

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN
V. You have given them bread from heaven
R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: *For they were like sheep without a shepherd.*

Celebrant: Jesus said, "The harvest is ready."

Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our labourers for the harvest.

Response: *O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



WEEKDAY PRAYER SHEET

23 – 29 OCTOBER 2022
30TH SUNDAY IN ORDINARY TIME
YEAR C

MONDAY 24 OCTOBER 2022

Monday of the thirtieth week in Ordinary Time

ENTRANCE ANTIPHON:

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING:

Ephesians 4:32 - 5:8 (JB)

RESPONSORIAL PSALM:

Ps 1:1-4, 6 (JB)

R. Behave like God as his very dear children.

Happy indeed is the man
who follows not the counsel of the wicked;
nor lingers in the way of sinners
nor sits in the company of scorners,
but whose delight is the law of the Lord
and who ponders his law day and night. **R.**

He is like a tree that is planted
beside the flowing waters,
that yields its fruit in due season
and whose leaves shall never fade;
and all that he does shall prosper. **R.**

Not so are the wicked, not so!
For they like winnowed chaff
shall be driven away by the wind.
For the Lord guard the way of the just
but the way of the wicked leads to doom. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Your word, O Lord, is truth:
make us holy in the truth.
Alleluia!

GOSPEL:

Luke 13:10-17 (JB)

COMMUNION ANTIPHON:

We will ring out our joy at your saving help
and exult in the name of our God.

TUESDAY 25 OCTOBER 2022

Tuesday of the thirtieth week in Ordinary Time

ENTRANCE ANTIPHON:

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING:

Ephesians 5:21-33 (JB)

RESPONSORIAL PSALM:

Ps 127:1-5 (JB)

R. Happy are those who fear the Lord.

O blessed are those who fear the Lord
and walk in his ways!
By the labour of your hands you shall eat.
You will be happy and prosper. **R.**

Your wife like a fruitful vine
in the heart of your house;
your children like shoots of the olive
around your table. **R.**

Indeed thus shall be blessed
the man who fears the Lord.
May the Lord bless you from Zion
all the days of your life! **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom.
Alleluia!

GOSPEL:

Luke 13:18-21 (JB)

COMMUNION ANTIPHON:

We will ring out our joy at your saving help
and exult in the name of our God.

WEDNESDAY 26 OCTOBER 2022*Wednesday of the thirtieth week in Ordinary Time***ENTRANCE ANTIPHON:**

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING:

Ephesians 6:1-9 (JB)

RESPONSORIAL PSALM:*Ps 144:10-14 (JB)***R.** The Lord is faithful in all his words.

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God,
to make known to men your mighty deeds
and the glorious splendour of your reign. **R.**

Yours is an everlasting kingdom;
your rule lasts from age to age. **R.**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

God has called us with the gospel,
to share in the glory of our Lord Jesus Christ.
Alleluia!

GOSPEL: Luke 13:22-30 (JB)**COMMUNION ANTIPHON:**

We will ring out our joy at your saving help
and exult in the name of our God.

Support of the Cathedral Parish

Your financial support of the Cathedral Parish is always
appreciated. Ways to financially support your Parish:

- The "Tap & Go" facility at the door of the church;
- Place your donation in the collection bags after Mass;
- Online donation, please scan the QR code

THURSDAY 27 OCTOBER 2022*Thursday of the thirtieth week in Ordinary Time***ENTRANCE ANTIPHON:**

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING:

Ephesians 6:10-20 (JB)

RESPONSORIAL PSALM:*Ps 143:1-2, 9-10 (JB)***R.** Blessed be the Lord, my Rock!

Blessed be the Lord, my rock
who trains my arms for battle,
who prepares my hands for war. **R.**

He is my love, my fortress;
he is my stronghold, my saviour,
my shield, my place of refuge.
He brings peoples under my rule. **R.**

To you, O God, will I sing a new song;
I will play on the ten-stringed lute
to you who give kings their victory,
who set David your servant free. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Blessed is the king who comes in the name of the
Lord:
glory to God in the highest and peace to his people
on earth.
Alleluia!

GOSPEL:

Luke 13:31-35 (JB)

COMMUNION ANTIPHON:

We will ring out our joy at your saving help
and exult in the name of our God.

QR code—scan to donate to the Cathedral Parish**FRIDAY 28 OCTOBER 2022***Saints Simon and Jude (F)***ENTRANCE ANTIPHON:**

These are the holy men
whom the Lord chose in his own perfect love;
to them he gave eternal glory.

FIRST READING:

Ephesians 2:19-22 (JB)

RESPONSORIAL PSALM:*Ps 18:2-5 (JB)***R.** Their message goes out through all the earth.

The heavens proclaim the glory of God
and the firmament shows forth the work of his
hands.

Day unto day takes up the story
and night unto night makes known the
message. **R.**

No speech, no word, no voice is heard
yet their span goes forth through all the earth,
their words to the utmost bounds of the
world. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

You are God: we praise you; you are the Lord:
we acclaim you;
the glorious company of apostles praise you.
Alleluia!

GOSPEL: Luke 6:12-19 (JB)**COMMUNION ANTIPHON:**

Whoever loves me will keep my word, says the
Lord;
and my Father will love him, and we will come
to him,
and make our home with him.

SATURDAY 29 OCTOBER 2022*Saturday of the thirtieth week in Ordinary Time***ENTRANCE ANTIPHON:**

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING:

Philippians 1:18-26 (JB)

RESPONSORIAL PSALM:*Ps 42:2-3, 5 (JB)***R.** My soul is thirsting for the living God.

Like the deer that yearns
for running streams,
so my soul is yearning
for you, my God. **R.**

My soul is thirsting for God,
the God of my life;
when can I enter and see
the face of God? **R.**

I would lead the rejoicing crowd
into the house of God,
amid cries of gladness and thanksgiving. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Take my yoke upon you;
learn from me, for I am gentle and lowly in
heart.
Alleluia!

GOSPEL: Luke 14:1, 7-11 (JB)**COMMUNION ANTIPHON:**

We will ring out our joy at your saving help
and exult in the name of our God.