

**Most Reverend Mark Coleridge**  
**Archbishop of Brisbane**

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**Mass Times this Week**

Monday to Friday 8.00am Chapel; 10.00am Cathedral; 12.30pm Cathedral;  
5.10pm Chapel  
Morning Prayer Included in the 8.00am Mass on Friday in the Chapel  
Saturday 9.30am Villa Maria; 11.30am Cathedral

**Sunday**

**Cathedral of St Stephen** Saturday 6.00pm (Vigil Mass)  
Sunday 8.00am; 10.00am (Solemn Mass); 12 noon; 7.30pm

**St Patrick's, Fortitude Valley** Sunday 9.00am; 12 noon

**Villa Maria, Spring Hill** Sunday 9.30am

**Reconciliation**

Monday to Friday 10.30-11.30am; 1.00-1.30pm; 4.30-5.00pm  
Saturday 10.00-11.00am; 4.30-5.30pm

**Exposition** Monday to Friday 10.30am – 12.15pm

**Benediction** Monday to Friday 12.15pm

*(Continued from front page)*

us". The impulse of Lent is to move our hearts, and minds and spirits from "the desert to the garden". For many, the "desert" is a striking image of the church at this present moment. So, to return to my earlier question: Is it too soon or would it be too naïve to speak of hope, encouragement and possibility in these days of Lent? It would be naïve to be glib or untroubled by this moment, or to reach for standard re-assurances, or neat and tidy sophisms. Yet, even so, the full story of Lent and Easter insists that Christian hope is never exhausted. Lent always begins on the ashen, desert road, and Easter, never out of view, always promises the unexpected. Still, this Lent demands something other than a regular routine: it demands that we look reality squarely in the eye in all its gritty truth. It is only from the darkened earth that we can look up towards the Son-lit heaven. So Lent is a summons to honest, earthy reflection which gives birth to deep commitment. Lent is a summons to grace, and not the power of our own frail will. Lent is the deep lament that patiently awaits joy; our ashen spirit is the invitation to the possibility of a new heart.

*Fr. Anthony Mellor, Dean*

**First Sunday of Lent—10th March 2019**

**PROJECT COMPASSION** Twelve-year-old Thandolwayo would walk seven kilometres each day to collect contaminated water for her family. It looked like she would never realise her hope of finishing her education and becoming a nurse, until a Caritas Australia supported project created access to clean water helping Thandolwayo to stay at school and achieve a future full of hope. Please donate to Project Compassion 2019 and to provide clean water and a future full of hope for vulnerable communities in Zimbabwe. Lives change when we all give 100%. You can donate through Parish boxes and envelopes, by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.



THE CATHEDRAL OF  
**ST STEPHEN**

*Embracing Villa Maria and  
St Patrick's Fortitude Valley*

# WEEKDAY PRAYER SHEET

**11 – 16 MARCH 2019**  
**FIRST WEEK OF LENT**  
**YEAR C**

Dear Friends,

It seems that so much has turned to ash. Faith that was once a well-spring and fountain of community joy and life, now, for many, has a taste of bitterness, and the church itself, in the eyes of some, is shown to be a destructive remnant best consigned to the past. Over the past two weeks, I've heard many words of despair – from priests, from committed faithful, from those on the edges of the church, and from those who have lost their faith long ago. In this context, is it too soon or would it be too naïve to speak today of "hope", "encouragement" and "new possibilities"? However we might interpret the cross-roads at which we, the church, now stand, whatever debilitating sorrow we might feel, it would seem to me that any way forward begins with the simple recognition that either we stand with and for the Gospel of Jesus Christ or we are left with and stand for nothing. This is the point of departure that this Lent – or any Lent for that matter – forces upon us. A truly worthy Lenten season forces us to face the stark realities of the consequences of our personal and corporate decision-making. "Giving-up",

so often our Lenten catch-cry, simply won't cut it this Lent; "facing-up" is clearly what is demanded by the circumstances of this particular Lent. Lent starts, rather pointedly, with the ashen reminder that sin is death, and that it is not the sins of others that will kill us; it is our own. So we must come face-to-face with ourselves if we want to seek life. It is not "his" sin or "her" sin or "their" sin for which we must atone but "my" sin and "our" sin. We all must bear the weight of the destructiveness of sin in its ever-inventive forms and name our own personal contribution to our collective failures. The three pillars of Lent, prayer, fasting and almsgiving, are meant to enlarge our heart rather than reduce it. To quote Pope Francis, fasting "is learning to change our attitude towards others and all of creation, turning away from the temptation to 'devour' everything". Prayer "teaches us to abandon idolatry and the self-sufficiency of our ego," and to acknowledge our need for God. Almsgiving helps us "escape from the insanity of hoarding everything for ourselves in the illusory belief that we can secure a future that does not belong to

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## MONDAY 11 MARCH 2019

*Monday of the First Week of Lent*

### **ENTRANCE ANTIPHON:**

Like the eyes of slaves on the hand of their lords,  
so our eyes are on the Lord our God, till he show us his mercy.  
Have mercy on us, Lord, have mercy.

**FIRST READING:** Leviticus 19:1-2, 11-18

### **RESPONSORIAL PSALM:**

Ps 18:8-10, 15  
The law of the Lord is perfect,  
it revives the soul.  
The rule of the Lord is to be trusted,  
it gives wisdom to the simple.

The precepts of the Lord are right,  
they gladden the heart.  
The command of the Lord is clear,  
it gives light to the eyes.

The fear of the Lord is holy,  
abiding for ever.  
The decrees of the Lord are truth  
and all of them just.

May the spoken words of my mouth,  
the thoughts of my heart,  
win favour in your sight, O Lord,  
my rescuer, my rock!

### **GOSPEL ACCLAMATION:**

Praise to you, Lord Jesus Christ,  
king of endless glory!  
This is the favourable time,  
this is the day of salvation.  
Praise to you, Lord Jesus Christ, king of  
endless glory!

**GOSPEL:** Matthew 25:31-46

### **COMMUNION ANTIPHON:**

Amen, I say to you:  
Whatever you did for one of the least of  
my brethren,  
you did it for me, says the Lord.  
Come, you blessed of my Father,  
receive the kingdom prepared for you from  
the foundation of the world.

## TUESDAY 12 MARCH 2019

*Tuesday of the First Week of Lent*

### **ENTRANCE ANTIPHON:**

O Lord, you have been our refuge,  
from generation to generation;  
from age to age, you are.

**FIRST READING:** Isaiah 55:10-11

### **RESPONSORIAL PSALM:**

Ps 33:4-7, 16-19  
Glorify the Lord with me.  
Together let us praise his name.  
I sought the Lord and he answered me;  
from all my terrors he set me free.

Look towards him and be radiant;  
let your faces not be abashed.  
This poor man called; the Lord heard him  
and rescued him from all his distress.

The Lord turns his face against the wicked  
to destroy their remembrance from the earth.  
The Lord turns his eyes to the just  
and his ears to their appeal.

They call and the Lord hears  
and rescues them in all their distress.  
The Lord is close to the broken-hearted;  
those whose spirit is crushed he will save.

### **GOSPEL ACCLAMATION:**

Praise and honour to you, Lord Jesus Christ!  
No one lives on bread alone,  
but on every word that comes from the  
mouth of God.  
Praise and honour to you, Lord Jesus Christ.

**GOSPEL:** Matthew 6:7-15

### **COMMUNION ANTIPHON:**

When I called, the God of justice gave  
me answer;  
from anguish you released me;  
have mercy, O Lord, and hear my prayer!

## LENT IN THE CATHEDRAL PARISH

### ◆ **REFLECTING, SHARING AND LIVING THE GOOD NEWS**

Group discussion provides an opportunity  
to prayerfully discuss the following Sunday  
readings and learn from one another. A  
reminder that:

- A group will run during lunchtime on  
**Fridays from 12-1pm**. Deacon Josh will  
organise these weekly discussions.
- A group will also be held on **Sundays**  
following the 12noon Mass in the  
downstairs choir room.

Please contact the Cathedral office  
cathedral@bne.catholic.net.au or 3324 3030  
and register your interest to participate.

### ◆ **LIVING LENT WITH LUKE**

Commencing this **Wednesday 13th March @  
12 noon** until 17th April a series of talks  
entitled *Living Lent with Luke* will be held in  
the Chapel. Presenters will be:

- 13 March – Fr. Orm Rush
- 20 March – Sr. Maeve Heaney
- 27 March – Fr. Anthony Mellor
- 3 April – Fr. Paul Chandler O.Carm
- 10 April – Allie Ernest
- 17 April – Archbishop Mark Coleridge

### ◆ **STATIONS OF THE CROSS**

Stations of the Cross in the Cathedral will be  
held every Friday during Lent at 10.30am.

### ◆ **LENT 2019 COMPASSION – THE APP**

Engage with the Lenten Journey on the bus  
to work, during your lunch break or just  
before you go to sleep! Download **Lent 2019  
Compassion** from the App Store or on  
Google Play for Android™ devices for just  
\$1.99. Search **Lent 2019 Compassion**.

### ◆ **LITTLE BLACK BOOKS**

Available after mass today are the Little  
Black Books, which contain short and  
appropriate daily reflections which are a  
tremendous companion throughout the days  
of Lent. A gold coin donation to cover the  
cost would be appreciated. You can pick up  
a Little Black Book to the right of the Blessed  
Sacrament Chapel at the back of the  
Cathedral.

## WEDDINGS

Congratulations to **Sophia Price and Arthur  
Evangelinos** who were married in the  
Cathedral this past weekend.

## GROUPS VISITING THIS WEEK

This **Tuesday** we welcome students from  
both **St Joachim's School, Holland Park** and  
**Southern Cross College, Scarborough**.  
Students from **Assumption College,  
Warwick** will tour the Cathedral on  
**Thursday**.

## SOUP DE JOUR

Every Friday during Lent, our local St  
Vincent de Paul conference is organising  
*soup and bread rolls* for a gold coin  
donation. As part of our Lenten journey,  
this simple lunch reminds us of the  
abundant blessings that are part of our life  
and reminds us also of those who are not as  
fortunate as ourselves. The proceeds of these  
Friday lunches will support the work of  
Vinnies as they reach out and provide  
practical assistance to those who, for  
whatever reason, have come off second best  
in life. Please join us under the cover of the  
veranda at Mercy House.

## ST PATRICK'S MASS

This **Saturday 16 March @ 8.00am**, the  
Archbishop will be celebrating Mass with  
the Queensland Irish Association for St  
Patrick's Day. Everyone is welcome to  
attend. The Cathedral car park will be  
available. *The 10.00am Reconciliation and  
11.30am Mass will still be celebrated*. If you  
are an Extraordinary Ministers of Holy  
Communion and will be attending the  
**8.00am** Mass, could you please advise the  
Cathedral Office.

## CATHEDRAL CUPPA AFTER MASS

This weekend, **16/17 March** following  
Mass on **Saturday evening**, join our 6pm  
Mass crew in the Hanly Room for a cuppa  
and nibbles. On **Sunday** gather for a  
cuppa following the 8.00am & 10.00am  
Masses. Join us outside the Francis Rush  
Centre.

# Benediction Hymns and Prayer

## **O SAVING VICTIM**

O saving victim opening wide  
The gate of heaven to us below.  
Our foes press on from every side  
Thy strength supply, thine aid bestow.

All praise and thanks to thee ascend  
For evermore blest three in one,  
O grant us life that shall not end  
In our true native land with thee  
AMEN.

## **HYMN OF ADORATION**

Down in adoration falling,  
This great sacrament we hail;  
Ancient types have long departed  
Newer rites of grace prevail  
Faith for all defects supplying  
Where the feeble senses fail.

Glory let us give and blessing  
To the Father and the Son,  
honour, might and praise addressing  
while eternal ages run;  
Equal praise to him confessing  
who proceeds from both as one.  
AMEN

V. You have given them bread from heaven  
R. Having in itself all delight.

## **SWEET SACRAMENT DIVINE**

Sweet Sacrament Divine,  
hid in thy earthly home,  
Lo! Round thy lowly shrine,  
with suppliant hearts we come.  
Jesus, to thee our voice we raise  
in songs of love and heartfelt praise,  
Sweet Sacrament Divine.

Sweet Sacrament of Peace,  
dear home of every heart,  
where restless yearnings cease,  
and sorrows all depart.  
There in thine ear, all trustfully  
We tell our tale of misery  
Sweet Sacrament of Peace.

## **PRAYER FOR CHRISTIAN UNITY**

*Lord Jesus Christ at your last supper  
you prayed to the Father  
that all should be one.  
Send your Holy Spirit  
upon all who bear your name  
and seek to serve you.*

*Strengthen our faith in you, and make us  
love one another in humility.  
May we, who have been reborn in one  
baptism, be united in one faith under one  
shepherd.  
Amen*



## **WEDNESDAY 13 MARCH 2019**

*Wednesday of the First Week of Lent*

### **ENTRANCE ANTIPHON:**

Remember your compassion, O Lord,  
and your merciful love,  
for they are from of old.  
Let not our enemies exult over us.  
Redeem us, O God of Israel,  
from all our distress.

**FIRST READING:** Jonah 3:1-10

### **RESPONSORIAL PSALM:**

Ps 50:3-4, 12-13, 18-19  
Have mercy on me, God, in your kindness.  
In your compassion blot out my offence.  
O wash me more and more from my guilt  
and cleanse me from my sin.

A pure heart create for me, O God,  
put a steadfast spirit within me.  
Do not cast me away from your presence,  
nor deprive me of your holy spirit.

For in sacrifice you take no delight,  
burnt offering from me you would refuse,  
my sacrifice a contrite spirit.  
A humbled, contrite heart you will not  
spurn.

### **GOSPEL ACCLAMATION:**

Glory and praise to you, Lord Jesus Christ!  
With all your heart turn to me,  
for I am tender and compassionate.  
Glory and praise to you, Lord Jesus Christ!

**GOSPEL:** Luke 11:29-32

### **COMMUNION ANTIPHON:**

All who take refuge in you shall be glad,  
O Lord,  
and ever cry out their joy, and you shall  
dwell among them.

## **THURSDAY 14 MARCH 2019**

*Thursday of the First Week of Lent*

### **ENTRANCE ANTIPHON:**

To my words give ear, O Lord;  
give heed to my sighs.  
Attend to the sound of my cry,  
my King and my God.

**FIRST READING:** Esther 14:1, 3-5, 12-14

### **RESPONSORIAL PSALM:**

Ps 137:1-3, 7-8  
I thank you, Lord, with all my heart,  
you have heard the words of my mouth.  
Before the angels I will bless you.  
I will adore before your holy temple.

I thank you for your faithfulness and love  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul.

You stretch out your hand and save me,  
your hand will do all things for me.  
Your love, O Lord, is eternal,  
discard not the work of your hands.

### **GOSPEL ACCLAMATION:**

Glory to you, Word of God,  
Lord Jesus Christ!  
Create a clean heart in me, O God;  
give back to me the joy of your salvation.  
Glory to you, Word of God,  
Lord Jesus Christ!

**GOSPEL:** Matthew 7:7-12

### **COMMUNION ANTIPHON:**

Everyone who asks, receives;  
and the one who seeks, finds;  
and to the one who knocks,  
the door will be opened.

**FRIDAY 15 MARCH 2019**

*Friday of the First Week of Lent*

**ENTRANCE ANTIPHON:**

Set me free from my distress, O Lord.  
See my lowliness and suffering,  
and take away all my sins.

**FIRST READING:** Ezekiel 18:21-28

**RESPONSORIAL PSALM:**

Ps 129

**R. If you, O Lord, laid bare our guilt,  
who would endure it?**

Out of the depths I cry to you, O Lord,  
Lord, hear my voice!

O let your ears be attentive

to the voice of my pleading. R.

If you, O Lord, should mark our guilt,  
Lord, who would survive?

But with you is found forgiveness:  
for this we revere you. R.

My soul is waiting for the Lord,  
I count on his word.

My soul is longing for the Lord  
more than watchman for daybreak.

Let the watchman count on daybreak  
and Israel on the Lord. R.

Because with the Lord there is mercy  
and fullness of redemption,  
Israel indeed he will redeem  
from all its iniquity. R.

**GOSPEL ACCLAMATION:**

Praise to you, Lord Jesus Christ,  
king of endless glory!

Rid yourselves of all your sins

and make a new heart and a new spirit.

Praise to you, Lord Jesus Christ,  
king of endless glory!

**GOSPEL:** Matthew 5:20-26

**COMMUNION ANTIPHON:**

As I live, says the Lord, I do not desire the  
death of the sinner,  
but rather that he turn back and live.

**SATURDAY 16 MARCH 2019**

*Saturday of the First Week of Lent*

**PROCESSIONAL HYMN: CWBII 616**

**The kingdom of God**

**FIRST READING:** Deuteronomy 26:16-19

**RESPONSORIAL PSALM:**

Ps 118:1-2, 4-5, 7-8

**R. Happy are they who follow the law of  
the Lord!**

They are happy whose life is blameless,  
who follow God's law!

They are happy those who do his will,  
seeking him with all their hearts. R.

You have laid down your precepts

to be obeyed with care.

May my footsteps be firm

to obey your statutes. R.

I will thank you with an upright heart

as I learn your decrees.

I will obey your statutes;

do not forsake me. R.

**GOSPEL ACCLAMATION:**

Praise and honour to you, Lord Jesus Christ!

This is the favourable time,

this is the day of salvation.

Praise and honour to you, Lord Jesus Christ!

**GOSPEL:** Matthew 5:43-48

**COMMUNION HYMN: CWBII 592**

**Seed, scattered and sown**

**RECESSIONAL HYMN: CWBII 213**

**Tell out, my soul**

**SATURDAY MORNING**

**Marian Prayer**

O holy and spotless Virgin,  
what praises I may bring to you, I know not,  
for he whom the heavens cannot contain  
now dwells within your womb.

Blessed are you among women,  
and blessed is the Fruit of your womb!  
For he whom the heavens cannot contain  
now dwells within your womb.

Glory be to the Father, and to the Son,  
and to The Holy Spirit.

For he whom the heavens cannot contain  
now dwells within your womb.

AMEN

**LENTEN PRAYER**

*Fast from judging others; feast on the Christ indwelling in them.*

*Fast from emphasis on differences; feast on the unity of all life.*

*Fast from apparent darkness; feast on the reality of light.*

*Fast from words that pollute; feast on phrases that purify.*

*Fast from discontent; feast on gratitude.*

*Fast from anger; feast on patience.*

*Fast from pessimism; feast on optimism.*

*Fast from worry; feast on trust.*

*Fast from complaining; feast on appreciation.*

*Fast from negatives; feast on affirmatives.*

*Fast from unrelenting pressures; feast on unceasing prayer.*

*Fast from hostility; feast on nonviolence.*

*Fast from bitterness; feast on forgiveness.*

*Fast from self-concern; feast on compassion for others.*

*Fast from personal anxiety; feast on eternal truth.*

*Fast from discouragement; feast on hope.*

*Fast from facts that depress; feast on truths that uplift.*

*Fast from lethargy; feast on enthusiasm.*

*Fast from suspicion; feast on truth.*

*Fast from thoughts that weaken; feast on promises that inspire.*

*Fast from idle gossip; feast on purposeful silence.*

*Gentle God, during this season of fasting and feasting,  
gift us with your presence, so we can be a gift to others in carrying out your work.*

*Amen.*

*At our Masses on Friday we have a  
collection to allow weekday parishioners to  
support the Cathedral.  
Thank you for your contribution.*