

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

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SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR CHRISTIAN UNITY

*Lord Jesus Christ at your last supper
you prayed to the Father
that all should be one.*

*Send your Holy Spirit
upon all who bear your name
and seek to serve you.*

*Strengthen our faith in you, and make us
love one another in humility.
May we, who have been reborn in one
baptism, be united in one faith under one
shepherd.
Amen*



MONDAY 25 October 2021

Monday of the thirtieth week in Ordinary Time

ENTRANCE ANTIPHON:

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING: Romans 8:12-17 (JB)

RESPONSORIAL PSALM:

Ps 67:2, 4, 6-7, 20-21 (JB)

R. Our God is the God of salvation.

Let God arise, let his foes be scattered.
Let those who hate him flee before him.
But the just shall rejoice at the presence of God,
they shall exult and dance for joy. **R.**

Father of the orphan, defender of the widow,
such is God in his holy place.
God gives the lonely a home to live in;
he leads the prisoners forth into freedom. **R.**

May the Lord be blessed day after day.
He bears our burdens, God our saviour.
This God of ours is a God who saves.
The Lord our God holds the keys of death. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Your word, O Lord, is truth:
make us holy in the truth.
Alleluia!

GOSPEL: Luke 13:10-17 (JB)

COMMUNION ANTIPHON:

Christ loved us and gave himself up for us,
as a fragrant offering to God.

*At our week day Masses we have a retiring
collection to allow weekday parishioners
to support the Cathedral.
Thank you for your contribution.*

WEEKDAY PRAYER SHEET

25 – 30 OCTOBER 2021 THIRTIETH WEEK IN ORDINARY TIME

TUESDAY 26 October 2021

Tuesday of the thirtieth week in Ordinary Time

ENTRANCE ANTIPHON:

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING: Romans 8:18-25 (JB)

RESPONSORIAL PSALM:

Ps 125 (JB)

R. The Lord has done marvels for us.

When the Lord delivered Zion from bondage,
it seemed like a dream.
Then was our mouth filled with laughter,
on our lips there were songs. **R.**

The heathens themselves said: 'What marvels
the Lord worked for them!'
What marvels the Lord worked for us!
Indeed we were glad. **R.**

Deliver us, O Lord, from our bondage
as streams in dry land.
Those who are sowing in tears.
will sing when they reap. **R.**

They go out, they go out, full of tears,
carrying seed for the sowing:
they come back, they come back, full of song,
carrying their sheaves. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom.
Alleluia!

GOSPEL: Luke 13:18-21 (JB)

COMMUNION ANTIPHON:

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as a fragrant offering to God.

WEDNESDAY 27 October 2021*Wednesday of the thirtieth week in Ordinary Time***ENTRANCE ANTIPHON:**

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING:

Romans 8:26-30 (JB)

RESPONSORIAL PSALM:*Ps 12:4-6 (JB)*

R. All my hope, O Lord,
is in your loving kindness.

Look at me, answer me, Lord my God!
Give light to my eyes lest I fall asleep in death,
lest my enemy say: 'I have overcome him';
lest my foes rejoice to see my fall. **R.**

As for me, I trust in your merciful love.
Let my heart rejoice in your saving help:
Let me sing to the Lord for his goodness to
me,
singing psalms to the name of the Lord, the
Most High. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
God has called us with the gospel,
to share in the glory of our Lord Jesus Christ.
Alleluia!

GOSPEL: Luke 13:22-30 (JB)**COMMUNION ANTIPHON:**

Christ loved us and gave himself up for us,
as a fragrant offering to God.

THURSDAY 28 October 2021*Saints Simon and Jude (F)***ENTRANCE ANTIPHON:**

These are the holy men
whom the Lord chose in his own perfect love;
to them he gave eternal glory.

FIRST READING: Ephesians 2:19-22 (JB)**RESPONSORIAL PSALM:***Ps 18:2-5 (JB)*

R. Their message goes out through all the
earth.

The heavens proclaim the glory of God
and the firmament shows forth the work of his
hands.
Day unto day takes up the story
and night unto night makes known the
message. **R.**

No speech, no word, no voice is heard
yet their span goes forth through all the earth,
their words to the utmost bounds of the
world. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
You are God: we praise you; you are the Lord:
we acclaim you;
the glorious company of apostles praise you.
Alleluia!

GOSPEL: Luke 6:12-19 (JB)**COMMUNION ANTIPHON:**

Whoever loves me will keep my word, says the
Lord;
and my Father will love him, and we will come
to him,
and make our home with him.

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FRIDAY 29 October 2021*Friday of the thirtieth week in Ordinary Time***ENTRANCE ANTIPHON:**

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING: Romans 9:1-5 (JB)**RESPONSORIAL PSALM:***Ps 147:12-15, 19-20 (JB)*

R. Praise the Lord, Jerusalem.

O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your gates,
he has blessed the children within you. **R.**

He established peace on your borders,
he feeds you with finest wheat.
He sends out his word to the earth
and swiftly runs his command. **R.**

He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!

GOSPEL: Luke 14:1-6 (JB)**COMMUNION ANTIPHON:**

Christ loved us and gave himself up for us,
as a fragrant offering to God.

*At our Masses on Friday we have
a collection to allow weekday parishioners
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SATURDAY 30 October 2021*Saturday of the thirtieth week in Ordinary Time***ENTRANCE ANTIPHON:**

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

FIRST READING:

Romans 11:1-2, 11-12, 25-29 (JB)

RESPONSORIAL PSALM:*Ps 93:12-15, 17-18 (JB)*

R. The Lord will not abandon his people.

Happy the man whom you teach, O Lord,
whom you train by means of your law:
to him you give peace in evil days. **R.**

The Lord will not abandon his people
nor forsake those who are his own:
for judgement shall again be just
and all true hearts shall uphold it. **R.**

If the Lord were not to help me,
I would soon go down into the silence.
When I think: 'I have lost my foothold';
your mercy, Lord, holds me up. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Take my yoke upon you;
learn from me, for I am gentle and lowly in
heart.
Alleluia!

GOSPEL: Luke 14:1, 7-11 (JB)**COMMUNION ANTIPHON:**

Christ loved us and gave himself up for us,
as a fragrant offering to God.

