

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN
V. You have given them bread from heaven
R. Having in itself all delight.

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds, Jesus' heart was moved.

Response: *For they were like sheep without a shepherd.*

Celebrant: Jesus said, "The harvest is ready."

Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our labourers for the harvest.

Response: *O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



WEEKDAY PRAYER SHEET

31 JULY – 6 AUGUST 2022
18TH SUNDAY IN ORDINARY TIME
YEAR C

MONDAY 1 AUGUST 2022

Saint Alphonsus Mary de Liguori (M)

ENTRANCE ANTIPHON:

The mouth of the just man utters wisdom,
and his tongue tells forth what is just;
the law of his God is in his heart (E.T. alleluia).

FIRST READING:

Jeremiah 28:1-17 (JB)

RESPONSORIAL PSALM:

Ps 118:29, 43, 79-80, 95, 102 (JB)

R. Teach me your laws, O Lord.

Keep me from the way of error
and teach me your law.
Do not take the word of truth from my mouth
for I trust in your decrees. **R.**

Let your faithful turn to me,
those who know your will.
Let my heart be blameless in your statutes
lest I be ashamed. **R.**

Though the wicked lie in wait to destroy me
yet I ponder on your will.
I have not turned away from your decrees;
you yourself have taught me. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes from the mouth of
God.
Alleluia!

GOSPEL:

Matthew 14:13-21 (JB)

COMMUNION ANTIPHON:

He who ponders the law of the Lord day and night
will yield his fruit in due season (E.T. alleluia).

TUESDAY 2 AUGUST 2022

Tuesday of the eighteenth week in Ordinary Time

ENTRANCE ANTIPHON:

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

FIRST READING:

Jeremiah 30:1-2, 12-15, 18-22 (JB)

RESPONSORIAL PSALM:

Ps 101:16-21, 29, 22-23 (JB)

R. The Lord will build up Zion again,
and appear in all his glory.

The nations shall fear the name of the Lord
and all the earth's kings your glory,
when the Lord shall build up Zion again
and appear in all his glory.
Then he will turn to the prayers of the helpless;
he will not despise their prayers. **R.**

Let this be written for ages to come
that a people yet unborn may praise the Lord;
for the Lord leaned down from his sanctuary on high.
He looked down from heaven to the earth
that he might hear the groans of the prisoners
and free those condemned to die. **R.**

The sons of your servants shall dwell untroubled
and their race shall endure before you
that the name of the Lord may be proclaimed to Zion
and his praise in the heart of Jerusalem,
when peoples and kingdoms are gathered together
to pay their homage to the Lord. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Master, you are the Son of God,
you are the king of Israel.
Alleluia!

GOSPEL:

Matthew 14:22-36 (JB)

COMMUNION ANTIPHON:

You have given us, O Lord, bread from heaven,
endowed with all delights and sweetness in every taste.

WEDNESDAY 3 AUGUST 2022*Saint Dominic (M)***ENTRANCE ANTIPHON:**

In the midst of the Church he opened his mouth,
and the Lord filled him with the spirit of wisdom
and understanding
and clothed him in a robe of glory.

FIRST READING:

Jeremiah 31:1-7 (JB)

RESPONSORIAL PSALM:*Jeremiah 31:10-13 (JB)*

R. The Lord will guard us,
like a shepherd guarding his flock.

O nations, hear the word of the Lord,
proclaim it to the far-off coasts.
Say: 'He who scattered Israel will gather him
and guard him as a shepherd guards his flock.' **R.**

For the Lord has ransomed Jacob,
has saved him from an overpowering hand.
they will come and shout for joy on Mount Zion,
they will stream to the blessings of the Lord. **R.**

Then the young girls will rejoice and dance,
the men, young and old, will be glad.
I will turn their mourning into joy,
I will console them, give gladness for grief. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

A great prophet has appeared among us:
God has visited his people.
Alleluia!

GOSPEL: Matthew 15:21-28 (JB)**COMMUNION ANTIPHON:**

This is the steward, faithful and prudent,
whom the Lord set over his household
to give them their allowance of food at the proper
time.

Support of the Cathedral Parish

Your financial support of the Cathedral Parish is always
appreciated. Ways to financially support your Parish:

- The "Tap & Go" facility at the door of the church;
- Place your donation in the collection bags after Mass;
- Online donation, please scan the QR code

THURSDAY 4 AUGUST 2022*Saint John Vianney (M)***ENTRANCE ANTIPHON:**

Your priests, O Lord, shall be clothed with justice;
your holy ones shall ring out their
joy (**E.T.** alleluia).

FIRST READING:

Jeremiah 31:31-34 (JB)

RESPONSORIAL PSALM:*Ps 50:12-15, 18-19 (JB)*

R. Create a clean heart in me, O God.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit. **R.**

Give me again the joy of your help;
with a spirit of fervour sustain me,
that I may teach transgressors your ways
and sinners may return to you. **R.**

For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

You are Peter, the rock on which I will build my
Church;
the gates of hell will not hold against it.
Alleluia!

GOSPEL: Matthew 16:13-23 (JB)**COMMUNION ANTIPHON:**

Blessed is the servant whom the Lord finds
watching
when he comes. Amen, I say to you: He will put
that servant in charge of all his property (**E.T.**
alleluia).

QR code—scan to donate to the Cathedral Parish**FRIDAY 5 AUGUST 2022***Friday of the eighteenth week in Ordinary Time***ENTRANCE ANTIPHON:**

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

FIRST READING:

Nahum 2:1, 3; 3:1-3, 6-7 (JB)

RESPONSORIAL PSALM:*Deuteronomy 32:35-36, 39, 41 (JB)*

R. It is I who deal death and give life.

It is close, the day of their ruin;
their doom comes at speed.
For the Lord will see his people righted,
he will take pity on his servants. **R.**

See now that I, I am He,
and beside me there is no other god.
It is I who deal death and life:
when I have struck it is I who heal. **R.**

When I have whetted my flashing sword
I will take up the cause of Right,
I will give my foes as good again,
I will repay those who hate me. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Happy are they who suffer persecution for
justice' sake;
the kingdom of heaven is theirs.
Alleluia!

GOSPEL: Matthew 16:24-28 (JB)**COMMUNION ANTIPHON:**

You have given us, O Lord, bread from heaven,
endowed with all delights and sweetness in
every taste.

SATURDAY 6 AUGUST 2022*THE TRANSFIGURATION OF THE LORD (F)***ENTRANCE ANTIPHON:**

In a resplendent cloud the Holy Spirit appeared.
The Father's voice was heard: This is my
beloved Son,
with whom I am well pleased. Listen to him.

FIRST READING:2 Peter 1:16-19 (JB), or
Daniel 7:9-10, 13-14 (JB)**RESPONSORIAL PSALM:***Ps 96:1-2, 5-6, 9 (JB)*

R. The Lord is king, the most high over all the
earth.

The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right. **R.**

The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see he glory. **R.**

For you indeed are the Lord
most high above all the earth
exalted far above all spirits. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

This is my Son, my beloved, in whom is all my
delight:
listen to him.
Alleluia!

GOSPEL: Luke 9:28-36 (JB)**COMMUNION ANTIPHON:**

When Christ appears, we shall be like him,
for we shall see him as he is.