



Embracing Villa Maria and
St Patrick's Fortitude Valley

FIRST SUNDAY OF LENT

Year C

10th March, 2019



Filled with the Holy Spirit, Jesus left the Jordan
and was led by the Spirit through the wilderness,
being tempted there by the devil for forty days.

Readings: Deut 26:4-10; Rom 10:8-13; Lk 4:1-13

Dear Friends,

It seems that so much has turned to ash. Faith that was once a well-spring and fountain of community joy and life, now, for many, has a taste of bitterness, and the church itself, in the eyes of some, is shown to be a destructive remnant best consigned to the past. Over the past two weeks, I've heard many words of despair - from priests, from committed faithful, from those on the edges of the church, and from those who have lost their faith long ago. In this context, is it too soon or would it be too naïve to speak today of "hope", "encouragement" and "new possibilities"? However we might interpret the cross-roads at which we, the church, now stand, whatever debilitating sorrow we might feel, it would seem to me that any way forward begins with the simple recognition that either we stand with and for the Gospel of Jesus Christ or we are left with and stand for nothing. This is the point of departure that this Lent - or any Lent for that matter - forces upon us. A truly worthy Lenten season forces us to face the stark realities of the consequences of our personal and corporate decision-making. "Giving-up", so often our Lenten catch-cry, simply won't cut it this Lent; "facing-up" is clearly what is demanded by the circumstances of this particular Lent. Lent starts, rather pointedly, with the ashen reminder that sin is death, and that it is not the sins of others that will kill us; it is our own. So we must come face-to-face with ourselves if we want to seek life. It is not "his" sin or "her" sin or "their" sin for which we must atone but "my" sin and "our" sin. We all must bear the weight of the destructiveness of sin in its ever-inventive forms and name own our personal contribution to

our collective failures. The three pillars of Lent, prayer, fasting and almsgiving, are meant to enlarge our heart rather than reduce it. To quote Pope Francis, fasting "is learning to change our attitude towards others and all of creation, turning away from the temptation to 'devour' everything". Prayer "teaches us to abandon idolatry and the self-sufficiency of our ego," and to acknowledge our need for God. Almsgiving helps us "escape from the insanity of hoarding everything for ourselves in the illusory belief that we can secure a future that does not belong to us". The impulse of Lent is to move our hearts, and minds and spirits from "the desert to the garden". For many, the "desert" is a striking image of the church at this present moment. So, to return to my earlier question: Is it too soon or would it be too naïve to speak of hope, encouragement and possibility in these days of Lent? It would be naïve to be glib or untroubled by this moment, or to reach for standard reassurances, or neat and tidy sophisms. Yet, even so, the full story of Lent and Easter insists that Christian hope is never exhausted. Lent always begins on the ashen, desert road, and Easter, never out of view, always promises the unexpected. Still, this Lent demands something other than a regular routine: it demands that we look reality squarely in the eye in all its gritty truth. It is only from the darkened earth that we can look up towards the Sun-lit heaven. So Lent is a summons to honest, earthy reflection which gives birth to deep commitment. Lent is a summons to grace, and not the power of our own frail will. Lent is the deep lament that patiently awaits joy; our ashen spirit is the invitation to the possibility of a new heart. *Fr. Anthony Mellor, Dean*



Most Reverend Mark Coleridge

Archbishop of Brisbane

**Cathedral Staff: Fr Anthony Mellor (Dean); Fr Odinaka Nwadike (Associate Pastor);
Fr Thomas Ismoyo; Deacon Joshua Whitehead**

Cathedral Office Co-Ordinator: Carmel Devery. Office Assistant: Julie Stower
Cathedral Office Telephone: 3324 3030 Cathedral Email: cathedral@bne.catholic.net.au

Cathedral Mass Times this week

Monday to Friday 8.00am Chapel; 10.00am Cathedral; 12.30pm Cathedral; 5.10pm Chapel
Saturday 9.30am Villa Maria; 11.30am Cathedral

Sunday

Cathedral of St Stephen	Saturday	6.00pm (Vigil Mass)
	Sunday	8.00am; 10.00am (Solemn Mass); 12 noon; 7.30pm
St Patrick's, Fortitude Valley	Sunday	9.00am; 12 noon.
Villa Maria, Spring Hill	Sunday	9.30am

Reconciliation

Monday to Friday 10.30-11.30am; 1.00-1.30pm; 4.30-5.00pm
Saturday 10.00-11.00am; 4.30-5.30pm

Exposition Monday to Friday 10.30am – 12.15pm **Benediction** Monday to Friday 12.15pm

PLENARY COUNCIL PRAYER

Come, Holy Spirit of Pentecost.

Come, Holy Spirit of the great South Land.

*O God, bless and unite all your people in Australia
and guide us on the pilgrim way of the Plenary Council.*

*Give us the grace to see your face in one another
and to recognise Jesus, our companion on the road.*

*Give us the courage to tell our stories
and to speak boldly of your truth.*

*Give us ears to listen humbly to each other
and a discerning heart to hear what you are saying.*

*Lead your Church into a hope-filled future,
that we may live the joy of the Gospel.*

*Through Jesus Christ our Lord,
bread for the journey from age to age.*

Amen.

*Our Lady Help of Christians, **pray for us.***

*St Mary MacKillop, **pray for us.***

LENT IN THE CATHEDRAL PARISH

◆ **REFLECTING, SHARING AND LIVING THE GOOD NEWS**

Group discussion provides an opportunity to prayerfully discuss the following Sunday readings and learn from one another. A reminder that:

- A group will run during lunchtime on **Fridays from 12-1pm**. Deacon Josh will organise these weekly discussions.
- A group will also be held on **Sundays** following the 12noon Mass in the downstairs choir room.

Please contact the Cathedral office cathedral@bne.catholic.net.au or 3324 3030 and register your interest to participate.

◆ **LIVING LENT WITH LUKE**

Commencing this **Wednesday 13th March @ 12 noon** until 17th April a series of talks entitled *Living Lent with Luke* will be held in the Chapel. Presenters will be:

- 13 March – Fr. Orm Rush
- 20 March – Sr. Maeve Heaney
- 27 March – Fr. Anthony Mellor
- 3 April – Fr. Paul Chandler O.Carm
- 10 April – Allie Ernest
- 17 April – Archbishop Mark Coleridge

◆ **STATIONS OF THE CROSS**

Stations of the Cross in the Cathedral will be held every Friday during Lent at 10.30am.

◆ **LENT 2019 COMPASSION – THE APP**

Engage with the Lenten Journey on the bus to work, during your lunch break or just before you go to sleep! Download **Lent 2019 Compassion** from the App Store or on Google Play for Android™ devices for just \$1.99. Search **Lent 2019 Compassion**.

◆ **LITTLE BLACK BOOKS**

Available after mass today are the Little Black Books, which contain short and appropriate daily reflections which are a tremendous companion throughout the days of Lent. A gold coin donation to cover the cost would be appreciated. You can pick up a Little Black Book to the right of the Blessed Sacrament Chapel at the back of the Cathedral.

RITE OF ELECTION

This **Sunday** afternoon beginning at 3pm. Archbishop Coleridge will preside at the Rite of Election. This is a major step in the faith journey of catechumens and baptised candidates from all over the Archdiocese who wish full communion with the Church. In this Rite, which usually occurs on the First Sunday of Lent, the Church makes it's "election" or to put it another way, it chooses the catechumens who, up to this point, have spent much time in formation to move on to the sacraments of initiation at Easter. Here in our cathedral parish we pray for the catechumens who have been on the Rite of Christian Initiation for Adults (RCIA) journey and are now looking towards full communion with the church at Easter.

WEDDINGS

Congratulations to **Sophia Price and Arthur Evangelinos** who were married in the Cathedral this weekend.

GROUPS VISITING THIS WEEK

This **Tuesday** we welcome students from both **St Joachim's School, Holland Park** and **Southern Cross College, Scarborough**. Students from **Assumption College, Warwick** will tour the Cathedral on **Thursday**.

SOUP DE JOUR

Every Friday during Lent, our local St Vincent de Paul conference is organising *soup and bread rolls* for a gold coin donation. As part of our Lenten journey, this simple lunch reminds us of the abundant blessings that are part of our life and reminds us also of those who are not as fortunate as ourselves. The proceeds of these Friday lunches will support the work of Vinnies as they reach out and provide practical assistance to those who, for whatever reason, have come off second best in life. Please join us under the cover of the veranda at Mercy House.

ST PATRICK'S MASS

Next **Saturday 16 March @ 8.00am**, the Archbishop will be celebrating Mass with the Queensland Irish Association for St Patrick's Day. Everyone is welcome to attend. The Cathedral car park will be available. *The 10.00am Reconciliation and 11.30am Mass will still be celebrated.* If you are an Extraordinary Ministers of Holy Communion and will be attending the **8.00am** Mass, could you please advise the Cathedral Office.

CATHEDRAL CUPPA AFTER MASS

Next weekend, **16/17 March** following Mass on **Saturday evening**, join our 6pm Mass crew in the Hanly Room for a cuppa and nibbles. On **Sunday** gather for a cuppa following the 8.00am & 10.00am Masses. Join us outside the Francis Rush Centre.

LENTEN PRAYER

*Fast from judging others;
feast on the Christ indwelling in them.
Fast from emphasis on differences;
feast on the unity of all life.
Fast from apparent darkness; feast on the reality of light.
Fast from words that pollute; feast on phrases that purify.
Fast from discontent; feast on gratitude.
Fast from anger; feast on patience.
Fast from pessimism; feast on optimism.
Fast from worry; feast on trust.
Fast from complaining; feast on appreciation.
Fast from negatives; feast on affirmatives.
Fast from unrelenting pressures;
feast on unceasing prayer.
Fast from hostility; feast on nonviolence.
Fast from bitterness; feast on forgiveness.
Fast from self-concern; feast on compassion for others.
Fast from personal anxiety; feast on eternal truth.
Fast from discouragement; feast on hope.
Fast from facts that depress; feast on truths that uplift.
Fast from lethargy; feast on enthusiasm.
Fast from suspicion; feast on truth.
Fast from thoughts that weaken;
feast on promises that inspire.
Fast from idle gossip; feast on purposeful silence.
Gentle God, during this season of fasting and feasting,
gift us with your presence,
so we can be a gift to others in carrying out your work.
Amen.*

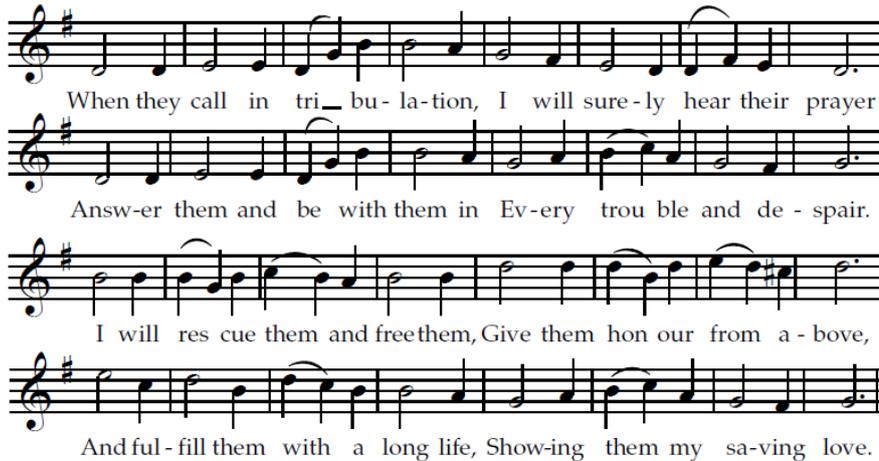
Music at the 10.00am Solemn Mass

Celebrant: Fr Anthony Mellor

ENTRANCE SONG

Ps 90:15, 16.

At the sound of the bell, the Cathedral Choir processes from the Sacristy singing the Introit. The assembly **responds** as the Choir and Ministers process towards the altar with the following translation of the Introit text. The first verse (which is the Antiphon) is repeated after the second verse.



When they call in tri- bu- la- tion, I will sure-ly hear their prayer
Answ-er them and be with them in Ev-ery trou-ble and de- spair.
I will res- cue them and free them, Give them hon-our from a-bove,
And ful- fill them with a long life, Show- ing them my sa-ving love.

All within the Lord's protection, in the shadow of his throne.
Say, "You are my Lord and refuge. My trust is in you alone."
From the snares of hell he frees you and from deadly pestilence;
Faithfulness your shield and buckler, sheltered under God's great wings.

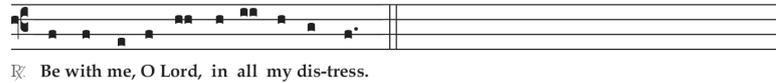
KYRIE

Missa Septima

S. Moreno OSB (1890-1953)

RESPONSORIAL PSALM

Ps 90:1-2, 10-15



☞ Be with me, O Lord, in all my dis-tress.

GOSPEL ACCLAMATION

Matthew 4:4



☞ Praise to you, Lord Je-sus Christ, King of end-less glo-ry.

OFFERTORY ANTIPHON

Ps 90: 4-5.

Scapulis suis obumbrabit tibi Dominus
et sub pennis ejus sperabis,
scuto circumdabit te veritas ejus.

He shall cover you with his wings
and you shall be safe under his feathers;
his faithfulness shall be your shield and buckler.

O. de Lassus (1532–1594)

CWB 11a

SANCTUS

The cantor and assembly **sing together** to the end of 'Blessed is he who comes in the name of the Lord'; the Cathedral Choir then sings a choral extension 'Hosanna in excelsis' from Missa Septima (Moreno).

MEMORIAL ACCLAMATION

CWB 12a

AGNUS DEI

CWB 77

The Agnus Dei is sung by the Assembly and Choir together; the Cathedral Choir sings an extension of the final Agnus Dei from Missa Septima (Moreno).

COMMUNION ANTIPHON & PSALM

Ps 90: 4-5.

Scapulis suis obumbrabit tibi Dominus
et sub pennis ejus sperabis,
scuto circumdabit te veritas ejus.

He shall cover you with his wings
and you shall be safe under his feathers;
his faithfulness shall be your shield and buckler.

COMMUNION HYMN

From ashes to the living font

CWB 289

All depart in silence after the Final Blessing

Acknowledgements: When they call in tribulation. Christoph Tietze © 2005 World Library Publications. ONE LICENSE #A-62361



St Vincent de Paul Society
QUEENSLAND
good works

Soup and bread rolls

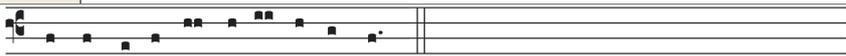
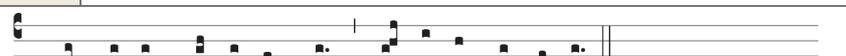
Every Friday during Lent, 12.30-1.30pm under the veranda of Mercy House
our local Vinnies will be hosting soup and bread rolls.

Your donation will enable Vinnies to help those who have come off
second best in our local community.

MUSIC AT THE CATHEDRAL

The music is drawn from the Catholic Worship Book II for all Masses, available from our Welcomers at the entrances or on the pew seats. The 10:00am Solemn Mass is led by the Cathedral Choir.

The 12:00pm Mass is led by the Cathedral Schola. All other Masses are led by a cantor.

	6:00PM 8:00AM	12:00PM	7:30PM
Processional	CWB 288	CWB 288	CWB 288
Kyrie	CWB 4b	Missa Emendemus – Palestrina	CWB 4b
First Reading	Deuteronomy 26:4-10		
Responsorial Psalm	Ps 90:1-2, 10-15		
	 <p>℟ Be with me, O Lord, in all my dis-tress.</p>		
Second Reading	Romans 10:8-13		
Gospel Acclamation	Matthew 4:4		
	 <p>℟ Praise to you, Lord Je-sus Christ, King of end-less glo-ry.</p>		
Gospel	Luke 4:1-13		
Offertory		Emendemus in melius – Byrd	CWB 325
Sanctus	CWB 11a	CWB 11a	CWB 11a
Memorial Acclamation	CWB 12a		
Agnus Dei	CWB 17a	CWB 17a Missa Emendemus – Palestrina	CWB 17a
Communion Hymn	CWB 289	O Sacrum Convivium – Tallis CWB 289	CWB 293
Recessional			

OFFERTORY MOTET, 12pm Mass

Emendemus in melius quae ignoranter peccavimus; ne subito praeoccupati die mortis, quaeramus spatium poenitentiae, et invenire non possimus. Attende, Domine, et miserere; quia peccavimus tibi. Adjuva nos, Deus salutaris noster, et propter honorem[gloriam] nominis tui libera nos.

COMMUNION MOTET, 12pm Mass

O sacrum convivium!
in quo Christus sumitur:
recolitur memoria passionis eius:
mens impletur gratia:
et futurae gloriae nobis pignus datur..

Matins Responsory, 1st Sunday of Lent.

Let us amend for the better in those things in which we have sinned through ignorance; lest suddenly overtaken by the day of death, we seek space for repentance, and be not able to find it. Hearken, O Lord, and have mercy: for we have sinned against thee. Help us, O God of our salvation, and for the honour of thy name deliver us.

William Byrd (1583–1623)

Magnificat Antiphon at 2nd Vespers, Corpus Christi

O sacred banquet!
in which Christ is received,
the memory of his Passion is renewed,
the mind is filled with grace,
and a pledge of future glory to us is given.

Thomas Tallis (1505–1585)

**PROJECT
COMPASSION**

First Sunday of Lent
10th March 2019

 **Caritas**
AUSTRALIA

Twelve-year-old Thandolwayo would walk seven kilometres each day to collect contaminated water for her family. It looked like she would never realise her hope of finishing her education and becoming a nurse, until a Caritas Australia supported project created access to clean water helping Thandolwayo to stay at school and achieve a future full of hope. **Please donate to Project Compassion 2019 and to provide clean water and a future full of hope for vulnerable communities in Zimbabwe. Lives change when we all give 100%.** You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.