

Benediction Hymns and Prayer

O SAVING VICTIM

O saving victim, op'ning wide
The gate of heav'n to us below.
Our foes press on from ev'ry side,
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with thee.
Amen.

HYMN OF ADORATION

Down in adoration falling,
This great sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
honour, might and praise addressing
while eternal ages run;
Equal praise to him confessing
who proceeds from both as one.
AMEN

V. You have given them bread from heaven
R. Having in itself all delight.

2

SOUL OF MY SAVIOUR

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

Guard and defend me from the foe malign;
In death's dread moments make me only thine.
Call me and bid me come to thee on high,
When I may praise thee with thy saints for aye.

PRAYER FOR PRIESTLY & RELIGIOUS VOCATIONS

Celebrant: At the sight of the crowds,
Jesus' heart was moved.

Response: *For they were like sheep
without a shepherd.*

Celebrant: Jesus said, 'The harvest is
ready.'

Response: *But the labourers are few.*

Celebrant: Ask the Lord to send our
labourers for the harvest.

Response: *O Lord, we pray for more
young people to answer the call to
become priests and religious in your
harvest.*

Celebrant: And shepherd for your people.

Response: *Amen.*



WEEKDAY PRAYER SHEET

09—15 JULY 2023
FOURTEENTH WEEK IN ORDINARY TIME
YEAR A

MONDAY 10 JULY 2023

Monday of the fourteenth week in Ordinary Time

ENTRANCE ANTIPHON:

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

FIRST READING:

Genesis 28:10-22 (JB)

RESPONSORIAL PSALM:

Ps 90:1-4, 14-15 (JB)

R. In you, my God, I place my trust.

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: 'My refuge,
my stronghold, my God in whom I trust!' **R.**

It is he who will free you from the snare of
the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge. **R.**

His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you.'
I will save him in distress. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

Our Saviour Jesus Christ has done away with
death
and brought us life through his gospel.
Alleluia!

GOSPEL:

Matthew 9:18-26 (JB)

COMMUNION ANTIPHON:

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

OR

Come to me, all who labour and are
burdened,
and I will refresh you, says the Lord.

TUESDAY 11 JULY 2023

*Tuesday of the fourteenth week in Ordinary Time
Saint Benedict (M)*

ENTRANCE ANTIPHON:

There was a man of venerable life,
Benedict, blessed by grace and by name,
who, leaving home and patrimony
and desiring to please God alone,
sought out the habit of holy living.

FIRST READING:

Genesis 32:23-33 (JB)

RESPONSORIAL PSALM:

Ps 16:1-3, 6-8, 15 (JB)

R. In my justice, I shall see your face, O Lord.

Lord, hear a cause that is just,
pay heed to my cry.
Turn your ear to my prayer:
no deceit is on my lips. **R.**

From you may my judgement come forth.
Your eyes discern the truth.
You search my heart, you visit me by night.
You test me and you find in me no wrong. **R.**

I am here and I call, you will hear me, O God.
Turn your ear to me; hear my words.
Display your great love, you whose right hand saves
your friends from those who rebel against them. **R.**

Guard me as the apple of your eye.
Hide me in the shadow of your wings.
In my justice I shall see your face
and be filled, when I awake, with the sight of your
glory. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!

I am the good shepherd, says the Lord;
I know my sheep, and mine know me.
Alleluia!

GOSPEL:

Matthew 9:32-38 (JB)

COMMUNION ANTIPHON:

This is the steward, faithful and prudent,
whom the Lord set over his household
to give them their allowance of food at the proper
time.

WEDNESDAY 12 JULY 2023

Wednesday of the fourteenth week in Ordinary Time

ENTRANCE ANTIPHON:

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

FIRST READING:

Genesis 41:55-57; 42:5-7, 17-24 (JB)

RESPONSORIAL PSALM:

Ps 32:2-3, 10-11, 18-19 (JB)

R. Lord, let your mercy be on us,
as we place our trust in you.

Give thanks to the Lord upon the harp,
with a ten-stringed lute sing him songs.
O sing him a song that is new,
play loudly, with all your skill. **R.**

He frustrates the designs of the nations,
he defeats the plans of the peoples.
His own designs shall stand for ever,
the plans of his heart from age to age. **R.**

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
The kingdom of God is near:
repent and believe the Good News!
Alleluia!

GOSPEL:

Matthew 10:1-7 (JB)

COMMUNION ANTIPHON:

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

OR

Come to me, all who labour and are burdened,
and I will refresh you, says the Lord.

Support of the Cathedral Parish

*Your financial support of the Cathedral Parish
is always appreciated. Ways to financially
support your Parish:*

*The "Tap & Go" facility at the door of the
church;
Online donation, please scan the QR code*

THURSDAY 13 JULY 2023

*Thursday of the fourteenth week in Ordinary Time
Saint Henry (OM)*

ENTRANCE ANTIPHON:

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

FIRST READING:

Genesis 44:18-21, 23-29; 45:1-5 (JB)

RESPONSORIAL PSALM:

Ps 104:16-21 (JB)

R. Remember the marvels the Lord has done.
or
R. Alleluia!

The Lord called down a famine on the land;
he broke the staff that supported them.
He had sent a man before them,
Joseph, sold as a slave. **R.**

His feet were put in chains,
his neck was bound with iron,
until what he said came to pass
and the Lord's word proved him true. **R.**

Then the king sent and released him;
the ruler of the peoples set him free,
making him master of his house
and ruler of all he possessed. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
The kingdom of God is near:
repent and believe the Good News!
Alleluia!

GOSPEL:

Matthew 10:7-15 (JB)

COMMUNION ANTIPHON:

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

OR

Come to me, all who labour and are burdened,
and I will refresh you, says the Lord.

**QR code—scan to donate to the Cathedral
Parish**

**FRIDAY 14 JULY 2023**

*Friday of the fourteenth week in Ordinary Time
Saint Camillus de Lellis (OM)*

ENTRANCE ANTIPHON:

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

FIRST READING:

Genesis 46:1-7, 28-30 (JB)

RESPONSORIAL PSALM:

Ps 36:3-4, 18-19, 27-28, 39-40 (JB)

R. The salvation of the just comes from the
Lord.

If you trust in the Lord and do good,
then you will live in the land and be secure.
If you find your delight in the Lord,
he will grant your heart's desire. **R.**

He protects the lives of the upright,
their heritage will last for ever.
They shall not be put to shame in evil days,
in time of famine their food shall not fail. **R.**

Then turn away from evil and do good
and you shall have a home for ever;
for the Lord loves justice
and will never forsake his friends. **R.**

The salvation of the just comes from the Lord,
their stronghold in time of distress.
The Lord helps them and delivers them
and saves them: for their refuge is in him. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
When the Spirit of truth comes, he will teach you
all truth
and bring to your mind all I have told you.
Alleluia!

GOSPEL:

Matthew 10:16-23 (JB)

COMMUNION ANTIPHON:

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

OR

Come to me, all who labour and are burdened,
and I will refresh you, says the Lord.

SATURDAY 15 JULY 2023

Saint Bonaventure (M)

ENTRANCE ANTIPHON:

I will look after my sheep, says the Lord,
and I will appoint a shepherd to pasture them,
and I, the Lord, will be their
God (**E.T.** alleluia).

FIRST READING:

Genesis 49:29-33; 50:15-26 (JB)

RESPONSORIAL PSALM:

Ps 104:1-4, 6-7 (JB)

R. Turn to the Lord in your need and you will
live.

Give thanks to the Lord, tell his name,
make known his deeds among the peoples.
O sing to him, sing his praise;
tell all his wonderful works! **R.**

Be proud of his holy name,
let the hearts that seek the Lord rejoice.
Consider the Lord and his strength;
constantly seek his face. **R.**

O children of Abraham, his servant,
O sons of the Jacob he chose.
He, the Lord, is our God:
his judgements prevail in all the earth. **R.**

GOSPEL ACCLAMATION:

Alleluia, alleluia!
If you are insulted for the name of Christ,
blessed are you,
for the Spirit of God rests upon you.
Alleluia!

GOSPEL:

Matthew 10:24-33 (JB)

COMMUNION ANTIPHON:

It was not you who chose me, says the Lord,
but I who chose you and appointed you to go
and bear fruit,
fruit that will last (E.T. alleluia).