proceeds from both as one. AMEN

V. You have given them bread from heaven R. Having in itself all delight.

Holy God, We Praise Your Name Holy God we praise your name! Lord of all, we bow before you;

All on earth your pow'r proclaim, All in heaven above adore you; Boundless is your vast domain, Everlasting is your reign.

Holy Father, Holy Son, Holy Spirit, Three we name you; While in essence only One, Undivided God we claim you, And adoring bend the knee, While we own the mystery.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: For they were like sheep

without a shepherd.

Celebrant: Jesus said, 'The harvest is

ready.'

Response: But the labourers are few. Celebrant: Ask the Lord to send our

labourers for the harvest.

Response: O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.

Celebrant: And shepherd for your people.

Response: Amen.



WEEKDAY PRAYER SHEET



23—29 JULY 2023 SIXTEENTH WEEK IN ORDINARY TIME YEAR A

MONDAY 24 JULY 2023

Monday of the sixteenth week in Ordinary Time Saint Sharabel Makhluf (OM)

ENTRANCE ANTIPHON:

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

FIRST READING:

Exodus 14:5-18 (JB)

RESPONSORIAL PSALM:

Exodus 15:1-6 (JB)
R. Let us sing to the Lord;
he has covered himself in glory.

I will sing to the Lord, glorious his triumph! Horse and rider he has thrown into the sea! The Lord is my strength, my song, my salvation. This is my God and I extol him, my father's God and I give him praise. R.

The Lord is a warrior! The Lord is his name. The chariots of Pharaoh he hurled into the sea, the flower of his army is drowned in the sea. R.

The deeps hide them; they sank like a stone. Your right hand, Lord, glorious in its power, your right hand, Lord, has shattered the enemy. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! If today you hear his voice, harden not your hearts. Alleluia!

GOSPEL:

Matthew 12:38-42 (JB)

COMMUNION ANTIPHON:

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him. OR

Behold, I stand at the door and knock, says the Lord

If anyone hears my voice and opens the door to me

I will enter his house and dine with him, and he with

TUESDAY 25 JULY 2023

Saint James (F)

ENTRANCE ANTIPHON:

As he walked by the Sea of Galilee, Jesus saw James the son of Zebedee and John his brother mending their nets and he called them.

FIRST READING:

2 Corinthians 4:7-15 (JB)

RESPONSORIAL PSALM:

Ps 125 (JB)

R. Those who sow in tears, shall reap with shouts of joy.

When the Lord delivered Zion from bondage, it seemed like a dream.

Then was our mouth filled with laughter, on our lips there were songs. R.

The heathens themselves said: 'What marvels the Lord worked for them!'
What marvels the Lord worked for us!
Indeed we were glad. R.

Deliver us, O Lord, from our bondage as streams in dry land. Those who are sowing in tears will sing when they reap. R.

They go out, they go out, full of tears, carrying seed for the sowing: they come back, they come back, full of song, carrying their sheaves. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

I have chosen you from the world, says the Lord,

to go and bear fruit that will last. Alleluia!

GOSPEL:

Matthew 20:20-28 (JB)

COMMUNION ANTIPHON:

They drank the chalice of the Lord, and became the friends of God.

WEDNESDAY 26 JULY 2023

Saints Joachim and Anne (M)

ENTRANCE ANTIPHON:

Let us praise Joachim and Anne, to whom, in their generation,

the Lord gave him who was a blessing for all the nations.

FIRST READING:

Exodus 16:1-5, 9-15 (JB)

RESPONSORIAL PSALM:

Ps 77:18-19, 23-28 (JB)

R. The Lord gave them bread from heaven.

In their heart they put God to the test by demanding the food they craved. They even spoke against God. They said: 'Is it possible for God to prepare a table in the desert?' R.

Yet he commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. R.

Mere men ate the bread of angels. He sent them abundance of food; he made the east wind blow from heaven and roused the south wind by his might. R.

GOSPEL ACCLAMATION:

Alleluia. alleluia!

The seed is the word of God, Christ is the sower:

all who come to him will live for ever. Alleluia!

GOSPEL:

Matthew 13:1-9 (JB)

COMMUNION ANTIPHON:

They received blessings from the Lord and mercy from God their Saviour.

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The "Tap & Go" facility at the door of the church;

Online donation, please scan the QR code

THURSDAY 27 JULY 2023

Thursday of the sixteenth week in Ordinary Time

ENTRANCE ANTIPHON:

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

FIRST READING:

Exodus 19:1-2, 9-11, 16-20 (JB)

RESPONSORIAL PSALM:

Daniel 3:52-56 (JB)

You are blest. Lord God of our fathers.

R. Glory and praise for ever!

Blest your glorious holy name.

R. Glory and praise for ever!

You are blest in the temple of your glory.

R. Glory and praise for ever!

You are blest on the throne of your kingdom.

R. Glory and praise for ever!

You are blest who gaze into the depths.

R. Glory and praise for ever!

You are blest in the firmament of heaven.

R. Glory and praise for ever!

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth:

you have revealed to little ones the mysteries of the kingdom.

Alleluia!

GOSPEL:

Matthew 13:10-17 (JB)

COMMUNION ANTIPHON:

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him. OR

Behold, I stand at the door and knock, says the Lord

If anyone hears my voice and opens the door to me, I will enter his house and dine with him, and he with me.

QR code—scan to donate to the Cathedral Parish



FRIDAY 28 JULY 2023

Friday of the sixteenth week in Ordinary Time

ENTRANCE ANTIPHON:

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

FIRST READING:

Exodus 20:1-17 (JB)

RESPONSORIAL PSALM:

Ps 18:8-11 (JB)

R. Lord, you have the words of everlasting life.

The law of the Lord is perfect, it revives the soul.
The rule of the Lord is to be trusted, it gives wisdom to the simple. R.

The precepts of the Lord are right, they gladden the heart.
The command of the Lord is clear, it gives light to the eyes. R.

The fear of the Lord is holy, abiding for ever.
The decrees of the Lord are truth and all of them just. R.

They are more to be desired than gold. than the purest of gold and sweeter are they than honey, than honey from the comb. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! Happy are they who have kept the word with a generous heart and yield a harvest through perseverance.

GOSPEL:

Alleluia!

Matthew 13:18-23 (JB)

COMMUNION ANTIPHON:

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

OR

Behold, I stand at the door and knock, says the

If anyone hears my voice and opens the door to me

I will enter his house and dine with him, and he with me.

SATURDAY 29 JULY 2023

Saints Martha, Mary and Lazarus (M)

ENTRANCE ANTIPHON:

Jesus entered a village, where a woman named Martha welcomed him into her home.

FIRST READING:

John 4:7-16 (JB)

RESPONSORIAL PSALM:

Ps 33:2-11 (JB)

R. I will bless the Lord at all times.

R. Taste and see the goodness of the Lord.

I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. R.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. R.

Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. R.

The angel of the Lord is encamped around those who revere him, to rescue them

Taste and see that the Lord is good. He is happy who seeks refuge in him. R.

Revere the Lord, you his saints. They lack nothing, those who revere him. Strong lions suffer want and go hungry but those who seek the Lord lack no blessing. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia.

I am the light of the world, says the Lord; whoever follows me will have the light of life. Alleluia!

GOSPEL:

Luke 10:38-42 (JB)

OR

John 11:19-27 (JB)

COMMUNION ANTIPHON:

Martha said to Jesus: You are the Christ, the Son of God, who is coming into this world.