Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide The gate of heav'n to us below. Our foes press on from ev'ry side, Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend For evermore, blest One in Three; O grant us life that shall not end, In our true native land with thee. Amen.

HYMN OF ADORATION

Down in adoration falling, This great sacrament we hail; Ancient types have long departed Newer rites of grace prevail Faith for all defects supplying Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven

R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast; Body of Christ, be thou my saving guest; Blood of my Saviour, bathe me in thy tide, Wash me with water flowing from thy side.

Strength and protection may thy Passion be; O blessed Jesus, hear and answer me; Deep in thy wounds, Lord, hide and shelter me; So shall I never, never part from thee.

Guard and defend me from the foe malign; In death's dread moments make me only thine. Call me and bid me come to thee on high, When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus'

heart was moved.

Response: For they were like sheep without a

shepherd.

Celebrant: Jesus said, 'The harvest is ready.'

Response: But the labourers are few.

Celebrant: Ask the Lord to send our labourers

for the harvest.

Response: O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.

Celebrant: And shepherd for your people.

Response: Amen.



WEEKDAY PRAYER SHEET



28 AUGUST – 3 SEPTEMBER 2022 22ND SUNDAY IN ORDINARY TIME YEAR C

MONDAY 29 AUGUST 2022

The Passion of Saint John the Baptist (M)

ENTRANCE ANTIPHON:

I spoke, O Lord, of your decrees before kings, and was not confounded;
I pondered your commands and loved them greatly.

FIRST READING:

Jeremiah 1:17-19 (JB)

RESPONSORIAL PSALM:

Ps 70:1-6, 15, 17 (JB)

R. I will sing your salvation.

In you, O Lord, I take refuge; let me never be put to shame. In your justice rescue me, free me: pay heed to me and save me. R.

Be a rock where I can take refuge, a mighty stronghold to save me; for you are my rock, my stronghold. Free me from the hand of the wicked. R.

It is you, O Lord, who are my hope, my trust, O Lord, since my youth.
On you I have leaned from my birth, from my mother's womb you have been my help. R.

My lips will tell of your justice and day by day of your help. O God, you have taught me from my youth and I proclaim your wonders still. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Happy are they who suffer persecution for justice' sake;

the kingdom of heaven is theirs. Alleluia!

GOSPEL:

Mark 6:17-29 (JB)

COMMUNION ANTIPHON:

John answered and said: He must increase; but I must decrease.

TUESDAY 30 AUGUST 2022

Tuesday of the twenty-second week in Ordinary Time

ENTRANCE ANTIPHON:

Have mercy on me, O Lord, for I cry to you all the day long.

O Lord, you are good and forgiving, full of mercy to all who call to you.

FIRST READING:

1 Corinthians 2:10-16 (JB)

RESPONSORIAL PSALM:

Ps 144:8-14 (JB)

R. The Lord is just in all his ways.

The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures. R.

All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God, to make known to men your mighty deeds and the glorious splendour of your reign. R.

Yours is an everlasting kingdom; your rule lasts from age to age. The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!

GOSPEL: Luke 4:31-37 (JB)

COMMUNION ANTIPHON:

How great is the goodness, Lord, that you keep for those who fear you.

WEDNESDAY 31 AUGUST 2022

Wednesday of the twenty-second week in Ordinary Time

ENTRANCE ANTIPHON:

Have mercy on me, O Lord, for I cry to you all the day long.

O Lord, you are good and forgiving, full of mercy to all who call to you.

FIRST READING:

1 Corinthians 3:1-9 (JB)

RESPONSORIAL PSALM:

Ps 32:12-15, 20-21 (JB)

R. Happy the people the Lord has chosen to be his own.

They are happy, whose God is the Lord, the people he has chosen as his own. From the heavens the Lord looks forth, he sees all the children of men. R.

From the place where he dwells he gazes on all the dwellers on the earth, he who shapes the hearts of them all and considers all their deeds. R.

Our soul is waiting for the Lord. The Lord is our help and our shield. In him do our hearts find joy. We trust in his holy name. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

The Lord sent me to bring Good News to the poor and freedom to prisoners. Alleluia!

GOSPEL: Luke 4:38-44 (JB)

COMMUNION ANTIPHON:

How great is the goodness, Lord, that you keep for those who fear you.

Support of the Cathedral Parish

Your financial support of the Cathedral Parish is always appreciated. Ways to financially support your Parish:

- The "Tap & Go" facility at the door of the church;
- Place your donation in the collection bags after Mass;
- Online donation, please scan the QR code

THURSDAY 1 SEPTEMBER 2022

Thursday of the twenty-second week in Ordinary Time

ENTRANCE ANTIPHON:

Have mercy on me, O Lord, for I cry to you all the day long.

O Lord, you are good and forgiving, full of mercy to all who call to you.

FIRST READING:

1 Corinthians 3:18-23 (JB)

RESPONSORIAL PSALM:

Ps 23:1-6 (JB)

R. To the Lord belongs the earth and all that fills it.

The Lord's is the earth and its fullness, the world and all its peoples. It is he whop set it on the seas; on the waters he made it firm. R.

Who shall climb the mountain of the Lord/ Who shall stand in his holy place? The man with clean hands and pure heart, who desires not worthless things. R.

He shall receive blessings from the Lord and reward from the God who saves him. Such are the men who seek him, seek the face of the God of Jacob. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! Come follow me, says the Lord, and I will make you fishers of my people. Alleluia!

GOSPEL: Luke 5:1-11 (JB)

COMMUNION ANTIPHON:

How great is the goodness, Lord, that you keep for those who fear you.

QR code – scan to donate to the Cathedral Parish



FRIDAY 2 SEPTEMBER 2022

Friday of the twenty-second week in Ordinary Time

ENTRANCE ANTIPHON:

Have mercy on me, O Lord, for I cry to you all the day long.
O Lord, you are good and forgiving, full of mercy to all who call to you.

FIRST READING:

1 Corinthians 4:1-5 (JB)

RESPONSORIAL PSALM:

Ps 36:3-6, 27-28, 39-40 (JB)

R. The salvation of the just comes from the Lord.

If you trust in the Lord and do good, then you will live in the land and be secure. If you find your delight in the Lord, he will grant your heart's desire. R.

Commit your life to the Lord, trust in him and he will act, so that your justice breaks forth like the light, your cause like the noon-day sun. R.

Then turn away from evil and do good and you shall have a home for ever; for the Lord loves justice and will never forsake his friends. R.

The salvation of the just comes from the Lord, their stronghold in time of distress.

The Lord helps them and delivers them and saves them: for their refuge is in him. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia! I am the light of the world, says the Lord; whoever follows me will have the light of life. Alleluia!

GOSPEL: Luke 5:33-39 (JB)

COMMUNION ANTIPHON:

How great is the goodness, Lord, that you keep for those who fear you.

SATURDAY 3 SEPTEMBER 2022

Saint Gregory the Great (M)

ENTRANCE ANTIPHON:

Blessed Gregory, raised upon the throne of Peter, sought always the beauty of the Lord and lived in celebration of that love.

FIRST READING:

1 Corinthians 4:6-15 (JB)

RESPONSORIAL PSALM:

Ps 144:17-21 (JB)

R. The Lord is near to all who call him.

The Lord is just in all his ways and loving in all his deeds.
He is close to all who call him, who call on him from their hearts. R.

He grants the desires of those who fear him, he hears their cry and he saves them. The Lord protects all who love him; but the wicked he will utterly destroy. R.

Let me speak the praise of the Lord, let all mankind bless his holy name for ever, for ages unending. R.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

I am the way, the truth, and the life, says the Lord:

no one comes to the Father, except through me. Alleluia!

GOSPEL: Luke 6:1-5 (IB)

COMMUNION ANTIPHON:

This is the steward, faithful and prudent, whom the Lord set over his household to give them their allowance of food at the proper time.