

# Benediction Hymns and Prayer

## O SAVING VICTIM

O saving victim, op'ning wide  
The gate of heav'n to us below.  
Our foes press on from ev'ry side,  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with thee.  
Amen.

## HYMN OF ADORATION

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN

V. You have given them bread from heaven  
R. Having in itself all delight.

## Holy God, We Praise Your Name

Holy God we praise your name!  
Lord of all, we bow before you;  
All on earth your pow'r proclaim,  
All in heaven above adore you;  
Boundless is your vast domain,  
Everlasting is your reign.

Holy Father, Holy Son,  
Holy Spirit, Three we name you;  
While in essence only One,  
Undivided God we claim you,  
And adoring bend the knee,  
While we own the mystery.

## PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

**Celebrant:** At the sight of the crowds,  
Jesus' heart was moved.

**Response:** *For they were like sheep without a shepherd.*

**Celebrant:** Jesus said, 'The harvest is ready.'

**Response:** *But the labourers are few.*

**Celebrant:** Ask the Lord to send our labourers for the harvest.

**Response:** *O Lord, we pray for more young people to answer the call to become priests and religious in your harvest.*

**Celebrant:** And shepherd for your people.

**Response:** *Amen.*



**MONDAY 31 JANUARY 2022**

*Saint John Bosco (M)*

## ENTRANCE ANTIPHON:

Let the children come to me; do not prevent them,  
for the kingdom of God belongs to such as these (E.T. alleluia).

## FIRST READING:

2 Samuel 15:13-14, 30; 16:5-13 (JB)

## RESPONSORIAL PSALM:

*Ps 3:2-8 (JB)*

**R.** Lord, rise up and save me.

How many are my foes, O Lord!  
How many are rising up against me!  
How many are saying about me:  
'There is no help for him in God.' **R.**

But you, Lord, are a shield about me,  
my glory, who lift up my head.  
I cry aloud to the Lord.  
He answers from his holy mountain. **R.**

I lie down to rest and I sleep.  
I wake, for the Lord upholds me.  
I will not fear even thousands of people  
who are ranged on every side against me.  
Arise, Lord; save me, my God. **R.**

## GOSPEL ACCLAMATION:

Alleluia, alleluia!  
A great prophet has appeared among us;  
God has visited his people.  
Alleluia!

**GOSPEL:** Mark 5:1-20 (JB)

## COMMUNION ANTIPHON:

Unless you turn and become like children,  
you will not enter the Kingdom of Heaven, says  
the Lord (E.T. alleluia).

## WEEKDAY PRAYER SHEET

**31 JANUARY — 05 FEBRUARY 2022**  
**FOURTH SUNDAY IN ORDINARY TIME**  
**YEAR C**

**TUESDAY 01 FEBRUARY 2022**

*Tuesday of the fourth week in Ordinary Time*

## ENTRANCE ANTIPHON:

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

## FIRST READING:

2 Samuel 18:9-10, 14, 24-25 (JB)

## RESPONSORIAL PSALM:

*Ps 85:1-6 (JB)*

**R.** Listen Lord, and answer me.

Turn your ear, O Lord, and give answer  
for I am poor and needy.  
Preserve my life, for I am faithful:  
save the servant who trusts in you. **R.**

You are my God, have mercy on me, Lord,  
for I cry to you all the day long.  
Give joy to your servant, O Lord,  
for to you I lift up my soul. **R.**

O Lord, you are good and forgiving,  
full of love to all who call.  
Give heed, O Lord, to my prayer  
and attend to the sound of my voice. **R.**

## GOSPEL ACCLAMATION:

Alleluia, alleluia!  
He bore our sickness,  
and endured our suffering.  
Alleluia!

**GOSPEL:** Mark 5:21-43 (JB)

## COMMUNION ANTIPHON:

Let your face shine on your servant.  
Save me in your merciful love.  
O Lord, let me never be put to shame, for I call on  
you.

**WEDNESDAY 02 FEBRUARY 2022**

*The Presentation of the Lord (F)*

**ENTRANCE ANTIPHON:**

Your merciful love, O God,  
we have received in the midst of your temple.  
Your praise, O God, like your name,  
reaches the ends of the earth;  
your right hand is filled with saving justice.

**FIRST READING:**

Malachi 3:1-4 (JB) or  
Hebrews 2:14-18

**RESPONSORIAL PSALM:**

*Ps 23:7-10 (JB)*

**R.** Who is this king of glory? It is the Lord!

O gates, lift up your heads;  
grow higher, ancient doors.  
Let him enter, the king of glory! **R.**

Who is the king of glory?  
The Lord, the mighty, the valiant,  
the Lord, the valiant in war. **R.**

O gates, lift high your heads;  
grow higher, ancient doors.  
Let him enter, the king of glory! **R.**

Who is he, the king of glory?  
He, the Lord of armies,  
he is the king of glory. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
This is the light of revelation to the nations,  
and the glory of your people, Israel.  
Alleluia!

**GOSPEL:** Luke 2:22-40 (JB)

**COMMUNION ANTIPHON:**

My eyes have seen your salvation,  
which you prepared in the sight of all the  
peoples.

**THURSDAY 03 FEBRUARY 2022**

*Thursday of the fourth week in Ordinary Time*

**ENTRANCE ANTIPHON:**

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

**FIRST READING:**

1 Kings 2:1-4, 10-12 (JB)

**RESPONSORIAL PSALM:**

*1 Chronicles 29:10-12 (JB)*

**R.** Lord, you are exalted over all.

Blessed are you, O Lord,  
the God of Israel, our father,  
for ever, for ages unending. **R.**

Yours, Lord, are greatness and power,  
and splendour, triumph and glory.  
All is yours, in heaven and on earth. **R.**

Yours, O Lord, is the kingdom,  
you are supreme over all.  
Both honour and riches come from you. **R.**

You are the ruler of all,  
from your hand come strength and power,  
from your hand come greatness and might. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
The kingdom of God is near:  
believe the Good News!  
Alleluia!

**GOSPEL:** Mark 6:7-13 (JB)

**COMMUNION ANTIPHON:**

Let your face shine on your servant.  
Save me in your merciful love.  
O Lord, let me never be put to shame, for I call  
on you.

*At our week day Masses we have a retiring  
collection to allow weekday parishioners  
to support the Cathedral.  
Thank you for your contribution.*

**FRIDAY 04 FEBRUARY 2022**

*Friday of the fourth week in Ordinary Time*

**ENTRANCE ANTIPHON:**

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

**FIRST READING:** Sirach 47:2-11 (JB)

**RESPONSORIAL PSALM:**

*Ps 17:31, 47, 50-51 (JB)*

**R.** Blessed be God my salvation!

The ways of God are perfect;  
the word of the Lord, purest gold.  
He indeed is the shield  
of all who make him their refuge. **R.**

Long life to the Lord, my rock!  
Praised be the God who saves me.  
I will praise you, Lord, among the nations:  
I will sing a psalm to your name. **R.**

He has given great victories to his king  
and shown his love for his anointed,  
for David and his sons for ever. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
Happy are they who have kept the word  
with a generous heart  
and yield a harvest through perseverance.  
Alleluia!

**GOSPEL:** Mark 6:14-29 (JB)

**COMMUNION ANTIPHON:**

Let your face shine on your servant.  
Save me in your merciful love.  
O Lord, let me never be put to shame, for I call  
on you.

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**SATURDAY 05 FEBRUARY 2022**

*Saint Agatha (M)*

**ENTRANCE ANTIPHON:**

Behold, now she follows the Lamb who was  
crucified for us,  
powerful in virginity, modesty her offering,  
a sacrifice on the altar of chastity (**E.T.** alleluia).

**FIRST READING:** 1 Kings 3:4-13 (JB)

**RESPONSORIAL PSALM:**

*Ps 118:9-14 (JB)*

**R.** Lord, teach me your decrees.

How shall the young remain sinless?  
By obeying your word.  
I have sought you with all my heart:  
let me not stray from your commands. **R.**

I treasure your promise in my heart  
lest I sin against you.  
Blessed are you, O Lord:  
teach me your statutes. **R.**

With my tongue I have recounted  
the decrees of your lips.  
I rejoiced to do your will  
as though all riches were mine. **R.**

**GOSPEL ACCLAMATION:**

Alleluia, alleluia!  
My sheep listen to my voice, says the Lord;  
I know them and they follow me.  
Alleluia!

**GOSPEL:** Mark 6:30-34 (JB)

**COMMUNION ANTIPHON:**

The Lamb who is at the center of the throne  
will lead them to the springs of the waters of life  
(**E.T.** alleluia).